SaySo
Strong Able Youth Speaking Out
Building Protective Factors & Strengthening Resiliencies
Life Skills  Collaboration

LINK Up Conferences

Informative  Motivational
O-LINK-Pic Games

Independent Living
It’s My Transition Seminars

Engaging

Uplifting

Educational

Outcomes
SaySo Survivor XI
2017

Inspiration

Comradery

Team Building

Resiliency
SaySo Survivor Activities

Determined

Life Changing

Imaginative

Crafty
Leadership

Monumental

SaySo @ General Assembly & Page Week 2017

ADVOCACY
Volunteering

SaySo’s Make a Difference Day

Giving

Spirited
Educational

Exciting

SaySo Saturday Conferences

Leadership

Diverse
SaySo Saturday Activities

SHARED PURPOSE!!!
SaySo's BOD Orientation
3 Days of Bonding & Building Family

A TON OF FUN!!!!
Elevating

SaySo Speaking

Inspiring
SaySo is at the TABLE

- Program Improvement Planning & Subcommittees
- DSS Attorney’s & Judges Conferences
- Community Child Protection Team State Advisory Group
- Foster Care Recruitment
- Normalcy Act & Prudent Parenting Standards
- Medical Homes & FHNC State Advisory Workgroup
- Project No Rest
- Social Services Institute
- Guardian Ad Litem Advocacy Institutes
- State and National Conferences, etc!
SaySo Annual Numbers

State Fiscal Year

July 1 – June 30

2011 – 713
2012 – 671
2013 – 817
2014 – 762
2015 – 877
2016 – 998
2017 – 1475

The numbers are growing fast!!!
And there is a reason why!!

These numbers represent the actual number of people attending SaySo event and participating on the BOD and as Alumni contractors.

The impact of SaySo is exponential as those having SaySo experiences touch others, empower others, and engage others in having hope, belief, and determination to strive towards a better life.

How many lives have improved as a result? Those numbers we cannot calculate but we hear numerous stories of from youth, GAL’s, social workers, foster parents, and others who have been inspired to adjust their methods of engaging young adults because of what they heard at a SaySo event or from the voice of a SaySo Young Adult.

Encouraging SaySo involvement is easy and it’s free.
SaySo Survey: How are SaySo Alumni doing?

Note: This was an informal survey. It is not rigorous research but gives a glimpse of how our SaySo alumnus are doing.

Prepared by ILR, Inc., for SaySo, Inc. 2014
Contact nancy.carter@ilrinc.com 919-384-1457
(Not for public distribution)
• Informal survey of SaySo alumni to answer the question: 
  *Does involvement in SaySo improve outcomes for members who have aged out of the foster care system?*

• Whenever possible, SaySo data is compared to similar data from the “Midwest Evaluation of the Adult Functioning of Former Foster Youth” [MWE], 2011, and “Sources of Resiliency Among Successful Foster Youths,” 2008 [Resiliency].

• True comparisons were not always possible unless survey questions were easily aligned.

• 30 respondents ages 18 – 38 (mean age 24, median age 23)

• Self-administered, voluntary and confidential survey available both in person and online

Here are some of our results around outcomes that concern us most:
Q: How long have you been involved with SaySo?

- 73% 0-6 months
- 10% 7-11 months
- 10% 1 year
- 10% 1-2 years
- 7% 2+ years

Q: How would you describe your involvement with SaySo? (Check all that apply)

<table>
<thead>
<tr>
<th>Activity</th>
<th>Qualifier</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Member</td>
<td>yes</td>
<td>40%</td>
</tr>
<tr>
<td></td>
<td>no</td>
<td>60%</td>
</tr>
<tr>
<td>Newsletter</td>
<td>yes</td>
<td>30%</td>
</tr>
<tr>
<td></td>
<td>no</td>
<td>70%</td>
</tr>
<tr>
<td>Social Media</td>
<td>yes</td>
<td>37%</td>
</tr>
<tr>
<td></td>
<td>no</td>
<td>63%</td>
</tr>
<tr>
<td>SaySo Sat</td>
<td>yes</td>
<td>77%</td>
</tr>
<tr>
<td></td>
<td>no</td>
<td>23%</td>
</tr>
<tr>
<td>Local chapter</td>
<td>yes</td>
<td>40%</td>
</tr>
<tr>
<td></td>
<td>no</td>
<td>60%</td>
</tr>
<tr>
<td>Events</td>
<td>yes</td>
<td>47%</td>
</tr>
<tr>
<td></td>
<td>no</td>
<td>53%</td>
</tr>
<tr>
<td>BOD/SRA/Staff</td>
<td>yes</td>
<td>60%</td>
</tr>
<tr>
<td></td>
<td>no</td>
<td>40%</td>
</tr>
</tbody>
</table>
27% of alumnus had 1 or 2 placements
47% of alumnus reported 3 or more placements.
27% were not sure how many they had
Current Living Arrangement

Q: Please select the option that best describes your current living situation.

