Greenville-Pitt Chamber of Commerce

Responding to and Recovering from a Global Pandemic

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Secretary
North Carolina Department of Health and Human Services

April 19, 2022
Next phase: Focus on recovery while staying prepared for future variants

### Core Principles

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<td>Empowering individuals</td>
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<td>Prioritizing Equity</td>
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<td>Maintaining Health System Capacity</td>
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<td>Collaborating with Local Partners</td>
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### Operational Preparedness

**Health System Capacity**
- Working with GA on changes needed for regulation flexibilities after SOE sunset

**Vaccines Everywhere**
- “Vial in Every Fridge” Provider Campaign

**Funding Testing Programs**
- Building supply to meet future surge needs

**Accessible Treatment**
- Promoting access and awareness of how to access COVID treatment

**Managing Outbreaks**
- Working with partners and directly supporting outbreak response in high priority settings

**Refocusing Contact Tracing**
- Shifting focus to high priority settings
Key Metrics For Next Phase

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<th>Rationale</th>
<th>Metric</th>
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<td>Early Warning</td>
<td>Wastewater Surveillance</td>
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<td>Risk of Exposure</td>
<td>COVID-Like Illness</td>
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<td>Community Impact</td>
<td>CDC Community Level</td>
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<td>Capacity</td>
<td>Hospital Admissions</td>
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<td>Immunity in the Community</td>
<td>Boosters</td>
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<td>Spreads and Populations Impacted</td>
<td>Case Trends</td>
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<td>Severity and Transmissibility</td>
<td>Prevalence of Variants</td>
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Early Warning Indicators

Wastewater Surveillance and ER visits for COVID Like Illness are used as early signs of community spread and illness

2.1 Million → Previous Week 1.4 Million

COVID-19 Virus Particles Found in Wastewater

COVID-19 virus particles appearing in wastewater can signal how quickly the virus is spreading, even if people don’t get tested or have symptoms.

2% → Previous Week 2%

Emergency Room Visits for COVID Symptoms

The percentage of all emergency department visits that are for COVID-like symptoms can signal how much illness there is in a community.

Updated Every Wednesday by approximately 12:00 p.m.
Last updated April 13, 2022 at 2:15 p.m.
CDC Community Levels By County

The weekly map put out by the CDC helps individuals understand COVID levels in their community and inform their actions.

0/100 Previous Week 0/100

Counties with a high risk of illness and strain on the health care system.

*The Centers for Disease Control assign a community risk level for every county. More info or find your county.*

Updated Every Wednesday by approximately 12:00 p.m.
Last updated April 13, 2022 at 2:15 p.m.
Community and Health System Metrics

Reported COVID-19 Cases and Hospital Admissions are used to indicate the strain of COVID-19 on the health care system.

**COVID-19 Reported Cases by Week of Specimen Collection**

4,741 (Previous Week 3,074)

**Hospital Admissions - COVID-19 Patients by Week**

242 (Previous Week 274)

Number of new cases reported to the state each week, shown by the date specimen was collected. [More Info]

Number of confirmed COVID-19 patients admitted to hospitals each week. [More Info]

Updated Every Wednesday by approximately 12:00 p.m.

Last updated April 13, 2022 at 2:15 p.m.
Vaccines and Boosters

Monitoring vaccine data gives insight into the level of immunity within the state

52% Boosted
Percent of Total Vaccinated Population with at Least One Booster or Additional Dose

76% Adults Vaccinated
Percent of Total Adult Population Vaccinated with at Least One Dose

38% Children and Teens Vaccinated
Percent of Population Ages 5-17 Vaccinated with at Least One Dose

Percent of Total Vaccinated Population with at Least One Booster or Additional Dose

Updated Every Wednesday by approximately 12:00 p.m.
Last updated April 13, 2022 at 2:15 p.m.
Surveillance of Variants

Early detection of new variants helps the state inform response

What variants are being detected in North Carolina?

