

NORTH CAROLINA DIVISION OF AGING  
NC AREA AGENCIES ON AGING

**PERFORMANCE REVIEW: MENTAL HEALTH COUNSELING**  
**Part I: Program Verification**

Agency:            Date:

Name of Subcontractor, if applicable:

Agency Staff Interviewed:

Signature of Reviewer: \_\_\_\_\_

**PROGRAM DEFINITION** (Standards sec. III)

1. Identify which of the allowable services are provided and check whether or not the service is provided under a subcontract:

|                      | √<br>Agency staff<br>provides<br>service | √<br>Subcontractor<br>staff provides<br>service |
|----------------------|--|---|
| Case Consultation    | <input type="checkbox"/>                 | <input type="checkbox"/>                        |
| Evaluation           | <input type="checkbox"/>                 | <input type="checkbox"/>                        |
| Outpatient treatment | <input type="checkbox"/>                 | <input type="checkbox"/>                        |

**CLIENT ELIGIBILITY** (Standards sec. IV)

2. The agency only serves persons age 60 years of age or older who are experiencing mental health problems or a family member caring for an eligible older person.

(i.e., client records, outreach materials, service policies, etc.)

Yes ☐ No ☐ NA ☐

**SERVICE PROVISION** (Standards sec. V)

**Outpatient Treatment** (Standards sec. V.C)

3. The agency's records show that the following services were NOT provided to an eligible adult as part of outpatient treatment supported by HCCBG Mental Health Counseling: partial hospitalization.

(i.e., client records, etc.)

Yes ☐ No ☐ NA ☐

4. The agency's records show that a written treatment plan was developed within 30 days of accepting an eligible older adult for outpatient treatment.

(i.e., client records, etc.)

Yes ☐ No ☐ NA ☐

**STAFFING REQUIREMENTS** (Standards sec. VII)

**Qualified Mental Health Professionals** (Standards sec. VII)

5. Worksheet A documents that Mental Health Counseling Services have been provided by qualified mental health professionals.

Yes ☐ No ☐ NA ☐

## WORKSHEET A: PROFESSIONAL CREDENTIALS

Mental Health Counseling services must be provided by a “qualified mental health professional” as defined in 10A NCAC 27G.0104:

- An individual who holds a license, provisional license, certificate, registration or permit issued by the governing board regulating a human service profession, except a registered nurse who is licensed to practice in the State of North Carolina by the North Carolina Board of Nursing who also has four years of full-time accumulated experience in MH/DD/SA with the population served; or
- A graduate of a college or university with a Masters degree in a human service field and has one year of full-time, post-graduate degree accumulated MH/DD/SA experience with the population served, or a substance abuse professional who has one year of full-time, post-graduate degree accumulated supervised experience in alcoholism and drug abuse counseling; or
- A graduate of a college or university with a bachelor's degree in a human service field and has two years of full-time, post bachelor's degree accumulated MH/DD/SA experience with the population served, or a substance abuse professional who has two years of full time, post-bachelor's degree accumulated supervised experience in alcoholism and drug abuse counseling; or
- A graduate of a college or university with a bachelor's degree in a field other than human services and has four years of full-time, post-bachelor's degree accumulated MH/DD/SA experience with the population served, or a substance abuse professional who has four years of full-time post-bachelor's degree accumulated supervised experience in alcoholism and drug abuse counseling.

|  |                          |                          |  |
|--|--------------------------|--------------------------|--|
| <b>Make additional copies of this worksheet as needed.</b> | CHECK ONE                |                          | How did AAA determine if staff providing services are Qualified Mental Health Professionals according to 10A NCAC 27G.0104?  |
| Mental Health Professional's Name                          | HCCBG Provider Staff?    | Subcontractor Staff?     | Type of documentation reviewed:  |
| _____  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> Current License<br>Type: _____ (e.g., LCSW, PHD, etc.)<br>Expiration Date: _____<br><br><input type="checkbox"/> Human Services Diploma<br>Field: _____ (e.g., psychology, sociology, etc.)<br>Type: _____ (e.g., MA, BA, BS, etc.)<br><br><input type="checkbox"/> Non-Human Services Diploma<br>Field: _____ (e.g., economics, biology, etc.)<br>Type: _____ (e.g., MA, BA, BS, etc.)<br><br><input type="checkbox"/> Resume<br>Experience Type: _____<br>Length of Experience: _____ |

Signature(s) of reviewer(s) \_\_\_\_\_ Date \_\_\_\_\_

**WORKSHEET B: CLIENT/SERVICE RECORD REVIEW** Reviewer should select an appropriate client sample from ARMS reports and agency logs. Make as many copies of this worksheet as needed.

