1. Consent Agenda & Approval of January Minutes

Discussion
One correction to the State CFAC meeting minutes made. Catreta Flowers participated in the January meeting my phone.
Benita Purcell proposed that the State CFAC adjust the agenda to discuss all the papers during the first Committee Work session and that the subcommittees meet during the second Committee Work session.
Conclusions

Angelena Kearney-Dunlap motioned to approve agenda changes. Pat McGinnis seconded. Motion carried. Benita Purcell asked for a motion to approve the State CFAC and State to Local Conference Call minutes. Lorraine Washington motioned. Lori Richardson seconded. Minutes with correction approved.

<table>
<thead>
<tr>
<th>Action Items</th>
<th>Person(s) Responsible</th>
<th>Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td>- State CFAC minutes to be posted on the State CFAC website.</td>
<td>Kate Barrow/DMH/DD/SAS staff</td>
<td>On-going</td>
</tr>
</tbody>
</table>

2. Public Comment

Discussion
- No public comment was made.

Conclusions

Action Items

1. Committee Work: State CFAC Review and Responses to Policy Paper
   - Behavioral Health & IDD Tailored Plan RFA Review and Response
   - PHP MAC Structure
   - Draft Transition of Care Policy

Discussion

PHP MAC Structure: Mark Fuhrmann referred to the Membership Advisory Committee letter from State CFAC that was distributed at previous meetings (October-January).
- Questions on this paper:
  - MAC represented on SCFAC or SCFAC represented on MAC?
  - Will this require statute changes? Not in current 122-171
  - Is it spelled out how PHPs will meet? *Not currently spelled out in contracts*
- Recommendations or areas to consider:
  - Meeting Frequency: 3-4 in-person meetings per year
  - Consider steering committees
  - Member Inclusion: representation from all groups
  - How meetings are conducted
  - Town Halls in each county to get public comment
  - Accessible meetings
  - Consumer Education on how to use waiver
  - HRCs Need Work

Behavioral Health & IDD Tailored Plan RFA Review and Response. Suzanne Thompson recommended that the group consider the differences in what they want in the RFA Language vs. the Contractual Languages. Need to look at this through the lens of whole health: physical, pharmaceutical, and MH/DD/SAS
- Comments made on this paper
  - Rights and Protections: Mechanism, for when things don’t work right
  - Transparency in Waitlist
  - Community Engagement Strategy: Local Community Collaboratives
  - How do you “get people”?
  - More training for LME/MCO, Care Coordinators, Committees, MACs, DSS
  - Info on grievance process
    - Accessible and informed
- Questions?
- Policy Paper Barriers
  - Costs to participate in conferences
### 1. Scholarships for SCFAC members
- Scholarships for SCFAC members
- Consumer/Family rates

**Conclusions**
The group decided to propose the drafted letter on the February State to Local Conference Call and Mark Fuhrmann would collect responses to revise the letter before the deadline to submit.

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<tr>
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<tbody>
<tr>
<td>Send letters out for State to Local Conference call; not for distribution.</td>
<td>Kate Barrow</td>
<td>February 14, 2020</td>
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</table>

### 2. State CFAC Address from Secretary Cohen: Q & A

**Discussion**
Secretary Cohen addressed the State CFAC and guests. She reviewed the status of Medicaid Transformation and the work being done during the suspension. She fielded questions from members and guests.

**Conclusions**

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### 3. Division Updates

**Kody Kinsley, Deputy Secretary for Behavioral Health & IDD**

**DHHS, DMH/DD/SAS**

**Discussion**
- Updates on Samantha R Case and Olmstead (services provided in most integrated setting)
- Issues identified
  - Domestic Violence and MH/DD/SUD
- Vision of the System: Pinehurst presentation, Olmstead
  - Review of Town Hall meetings - send out all dates and locations (4 months of Town Halls planned)

**Conclusions**

**Action Items**

<table>
<thead>
<tr>
<th>Person(s) Responsible</th>
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<tbody>
<tr>
<td>Kate Barrow</td>
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### 4. Committee Work: Legislative Day 2020; By-Laws & Attendance Discussion