Last Two Weeks
Mar 20, 2022 - Apr 02, 2022

<table>
<thead>
<tr>
<th>Category</th>
<th>Type</th>
<th>Sequenced Cases</th>
<th>% of Total</th>
</tr>
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<tbody>
<tr>
<td>Omicron</td>
<td>BA.2</td>
<td>77</td>
<td>59.69%</td>
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<tr>
<td></td>
<td>BA.1</td>
<td>52</td>
<td>40.31%</td>
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</table>

Percentage of variants reported each week by laboratories that sequence to identify COVID-19 variants. (Most cases and tests are not identified by variants; this is a smaller sample.) More info

Updated Every Wednesday by approximately 12:00 p.m.
Last updated April 13, 2022 at 2:15 p.m.
North Carolina’s success has been driven by grounding ourselves in:

- Strong Collaborative Partnerships.
- Robust Data Infrastructure and Accountability.
- Transparent Communications Focused on Earning Public Trust.
- Adapting to Evolving Science and Research.

The pandemic exacerbated existing challenges

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<th>Behavioral Health</th>
<th>Children and Families</th>
<th>Workforce</th>
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| - Nearly 1 in 5 North Carolinians have a mental illness.  
- During the pandemic, approximately 1 in 3 North Carolinians reported symptoms of depression and/or anxiety  
- Alcohol-related ED visits increased 13% from 2019 to 2020.  
- Opioid overdose deaths increased 40% from July 2019 to July 2020. | - Number of children experiencing food insecurity rose from 1 in 5 pre-pandemic to as high as 1 in 3 children in rural NC  
- Rate of children in NC discharged from EDs with a behavioral health condition increased by ~70% in the pandemic.  
- ~25% of families missed a child’s preventive visit due to the pandemic | - NC early childhood education staff decreased by ~10% between March 2020 and November of 2021.  
- Currently over 15,000 nurse vacancies in NC & nationally, nursing turnover rates were 15.8% between August 2020 and 2021 (McKinsey).  
- In August 2020, 66.2% of public health workers nationwide reported feeling burnout (NIH). |
We need to offer services further upstream to build resiliency, invest in coordinated systems of care that make mental health services easy to access when and where they are needed and reduce the stigma around accessing these services.

We will work to ensure that North Carolina’s children grow up safe, healthy and thriving in nurturing and resilient families and communities. Investing in families and children’s healthy development builds more resilient families, better educational outcomes and, in the long term, a stronger society.

We will work to strengthen the workforce that supports early learning, health and wellness by delivering services to North Carolina. And we will take action to be an equitable workplace that lives its values and ensure that all people have the opportunity to be fully included members of their communities.

The health insurance coverage gap coupled with insufficient access to affordable care disproportionately impacts Historically Marginalized Populations who have also experienced worse outcomes than others under COVID-19. Medicaid expansion would help close the health insurance coverage gap.
Medicaid Expansion

Earlier treatment means better health

Lower income groups are more likely to be uninsured Medicaid Expansion would cover:

• Low-income parents
• Low-wage workers
• Veterans and their families
• Low-income childless adults
• Children who age out of Medicaid
• Women prior to pregnancy

Research has shown Medicaid expansion has led to:

• Improved hospital financial performance and reductions in hospital closure (11 rural hospitals have closed in North Carolina since 2005. Many others have cut key services.)
• Improvements in self-reported mental health
• Reductions in opioid overdose deaths
• Improved access to medications and services for treatment
• Increases in people getting regular check ups

Rural residents are 40% more likely to be uninsured and eligible for Medicaid expansion.

Uninsurance and uncompensated care leads to worse health for beneficiaries.
Recognizing employment supports health and health enables employment, DHHS has identified workforce as a top departmental priority.

**Supporting a strong and inclusive workforce through:**

- Increasing number of providers from historically marginalized populations
- Reinforcing the talent pipeline for early educators
- Investing in our direct care workers
- Supporting employment initiatives for people with disabilities
- Strengthening the public health workforce and infrastructure

**Efforts Underway at DHHS:**

- Building an inventory of our existing efforts to identify gaps and opportunities to strengthen our programs.
- Meeting with health care providers, employers, researchers, philanthropic organizations and others, to align with work happening across the state with the goal to convene leaders and align efforts.
- Exploring opportunities for new programs and efforts through our role as a funder and payer.