



NC CACFP Monthly Institution Call May 2025



All the information on this call is true and accurate as of May 2, 2025.

TODAY'S AGENDA

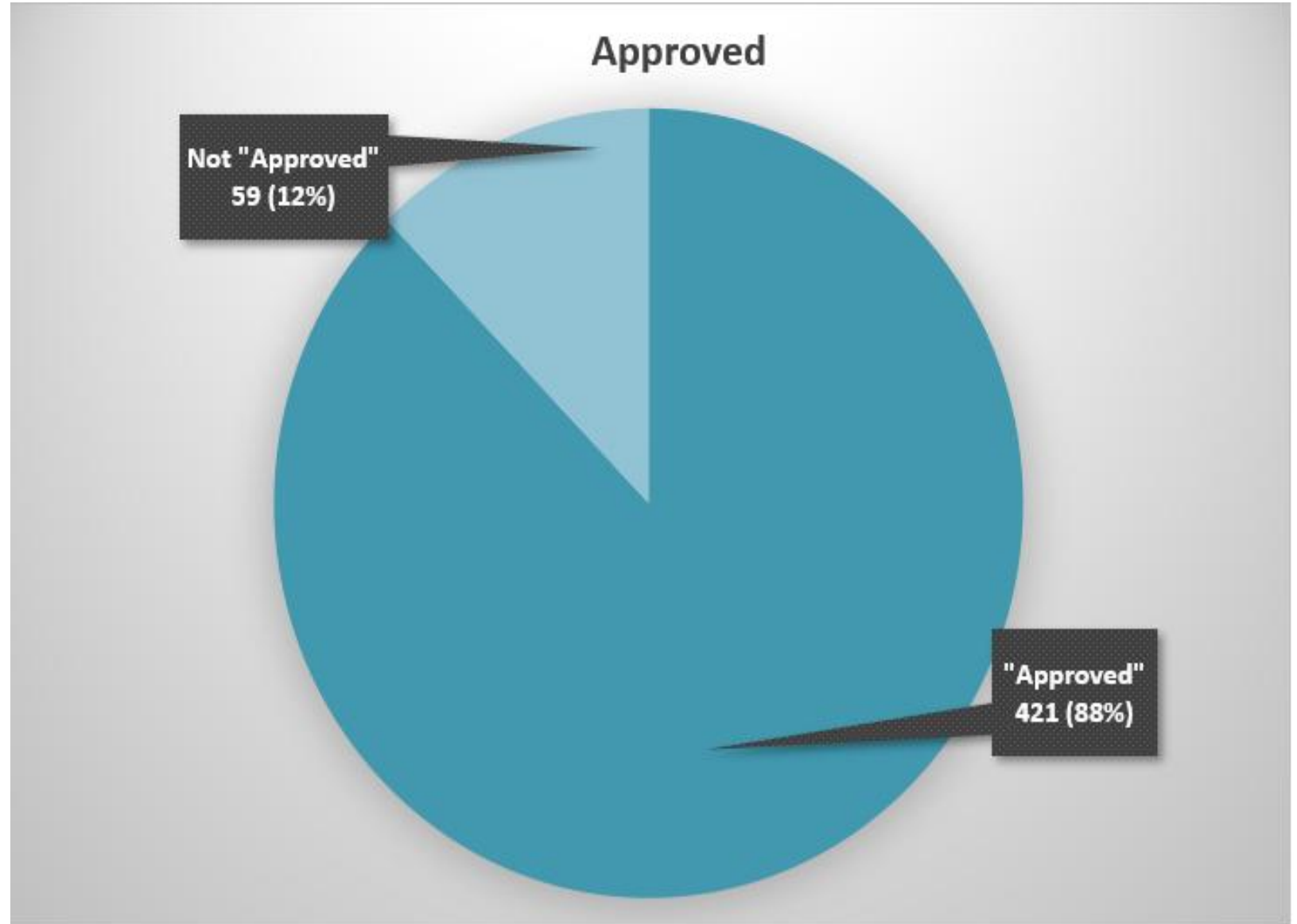
- Record Renewal
- NC CACFP Resource of the Month: Purchasing and Prep Guides
- Additional Information
- Q&A



