Mission Statement

To partner with individuals by creating opportunities to recover from mental illness and substance use disorders by instilling hope, facilitating choice, promoting healing, and supporting their personal journeys of wellness.

Vision Statement

To be an exemplary environment of inpatient healing, hope, and compassion by partnering with individuals who have mental health and substance use needs.

Broughton Hospital is one of three regional psychiatric hospitals with statutory responsibility for operating as a part of the Division of State Operated Healthcare Facilities (DSOHF) within the North Carolina Department of Health and Human Services to provide help and support to North Carolinians and their families experiencing mental illness. The hospital serves the western thirty-seven (37) counties of North Carolina, approximately 35% of the total population, as part of the state's system of care and treatment for persons with mental illness.

Broughton Hospital, acting within the scope and framework of its mission, vision, and value statements, furthers an operating philosophy. The hospital shall: admit only those persons appropriate for services; evaluate their psychiatric and psychosocial needs; provide, where needed, appropriate interventions cost effectively; at all times strive to maintain a safe, humane, and therapeutic environment in which patients' rights, individuality, and dignity are respected and mechanisms of resolving conflicts and grievances are identified; discharge persons to the community as soon as practical with an adequate and effective plan to prevent relapse or recurrence of the condition leading to the initial hospitalization; maintain sufficient number of appropriate and qualified personnel to achieve the above; document adequately the entire process of treatment and discharge planning; develop and implement an effective and continuous program to measure, assess, and improve treatment performance with attention to organizational structure and processes that support these efforts; and provide and promote education and professional training activities.

Broughton Hospital is a place where employees are dedicated to giving the highest level of care to citizens needing mental health treatment. Committed to a Recovery-Oriented model of care, our staff provide compassionate treatment promoting the dignity of all we serve. We help our patients transition back to productive, meaningful lives in their communities. All employees are part of a valuable team helping to provide care that promotes healing and help to those we serve.

Broughton Hospital incorporates the principles of Recovery-Oriented Care in all of its processes, procedures, and policies. Recovery-Oriented Care embraces the reality that people who have serious challenges with mental health and substance use do recover and can lead self-directed lives, striving to reach their full potential. Broughton Hospital incorporates into its treatment the ten Guiding Principles of Recovery as described by the Substance Abuse and Mental Health Services Administration (SAMHSA): Recovery is person-driven; it occurs via many pathways; it is holistic; it is supported by peers and allies; it is supported through relationship and social networks; it is culturally-based and influenced: it is based on respect.

Broughton Hospital, as part of the state's mental health system, participates in a continuum of services that originates with Managed Care Organizations (MCO) in western North Carolina. The MCO is designated as the single portal of entry for referrals to Broughton Hospital. Prior to admission communication is encouraged between this hospital and the referring agent. This includes verbal contact with admitting services and documentation sent with the patient as to history, reason for admission, medical condition and prospective needs.

From admitting services to the receiving service area and throughout the patient's stay, attention is given to the provision of appropriate settings and services within the hospital to meet patient needs. Treatment planning begins immediately with the assessment of the patient's health and psychosocial history plus physical, functional and psychosocial status. Initial screenings occur for additional services as indicated. The patient is apprised of his/her rights during hospitalization, and staff are expected to ensure that these rights are provided and protected.

Within the interdisciplinary team setting, assessment data is analyzed and treatment goals established. Appropriate treatment modalities are identified to reach these goals and service providers are assigned. The patient may receive treatment from a variety of providers within the system including, but not limited to, psychiatry, medicine, social work, nursing, psychology, occupational therapy, physical therapy, dentistry, pharmacy, et al. Public school education continuation is provided for adolescents. When longer hospitalization is necessary, additional services may be offered such as paid work opportunities, high school diploma acquisition, and creative/expressive arts. As appropriate, treatment teams refer for further assessment and/or reassessment as the patient's needs and responses unfold.

Qualified and competent staff carry out planned actions and interventions according to their scope of practice and the practice standards of their disciplines. These practices must be in accordance with Broughton Hospital clinical policies and procedures, and any applicable state certification or licensure requirements. Interventions may be carried out by a single practitioner, written and overseen by a practitioner and applied by para-professional staff, or carried out by the patient him/herself. Response to care is monitored and documented by the treatment team with attention to the patient's and family's perception of care. Modification of the treatment plan is an ongoing process based on reassessment, achievement of identified goals, and/or identification of further treatment needs.

It is the responsibility of the treatment team to plan and coordinate with the patient for care after discharge. Planning for discharge begins with the patient at admission in identifying appropriate services post hospitalization to support functionality. Patient and family education is provided throughout the hospital stay as to various aspects of treatment including the disease process, medications, coping skills, available community resources, and information to meet continuing care needs. Care needs that have not been met within the facility may be referred to community resources for continuation and monitoring.