Attach a copy of ARMS report ZGA-542 from which the Outpatient Treatment client sample was drawn. Month/Year reviewed \_\_\_\_\_

|   |             |   |  |   | IF CLIENT RECEIVED OUTPATIENT TREATMENT, COMPLETE THESE COLUMNS. |  |                                       |   |   |   | UNIT VERIFICATION  |
|---|-------------|---|--|---|--|--|---------------------------------------|---|---|---|--|
| # | CLIENT NAME | Type of service provided to client?<br>CC= Case Consultation<br>E= Evaluation<br>OT= Outpatient Treatment | Eligible client?<br>Client DOB?<br>Indicate documentation reviewed | If client received CC or E, provider maintains a log of such? | Date of most recent CRF (DAA S-101)?                             | CRF (DAAS-101) &/or DSS-5027* is complete? | CRF updated at least every 12 months? | If client received OT, the provider maintains a client record for client? | If client received OT, then Treatment Plan developed within 30 days of the initiation of out patient treatment? | If client received OT, Treatment Plan revised every 6 months from date of initial Treatment Plan or sooner if clinically indicated? | Total # of Units recorded in ARMS for Client<br><br>Documentation Reviewed to determine if # of Units match invoices |
| 1 |             |   | <input type="checkbox"/><br>_____<br>_____                         | <input type="checkbox"/>                                      |  | <input type="checkbox"/>                   | <input type="checkbox"/>              | <input type="checkbox"/>  | <input type="checkbox"/>  | <input type="checkbox"/>  |  |
| 2 |             |   | <input type="checkbox"/><br>_____<br>_____                         | <input type="checkbox"/>                                      |  | <input type="checkbox"/>                   | <input type="checkbox"/>              | <input type="checkbox"/>  | <input type="checkbox"/>  | <input type="checkbox"/>  |  |
| 3 |             |   | <input type="checkbox"/><br>_____<br>_____                         | <input type="checkbox"/>                                      |  | <input type="checkbox"/>                   | <input type="checkbox"/>              | <input type="checkbox"/>  | <input type="checkbox"/>  | <input type="checkbox"/>  |  |
| 4 |             |   | <input type="checkbox"/><br>_____<br>_____                         | <input type="checkbox"/>                                      |  | <input type="checkbox"/>                   | <input type="checkbox"/>              | <input type="checkbox"/>  | <input type="checkbox"/>  | <input type="checkbox"/>  |  |
| 5 |             |   | <input type="checkbox"/><br>_____<br>_____                         | <input type="checkbox"/>                                      |  | <input type="checkbox"/>                   | <input type="checkbox"/>              | <input type="checkbox"/>  | <input type="checkbox"/>  | <input type="checkbox"/>  |  |
| 6 |             |   | <input type="checkbox"/><br>_____<br>_____                         | <input type="checkbox"/>                                      |  | <input type="checkbox"/>                   | <input type="checkbox"/>              | <input type="checkbox"/>  | <input type="checkbox"/>  | <input type="checkbox"/>  |  |
| 7 |             |   | <input type="checkbox"/><br>_____<br>_____                         | <input type="checkbox"/>                                      |  | <input type="checkbox"/>                   | <input type="checkbox"/>              | <input type="checkbox"/>  | <input type="checkbox"/>  | <input type="checkbox"/>  |  |

|    |  |  |                                   |                          |  |                          |                          |                          |                          |                          |  |
|----|--|--|-----------------------------------|--------------------------|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--|
| 8  |  |  | <input type="checkbox"/><br>_____ | <input type="checkbox"/> |  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |  |
| 9  |  |  | <input type="checkbox"/><br>_____ | <input type="checkbox"/> |  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |  |
| 10 |  |  | <input type="checkbox"/><br>_____ | <input type="checkbox"/> |  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |  |

\* DSS-5027- only applicable for Departments of Social Services Records.

**Signature of reviewer(s)**\_\_\_\_\_ **Date**

**WORKSHEET C: SUMMARY OF DOCUMENTATION REVIEWED**

1. Indicate where client/service source documentation reviewed by the AAA is located (check all that apply):

☐ HCCBG provider agency's office      ☐ Subcontractor's office      ☐ Other (specify:      )

2. Check all documentation related to clients and services reviewed by the AAA during this monitoring visit.

- ☐ AAA reviewed HCCBG agency's completed monitoring tool documenting that the provider reviewed appropriate records for the subcontract.
- ☐ AAA reviewed HCCBG agency's log of case consultation and evaluation services provided.
- ☐ AAA reviewed HCCBG agency's client records (DAAS-101 and/or DSS-5027) for clients receiving Outpatient Treatment.
- ☐ AAA reviewed HCCBG agency's written treatment plan for clients receiving Outpatient Treatment.
- ☐ AAA reviewed HCCBG agency's consumer contributions documentation.

**Signature of reviewer(s)** \_\_\_\_\_

**Date**

**Your comment and/or note section:**

e.g., any corrections needed, what documentation were reviewed, any TA provided, any follow-up needed. **Please provide an explanation below if you answered n/a, no or left an answer blank.**