

Central Regional Hospital

Treatment Units

Acute Adult Unit (AAU)

The Acute Adult Unit of CRH provides admission, treatment, and discharge services to patients admitted to the hospital between the ages of 18 and 64 years old. It is the primary admission portal for adults with acute or chronic psychiatric illness.

Geriatric Services Unit (GSU)

The Geriatric Services Unit admits patients 65 years old and older. The unit serves two broadly defined populations. The first is non-demented patients in the geriatric age range with any general psychiatric disorder such as schizophrenia, bipolar disorder or delusional disorder. The second population consists of patients with various types of dementia who have behavioral disturbance related either to the dementia or a co-occurring pre-existing psychiatric disorder, and that behavior disturbance has made them temporarily unmanageable at home or in a community care facility.

GSU offers comprehensive evaluation and treatment of patients with acute psychiatric illnesses. Individuals with dementia receive comprehensive diagnostic evaluation and they receive a functional assessment to determine the level of support and structure that they will need in the community.

Medical Services

The Medical Services Division supports the physical health and wellness of all CRH patients. Evaluation and care begins for each patient at admission and continues until discharge. The division includes Pharmacy, Laboratory, Physical Therapy, Radiology, Respiratory Therapy, Dental, Speech and Language Therapy and the Medical Service MDs, PAs and NPs. This group collaborates with the multidisciplinary treatment teams to provide evaluation and treatment that is well informed by special knowledge and expertise in the medical health of those living with mental illness.

Community Transition Unit (CTU)

The mission of the Community Transition Unit is to provide state-of-the-art assessment, diagnosis, treatment, and rehabilitation for patients with severe, chronic or treatment-resistant psychiatric illnesses. These patients require more comprehensive and extended services to return to the community with a reduced risk of relapse and readmission. Treatment efforts are aimed at reducing and managing symptoms while strengthening the practical skills needed to return to community living.

The CTU does not accept direct admissions. Patients are accepted for transfer from an adult acute services where short-term intervention has proved inadequate to allow the person to be safely or effectively served in a less restrictive setting in the community.

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Child/Adolescent Unit (CAU)

The Child/Adolescent Unit evaluates and treats children up to the age of 17. CAU has two divisions:

Children's Services: Children's Services provide intensive inpatient treatment and emergency diagnostic and treatment services for children between the ages of 5 and 11 years old. It includes a comprehensive educational program. Patients are admitted from the entire State.

Adolescent Services: The Adolescent Services provide intensive evaluation and treatment for adolescents between the ages of 12 and 17 years old on an emergency and short-term basis. It includes a comprehensive education program and serves the Central Region of the State.

All programs within the Child/Adolescent Services provide comprehensive medical, psychiatric, psychological, social and educational services. All of the specialty services at CRH are available to this population. If an additional specialty service is needed, referral is made to an outside agency, such as UNC Hospitals. Special attention is paid to evaluation and planning with the child's family or guardian and other community resources.

Screening and Admissions Unit (SAU)

The SAU is in continuous operation 24 hours per day, seven days per week and is staffed by physicians and nursing personnel. Any patient arriving for potential admission is evaluated by a physician for psychiatric and medical needs.

Once a patient is evaluated, if admission is needed, the patient is transferred to the patient care unit appropriate to his/her needs.

Patients who do not meet psychiatric admission criteria, are returned to the community and SAU staff communicate with community resources to coordinate appropriate follow-up plans.

If a patient has medical illness that exceeds the capability of CRH to manage safely, the patient is stabilized and then transported to a local hospital for appropriate evaluation and treatment.

Forensic Services Unit (FSU): The Central Regional Hospital (CRH) FSU provides court-ordered forensic services for the entire State of North Carolina. The FSU consists of two services: the Forensic Evaluation Service and the Forensic Treatment Service.

Forensic Evaluation Center (FEC): males and females of all ages: The FEC provides comprehensive forensic mental health evaluations for the State of North Carolina for criminal defendants who do not require inpatient evaluation services.

Forensic Treatment Service (FTS) (76 beds): males and females 18 years old and over: The Forensic Treatment Service is the site for mental health treatment and other services for individuals who are involuntary committed for psychiatric hospitalization after being found Not Guilty By Reason of Insanity (NGRI) or found incapable to proceed (ITP).