

FINANCIAL FOUNDATIONS:

Level Up: Smart Saving Made Simple

Monday, June 22, 2026 | 12:00pm-1:00pm



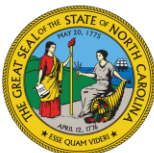
Take the next step in your financial wellness journey with a practical, easy-to-apply session focused on saving with purpose. We'll break down how to set meaningful savings goals, understand different types of savings (like emergency funds, short-term needs, and long-term plans), and explore simple strategies to make saving a consistent habit. Participants will learn practical techniques to grow savings over time and strategies that make it easier to stick with the process and develop habits that keep your financial life on track even when things get busy. No matter where you're starting from, you'll walk away with techniques you can use right away to build financial confidence and momentum.

Register Today

<https://forms.office.com/g/FcQddfCdr3>

ASL/CART Services will be provided

Presented by: All Ages, All Stages NC
Financial Education & Planning Subgroup
in partnership with NC State University
Extension and State Employees Credit
Union



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