

Mental Health Awareness Month

1 in 4 adults suffer from a mental disorder in a given year.

50% of Americans will meet the criteria for a mental health condition in their life, half of which will develop before the age of 14.



DHHS challenges you to take time to discuss mental health in the workplace. Sharing is key to breaking down negative misconceptions and attitudes that surround mental illness. You are not alone.

#DHHSCares

