NC Area Agencies on Aging Locations

Southwestern Commission Area Agency on Aging
Region A
125 Bonnie Lane, Sylva NC 28779
Phone: (828) 586-1962
http://www.regiona.org
Fax: (828) 586-1968
Serves the following counties: Cherokee, Clay, Graham, Haywood, Jackson, Macon, Swain (EBCI)

Land-of-Sky Regional Council
Region B
339 New Leicester Highway Suite 140, Asheville, NC 28806
Phone: (828) 251-6622
http://landofsky.org
Fax: (828) 251-6353
Serves the following counties: Buncombe, Henderson, Madison, Transylvania

Isothermal Planning & Development Commission
Region C
111 West Court Street, Rutherfordton, NC 28139
Phone: (828) 287-2281
http://www.regionc.org
Fax: (828) 287-2735
Serves the following counties: Cleveland, McDowell, Polk, Rutherford

High Country Council of Governments
Region D
468 New Market Boulevard, Boone, NC 28607
Phone: (828) 265-5434
http://www.regiond.org
Fax: (828) 265-5439
Serves the following counties: Alleghany, Ashe, Avery, Mitchell, Watauga, Wilkes, Yancey

Western Piedmont Council of Governments
Region E
1880 Second Ave, NW, Hickory NC 28603
Phone: (828) 322-9191
http://www.wpcog.org
Fax: (828) 322-5991
Serves the following counties: Alexander, Burke, Caldwell, Catawba

Centralina Council of Governments
Region F
9815 David Taylor Dr. Suite 100, Charlotte, NC 28262
Phone: (704) 372-2416
http://www.centralinaaging.org/
Fax: (704) 347-4710
Serves the following counties: Anson, Cabarrus, Gaston, Iredell, Lincoln, Mecklenburg, Rowan, Stanly, Union

Piedmont Triad Regional Council
Region G
1398 Carrollton Crossing Drive, Kernersville, NC 27284
Phone: (336) 904-0300
http://www.ptrc.org
Fax: (336) 904-0302
Serves the following counties: Alamance, Caswell, Davidson, Davie, Forsyth, Guilford, Montgomery, Randolph, Rockingham, Stokes, Surry, Yadkin
Triangle J Council of Governments
Region J
4307 Emperor Blvd., Suite 110, Durham, NC 27703
Phone: 1-800-310-9777
http://www.tjaaa.org
Fax: (919) 549-9390
Serves the following counties: Chatham, Durham, Johnston, Lee, Moore, Orange, Wake

Kerr Tar Regional COG
Region K
1724 Graham Avenue, Henderson, NC 27536
Phone: (252) 436-2040
http://www.kerrtarcog.org/aging/
Fax: (252) 436-2055
Serves the following counties: Franklin, Granville, Person, Vance, Warren

Upper Coastal Plain Council of Governments
Region L
121 W. Nash Street, Wilson, NC 27894
Phone: (252) 234-5952 / 1800-6575
http://www.ucpcog.org
Fax: (252) 234-5971
Serves the following counties: Edgecombe, Halifax, Nash, Northampton, Wilson

Mid-Carolina Council of Governments
Region M
6205 Raeford Road, Fayetteville, NC 28301
Phone: (910) 323-4191
http://www.mccog.org/
Fax: (910) 323-9330
Serves the following counties: Cumberland, Harnett, Sampson

Lumber River Council of Governments
Region N
30 CJ Walker Road, COMtech Park, Pembroke, NC 28372
Phone: (910) 618-5533
http://www.lumberrivercog.org/
Fax: (910) 521-7556
Serves the following counties: Bladen, Hoke, Richmond, Robeson, Scotland

Cape Fear Council of Governments
Region O
1480 Harbour Drive, Wilmington, NC 28401
Phone: (910) 395-4553 / 1-800-218-6575
http://www.capefearcog.org
Fax: (910) 395-2684
Serves the following counties: Brunswick, Columbus, New Hanover, Pender

Eastern Carolina Council of Governments
Region P
233 Middle Street, New Bern, NC 28563
Phone: (252) 638-3185 / 1-800-824-4648
http://www.eccog.org/
Fax: (252) 638-3187
Serves the following counties: Carteret, Craven, Duplin, Greene, Jones, Lenoir, Onslow, Pamlico, Wayne
Mid-East Commission
Region Q
1502 N. Market Street, Suite A, Washington, NC 27889
Phone: (252) 946-8043
http://www.mecaaa.org
Fax: (252) 974-1852
Serves the following counties: Beaufort, Bertie, Hertford, Martin, Pitt

Albemarle Commission
Region R
512 South Church Street, Hertford, NC 27944
Phone: (252) 426-5753
http://www.albemarlecommission.org
Fax: (252) 426-8482
Serves the following counties: Camden, Chowan, Currituck, Dare, Gates, Hyde, Pasquotank, Perquimans, Tyrrell, Washington