Current Living Arrangement
n = 30

<table>
<thead>
<tr>
<th>Qualifier</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>dormitory</td>
<td>10%</td>
</tr>
<tr>
<td>foster parents</td>
<td>17%</td>
</tr>
<tr>
<td>adoptive parents</td>
<td>7%</td>
</tr>
<tr>
<td>biological parent(s)</td>
<td>0%</td>
</tr>
<tr>
<td>adult family member</td>
<td>3%</td>
</tr>
<tr>
<td>rent myself/roommate</td>
<td>37%</td>
</tr>
<tr>
<td>friend</td>
<td>7%</td>
</tr>
<tr>
<td>between living arrangements</td>
<td>0%</td>
</tr>
<tr>
<td>shelter</td>
<td>0%</td>
</tr>
<tr>
<td>other</td>
<td>20%</td>
</tr>
<tr>
<td>military housing</td>
<td></td>
</tr>
<tr>
<td>Own home</td>
<td></td>
</tr>
</tbody>
</table>

***Comparison Data***

49% (MWE) live on their own compared to 57% SaySo alumni (including rent myself and/or roommate, and “Others” given the respondents’ identified living arrangements)
Q: What is the highest level of school or year of college that you have completed?

<table>
<thead>
<tr>
<th>Qualifier</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>9th (HS)</td>
<td>0%</td>
</tr>
<tr>
<td>10th (HS)</td>
<td>3%</td>
</tr>
<tr>
<td>11th (HS)</td>
<td>7%</td>
</tr>
<tr>
<td>12th (HS)</td>
<td>23%</td>
</tr>
<tr>
<td>1 yr (college)</td>
<td>20%</td>
</tr>
<tr>
<td>2 yr (college)</td>
<td>10%</td>
</tr>
<tr>
<td>3 yr (college)</td>
<td>17%</td>
</tr>
<tr>
<td>4 yr (college)</td>
<td>13%</td>
</tr>
<tr>
<td>Post-baccalaureate time</td>
<td>7%</td>
</tr>
<tr>
<td>Unsure</td>
<td>0%</td>
</tr>
</tbody>
</table>

***Comparison Data***
2.5% (MWE) completed a Bachelor’s degree compared to 13% SaySo Alumni (20% when post-Baccalaureate studies are included)
Employment

Current Employment Status
n = 29

Q: Please select the statement that best describes your current employment status?

<table>
<thead>
<tr>
<th>Qualifier</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Looking for work, unemployed</td>
<td>24%</td>
</tr>
<tr>
<td>irregular, odd or temporary jobs</td>
<td>10%</td>
</tr>
<tr>
<td>1-20 hours/week</td>
<td>0%</td>
</tr>
<tr>
<td>21-34 hours/week</td>
<td>31%</td>
</tr>
<tr>
<td>35+ hours/week</td>
<td>24%</td>
</tr>
<tr>
<td>Other</td>
<td>10%</td>
</tr>
<tr>
<td>military</td>
<td>24/7</td>
</tr>
</tbody>
</table>

***Comparison Data***

37% (MWE) were employed more than 21 hours per week compared to 55% SaySo Alumni (65% including Other)
Q: Have you given birth to or fathered any children?

Have you given birth to or fathered any children?  
\[ n = 30 \]

- Yes: 30%
- No: 70%

If yes, at what age did you have your first child?

\[ n = 9 \ (23\%) \]

- Under 18 years old: 3
- 18-21 years old: 2
- 22-25 years old: 3
- 26 years or older: 1

***Comparison Data***

52% (males/MWE) and 71% (females/MWE) had a living child compared to 23% SaySo Alumni
SaySo Call to Action

1. Support & encourage young people to get to SaySo events, including events that are on Saturdays!

2. Establish or Re-establish a local SaySo Chapter!

3. Find out if you have any SaySo youth in your county or area and meet with them!

4. Come to SaySo Saturday! (Save the date 3/3/2018)!

5. Contact me if we can support you in any way!
Speaking Out Today, While Making Changes for Tomorrow

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