<table>
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<th>Date/Time</th>
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| February 3, 2015 2pm-3:30pm | 343 E. Six Forks Rd. Suite 320 Raleigh, NC | Self-Advocate: 1 | Employment:  
- Increase access to Vocational Rehabilitation much earlier;  
- Increase employment options/develop job market;  
- Supported Employment made available at the legal working age (16).  
Residential:  
- “Homelike” must be reasonable (guidance is important);  
- Group homes should not be “default” option;  
- Improved transition planning for people moving out of parent’s home or group home.  
Day Services/Adult Day Health:  
- My “peers” may be others with disabilities, this may be my choice;  
- Increased staff availability/pool so parents can work - critical shortage also skill level is an issue;  
- Transition from segregated to integrated settings should be gradual, not immediate. |
| February 9, 2015 6pm-8pm | 205 C-D Plaza Dr. Greenville, NC | Self-Advocates: 3 | Employment:  
- Educate employers on benefits of I/DD employees (include people with I/DD in the process);  
- Need Vocational Rehabilitation to be involved earlier in the person’s life;  
- Need to promote work for everyone, not just the “highest functioning”.  
Residential:  
- If a person chooses a group home, the housemates should have a variety of abilities (not grouped by disability);  
- Need affordable education opportunities to teach people to successfully live independently;  
- Need staff trained on inclusion/integration.  
Day Services/Adult Day Health:  
- Integration should start when children are young so they know their communities, and their communities know them;  
- Options need to be individualized for real person-centeredness;  
- Stigma and unwelcoming communities are a barrier to community inclusion. |
| February 10, 2015 6pm-8pm | 1006 S Marshall St. Winston-Salem, NC | Self-Advocates: 4 | Employment:  
- Emphasize employment outcomes;  
- Transportation is an issue to obtaining and maintaining employment;  
- Need to improve workforce to provide better supports.  
Residential:  
- Change in parent as provider requirements is a barrier;  
- Need a variety of housing options and emphasis on future planning;  
- Need more emphasis on roommate/housemate choice.  
Day Services/Adult Day Health:  
- Improve provider network to include more Adult Day Health providers;  
- Lack of available psychologist is a barrier to inclusion (people are unable to transition out of institutions without an evaluation);  
- Need a better variety of day settings. |
| February 11, 2015 2pm-3:30pm | 5041 New Centre Dr. Suite 100 Wilmington, NC | Self-Advocates: 2 | Employment:  
- Need better training for job coaches;  
- Vocational Rehabilitation can be a barrier to employment (short staffed, no long term follow along);  
- Lack of jobs in the community is a barrier.  
Residential:  
- Essential to have a variety of options;  
- Community Networking is working well;  
- Need to improve true person-centered planning process.  
Day Services/Adult Day Health:  
- Need more options for people to choose from;  
- LME-MCOs are pushing group day supports - counterproductive to person-centeredness;  
- Need workforce development to improve staff competencies. |
| February 12, 2015 6pm-8pm | 306 Summit St. Asheville, NC | Self-Advocate: 1 | Employment:  
- Need streamlined access to services, especially when a job becomes available;  
- Need to promote a variety of employment options such as microenterprise;  
- Vocational Rehabilitation can be a barrier to continued employment - step down plans can occur too quickly.  
Residential:  
- Alternative Family Living settings can be a good alternative to group homes;  
- System should not rely on natural supports as a substitute for services;  
- High staff turnover rate is a barrier to inclusion and person-centered supports.  
Day Services/Adult Day Health:  
- Day programs should be available if the person chooses that setting;  
- Need options for meaningful day based on the person’s interests;  
- Need more education and training for staff. |

Total Attendees: 62