

## Featured Programs

### **Eden Alternative® Philosophy**

Eden Alternative® Philosophy: Longleaf initiated a culture change process several years ago which is based on the principles of the Eden Alternative® Philosophy and continuously seeks to create a home for each individual resident based on their individual needs, desires, and choices to the extent possible. The overall goal is to reduce loneliness, helplessness, and boredom through an environment filled with a host of opportunities for self-determination, person-centered care, pets, plants, and a variety of spontaneous and planned activities.



### **Main Street**

A large off-unit activity area that resembles a small “downtown street” with a variety of activity and leisure “shops” such as Boogie Boulevard music, Social Avenue games and socials, a Book Nook library and computer stations for residents to use. Gifted Hands barber and beauty services, Color Splash arts and crafts, and General Store shopping are also located on Main Street. Main Street is open for residents Monday –Thursday.

### **The Lighthouse Movie Theater**

A theater equipped with surround sound and theater lighting that features both new releases and classic movies. The theater is open for evening and weekend matinee enjoyment.

### **Music and Memory<sup>SM</sup>**

LNMTCC is a MUSIC AND MEMORY<sup>SM</sup> certified facility. Personalized music via iPods is enjoyed by select residents to reduce behaviors, improve socialization and engagement, stimulate memories, and promote relaxation.

### **Palliative Care**

As the end of life draws near, the Center recognizes the need to provide care for residents in familiar surroundings and in close contact with their family members, friends, and concerned staff. The interdisciplinary team plans individualized palliative care along with the resident and family/guardian to accommodate and honor the resident’s choices and rights; manage pain, comfort, mental and psychological symptoms; and meet the resident’s spiritual needs. A designated palliative care room is used as needed/requested to provide privacy and comfort for residents as they enter this final stage of life.

### **Volunteer Opportunities**

Longleaf Neuro-Medical Treatment Center offers a variety of volunteer activities and encourages the involvement of individuals and groups to participate in enhancing the lives of the residents.

Volunteer Contact Information. Volunteer opportunities for individuals or groups include:

- visits with individual residents,
- assisting residents with letter writing,
- sponsoring or participating in special events,
- sharing musical or artistic talents,
- providing spiritual programs,
- assisting with activity functions and Main Street shop areas;
- and becoming a member of the Caring Partners program.

**Contact:** Volunteer Services: (252) 399-2112 Ext. 233