### Decision-Making Support Options in North Carolina

<table>
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<tr>
<th>Option</th>
<th>Description</th>
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| **Supported Decision-Making** | - Person makes their own decisions  
                          - Person and team determine and document needed supports  
                          - Person receives support from team when needed  
                          - Can be completed formally or informally |
| **Advance Directive** | - Person makes their own decisions  
                          - Form documents medical/mental health wishes for others to make for them if incapacitated  
                          - Legal document – can be completed with an attorney but not required |
| **Representative Payee** | - Person makes their own decisions  
                          - Person receives support to manage state and federal benefits (i.e. SSI, SSDI, etc.)  
                          - Formal process of Representative Payee appointment completed by Social Security Administration |
| **Power of Attorney**  | - Person participates in as many decisions as possible  
                          - Another person makes decisions defined in specific circumstances as documented  
                          - Legal document – typically prepared with assistance from an attorney |
| **Guardianship**       | - Person’s ability to make decisions may be limited  
                          - Legal appointment of substitute decision-maker through court process  
                          - Court ordered relationship to make personal decisions, financial decisions, or both  
                          - Anyone may file a motion to the court for a hearing to restore rights |
Supported Decision-Making
- Autism Society of NC
- First in Families NC
- National Resource Center for Supported Decision-Making

Advance Directive
- Medical Care Decisions and Advance Directives: What You Should Know
- Secretary of State Forms

Representative Payee
- Find your local Social Security Office

Power of Attorney
- Secretary of State Forms
- Power of Attorney Form Examples/Options

Guardianship and Alternatives
- Types of Guardianship include Guardian of the Person, Guardian of the Estate, and General Guardian
  - NC Courts-About Guardianship in NC
    - Find your local Court
  - The Arc of North Carolina-Guardianship
  - Disability Rights NC-Self-Determination and Guardianship
    - Rights Restoration
    - Rethinking Guardianship

All bolded and underlined items are hyperlinks to websites to locate agencies and gather information.