NC Department of Health and Human Services
Office of Rural Health

Behavioral Health Program

March 2020
Agenda

- Behavioral Health Funds
- Monthly Worksheet
- Community Resources
- Behavioral Health Models
Purpose

Behavioral Health Funds

• Behavioral Health- Funds available to help North Carolina residents that cannot afford behavioral health and mental health counseling services.

• Visits are reimbursable through on-site face-to-face behavioral health provider encounters: licensed social worker, advanced practice registered nurses, psychiatrics, and psychiatrists.

• MAP $75 per face-to-face encounter
# Behavioral Health Monthly Worksheet

**SFY 2019 - 2020 Rural Health Centers Operational Program - Behavioral Health**

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<thead>
<tr>
<th>Contract #</th>
<th>BH MAP Budget Amount</th>
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<td>Remaining $ -</td>
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<td>Utilization #DIV/0!</td>
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<td>Per Visit $ 75</td>
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## MONTHLY MAP WORKSHEET

July 2019 Thru June 2020

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<tr>
<th></th>
<th>All Visits</th>
<th>MAP Visits</th>
<th>MAP AMOUNTS</th>
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<tr>
<td></td>
<td>FACE TO FACE MAP VISITS</td>
<td>$75 MAP ALLOWABLE (reimbursement amount)</td>
<td>MAP Bad Debt</td>
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<td>Total Face-to-Face Patient Visits (MAP &amp; nonMAP)</td>
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Community Resources

NCCARE360

About Us  News & Events  Find Resources  Join the Network  Request Assistance

About NCCARE360

NCCARE360 is the first statewide network that unites health care and human services organizations with a shared technology that enables a coordinated, community-oriented, person-centered approach for delivering care in North Carolina. NCCARE360 helps providers electronically connect those with identified needs to community resources and allow for feedback and follow up. This solution ensures accountability for services delivered, provides a “no wrong door” approach, closes the loop on every referral made, and reports outcomes of that connection. NCCARE360 will be available in all 100 counties by the end of 2020, statewide in North Carolina.

https://nccare360.org/about/
NC Behavioral Health Services-CHCs

• NCCHCA Behavioral Health Workgroup

Workgroup of behavioral health providers, administrators, and staff from FQHCs and partner organizations.

The Behavioral Health Workgroup meets quarterly to discuss behavioral health and to contribute ideas, experiences and share best practices.

https://www.ncchca.org/community-resources/programs-services/behavioral-health-program/
**BEHAVIORAL HEALTH PERFORMANCE MEASURES**

Depression Screening and Follow-up: This performance measure requires health centers to report the number of patients age 12 and older screened for depression and receiving a follow-up plan (if diagnosed).

Screening, Brief Intervention and Referral to Treatment: Health centers annually report this performance measure, as well as other substance abuse counseling and treatment services. SBIRT identifies, reduces, and prevents substance abuse.

**SCREENING TOOLS FOR DEPRESSION**

**SCREENING TOOLS FOR BEHAVIORAL HEALTH DISORDERS BY AGE GROUP**

**SCREENING, BRIEF INTERVENTION AND REFERRAL TO TREATMENT**

**WHAT IS SCREENING, BRIEF INTERVENTION AND REFERRAL TO TREATMENT**
Resource

- Foundation for Health Leadership & innovation (Center of Excellence for Integrated Care)

- https://foundationhli.org/programs/center-of-excellence/
Behavioral Health Models- Primary Care

- **Coordinated Care:** Coordinated care primary care and behavioral health providers communicate about shared patients, but maintain separate facilities and systems.

- **Co-Located Care:** Co-located care includes basic collaboration onsite, or close collaboration with some systems integration.

- **Integrated Care:** Providers jointly plan and execute goals, develop integrated care plans, co-manage patients, and maintain shared schedules. Integrated practices use a systematic clinical approach to identify patients who are in need of behavioral health services and engage both providers and patients in shared-decision making.
Examples of Coordinated Services

- Program for All-Inclusive Care for the Elderly (PACE)
- Wraparound Programs
- Community HUB Model
- Community Health Workers Model
- Nurse-Family Partnership Model
- Health Homes Model
- Mobile Unit Model
- Tele psychiatry
External Funding

• https://www.samhsa.gov/

  U.S. Department of Health & Human Services

  SAMHSA
  Substance Abuse and Mental Health Services Administration

• https://www.justice.gov/grants
Questions?