**Discussion**
**Legislative Day 2020**
Date: May 19th from 10-noon
- Subcommittee recommended moving regular monthly meeting to the same day
  - Will need a vote on when is best to have the meeting: before or after event
- Catreta Flowers will look into rooms at the Sheraton near the GA
- The committee agreed that it is important to include all Local CFAC members and the community at large.
- Look at taking a passenger bus from La Quinta to GA in event no downtown hotel room is available
- Make appointments w/reps
- Angelena Kearney-Dunlap developed a resolution to send and request adoption from County Commissioners. Asked for a motion.

**By-Laws & Attendance Discussion**
Benita Purcell brought up the on-going issue of attendance at State CFAC meetings. She referenced the By-Laws attendance policy.
Conference call attendance will not be taken away however members participating by conference call are expected to stay on the phone for the duration of the meeting. The process for members not adhering to the Attendance Policy is to contact that individual first to find out more; then to contact the appointing authority.

- Questions during this discussion:
  - What do other Councils/Committees do?
  - What are the Provisions in the by-laws?
  - Who do they represent- who isn’t being heard?
  - What technology can be offered to support meetings, Skype? Google Hangouts?
  - What are the barriers to participation?
    - Access to technology
    - Level of writing (6th grade or less)
  - Can there be an appointee for appointed member? *No, no proxy for these meetings*

- Recommendations:
  - Follow the by-law process
  - Leadership development
    - Mentor/Foster mentorship for new and potential new members
  - Are members interested? Have they been trained?

**Conclusions**

Adoption of Resolution in Support of State CFAC: Lori Richardson motioned. Wayne Petteway seconded. Motion carried.

Issue regarding attendance of members: Ron Rau motioned to start the process following the By-Laws for members who have not met the meeting attendance requirements outline in Section 4 of the State CFAC By-Laws. Angelena Kearney-Dunlap seconded. Motion carried.

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<tbody>
<tr>
<td>Contact members who are not meeting the attendance policy.</td>
<td>Benita Purcell and Mark Fuhrmann will</td>
<td>Before March meeting</td>
</tr>
<tr>
<td>Write letter to appointing authority</td>
<td>Benita Purcell and Mark Fuhrmann will</td>
<td>Before March meeting</td>
</tr>
<tr>
<td>Legislative Event Vote on Meeting Times</td>
<td>Kate Barrow</td>
<td>ASAP</td>
</tr>
<tr>
<td>Research costs of coach buses from La Quinta to GA</td>
<td>Kate Barrow</td>
<td>ASAP</td>
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5. **Community Inclusion**

Bill Harris, *Human Service Program Manager*

*DHHS, DMH/DD/SAS*

**Discussion**

Bill Harris provided an overview on what the Division is doing on Community Inclusion. Staff members from i2i and NAMI North Carolina provided information on their activities. Some key concepts from the presentation include:

- Apply principles of Collective Learning
- Convene “Big Events” to promote community inclusion
- Inspire, identify, and support innovative Pilot Partner projects
- Share resources like *Jump-Starting Community Living and Participation Toolkit*

The Committee discussed how to foster community inclusion through community engagement at Local CFAC presentation, conversations, reducing MH stigma. One suggestion: Community Inclusion Train the Trainers- social marketing. Work with Recovery and Self-Determination Subcommittee.

**Conclusions**

Bill Harris can be reached by email at bill.harris@dhhs.nc.gov

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</table>
The meeting adjourned at 3:00. Pat McGinnis motioned. Ron Rau seconded. Meeting adjourned.

<table>
<thead>
<tr>
<th>Meeting Adjourned:</th>
<th>Next Meeting:</th>
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<tbody>
<tr>
<td>The meeting adjourned at 3:00. Pat McGinnis motioned. Ron Rau seconded. Meeting adjourned.</td>
<td>March 11, 2020</td>
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