

# 988

SUICIDE  
& CRISIS  
LIFELINE



# Let's get through it together.

Call, text or chat 988  
— anytime.



[988lifeline.org](https://988lifeline.org)



NC DEPARTMENT OF  
HEALTH AND  
HUMAN SERVICES

Stock photo. Posed by model. For  
illustrative purposes only.

NC Department of Health and Human  
Services • [NCDHHS.gov](https://www.ncdhhs.gov) • NCDHHS  
is an equal opportunity employer and  
provider. • 02/2024