

INDIVIDUAL PLACEMENT AND SUPPORT (IPS)

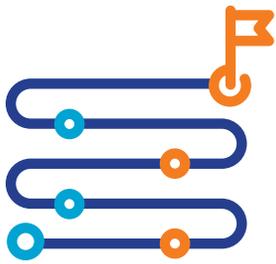
Program Description: *IPS is an international, evidence-based behavioral health model that aids individuals with serious mental illness (SMI) to choose, acquire, and maintain competitive paid employment in the community.*

Benefits of Employment for People with Serious Mental Illness

- Increased self-esteem
- Better management of psychiatric symptoms
- Reduced psychiatric hospitalizations
- Reduced criminal justice involvement
- Increased self-sufficiency

Sean's Story

"I was unemployed and wanted to find a job. By meeting with an Employment Specialist from the IPS program, I started to take small steps. And now I have a job I love."



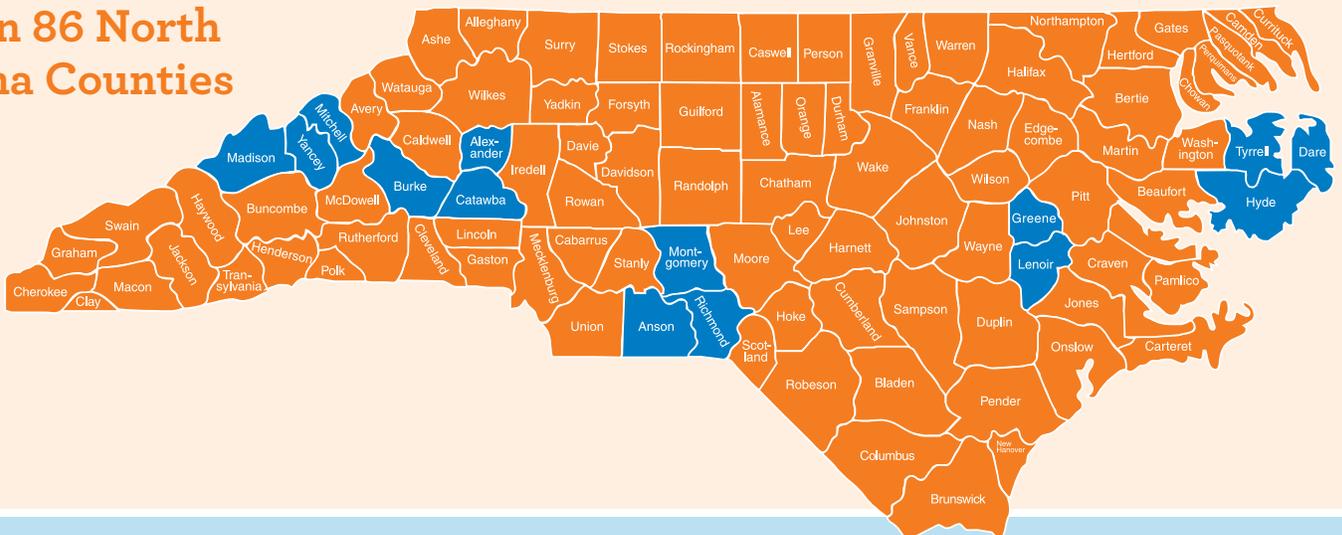
People living with serious mental illness want to work. IPS helps them attain their goals.

60%

Studies show 60% of people with SMI want to work, but only about 15% are employed.

15%

IPS is in 86 North Carolina Counties



34 IPS
Community
Providers

1,542
People served
in FY21

48% Competitive
Employment
Rate

The IPS Model is Cost- Effective

Employment Rates:



For every 100 people who enroll in IPS in the US, 60 get a job, more than twice as many as those who enroll in any other employment program.

Having a Job Can Reduce the Cost of Rehabilitation and Mental Health Services.

A 10-year follow-up study of people with co-occurring serious mental illness and substance use disorder found an average annual savings of more than \$16,000 per person in treatment costs for steady workers, compared to clients who remained out of the labor force.



Benefits Cost Analysis: in North Carolina on average, the IPS program benefits of \$11,163 per person exceed the delivery cost of \$4,369, resulting in a net benefit of \$6,793 per person, a return of \$2.55 per dollar invested in the program.

People who participate in IPS Supported Employment programs are **almost three times more likely to gain employment** than those who engage in other types of vocational programs.

The goal of IPS is to assist people in finding a good job fit that **contributes to the person's overall wellness and recovery**, rather than just find any job that could be short lived or not a good job match.



The IPS Model Is Evidence-Based

U.S. and International Randomized, Controlled Trials show:

- **IPS greatly outperforms** standard employment supports.
- **IPS works** in both urban and rural communities.
- **IPS works** for youth and young adults.
- **IPS works** for people from different racial, ethnic, and minority backgrounds.
- **IPS supports** people with education goals.

For more information visit the NC DHHS website:
www.ncdhhs.gov/documents/individual-placement-and-support

**Claims in this document are supported by more than two decades of research. Visit IPSworks.org to learn more.*

IPS in North Carolina is provided in partnership with the NC Department of Health and Human Services Divisions of: Mental Health, Developmental Disabilities and Substance Abuse Services, Vocational Rehabilitation, Health Benefits, and North Carolina's network of Behavioral Health providers.