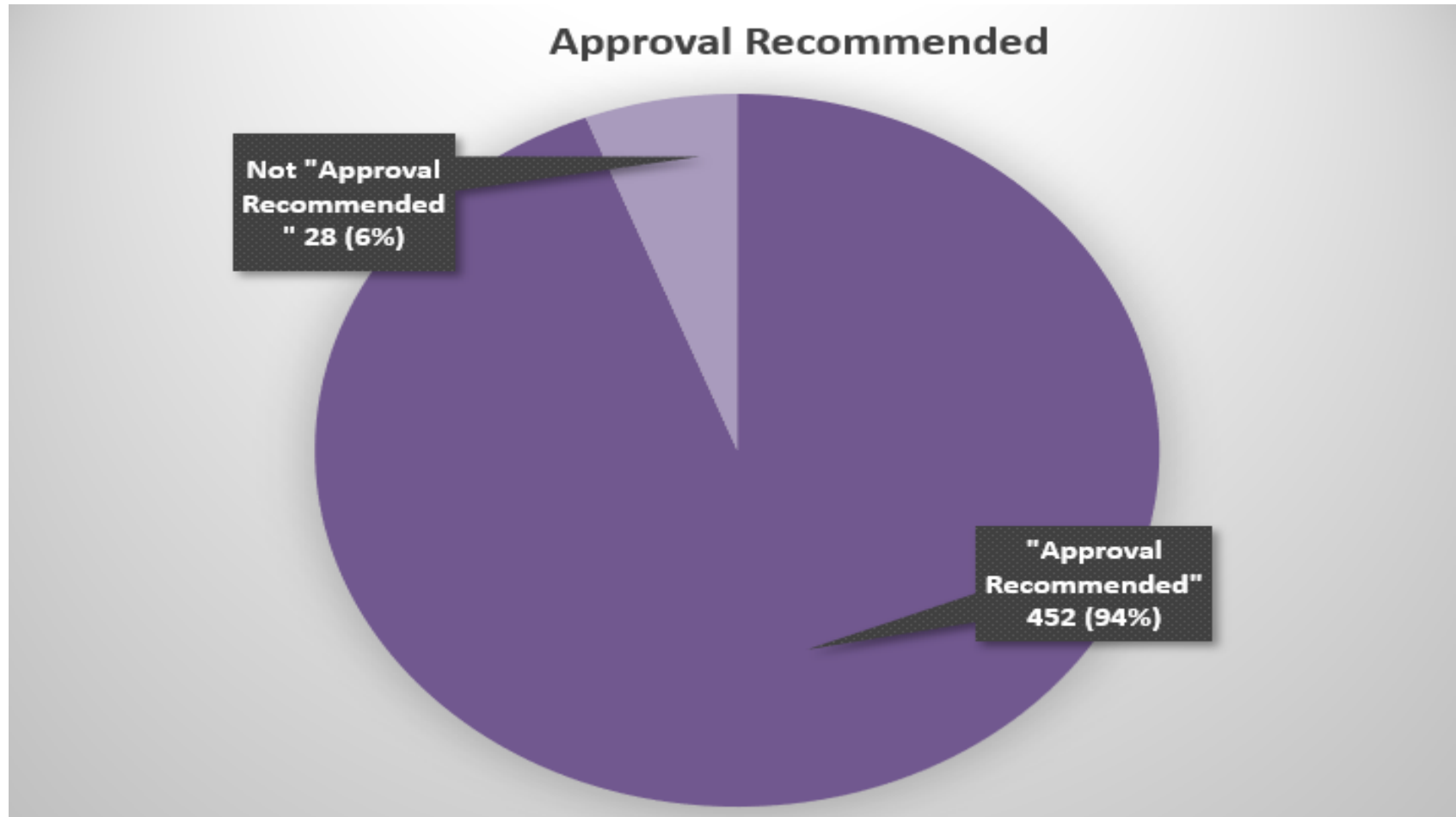
A top-down view of a variety of fresh vegetables and fruits arranged on a light-colored surface. In the top left, a metal colander holds cherry tomatoes and Brussels sprouts. Next to it is a bowl of arugula. To the right, there's a bunch of asparagus, a whole zucchini, and a small bowl of peppercorns. In the center, a wooden cutting board holds two pomegranates (one whole, one open) and a fennel bulb. Below the cutting board, there are two halves of an avocado, a bowl of green beans, and a bowl of red beans. At the bottom left, there are red onions and a small bowl of peppercorns. The central text overlay is a dark blue rectangle with white text.

Record Renewal FY 2024 & FY 2025

FY 2024 & FY 2025 Record Renewal



FY 2024 & FY 2025 Record Renewal



A vibrant, top-down view of a variety of fresh foods including salmon, vegetables, fruits, and grains arranged on a light blue surface. The composition is dense and colorful, featuring items like cucumbers, lemons, broccoli, cauliflower, carrots, pomegranates, and various seeds and nuts. A dark blue rectangular box is centered over the image, containing the text "Record Renewal FY 2026" in white.

Record Renewal FY 2026

NC CACFP CONNECTS

- Record Renewal FY 2026 will open July 1, 2025, and close September 30, 2025
- All records not APPROVED by September 30, 2025, will receive a Notice of Serious Deficiency beginning the week of October 6, 2025.

Sponsoring Organizations

Sponsoring Organizations of Affiliated Centers



The State agency must have procedures in place for annually reviewing at least 1 month of the Sponsoring Organization's bank account activity against other associated records to verify that the financial transactions meet program requirements.



This action will take place during Record Renewal.

Sponsoring Organizations of Unaffiliated Centers and Day Care Homes

- The State agency must have procedures in place for annually reviewing at least 1 month of the Sponsoring Organization's bank account activity against other associated records to verify that the financial transactions meet program requirements
- Require Sponsoring Organization's of Unaffiliated centers to annually make available to the State agency the amount of program expenditures of program funds and the amount of meal reimbursement funds retained for their centers for Administrative costs.
- This action will take place during an Annual Financial Viability Review conducted On-Site.

A close-up photograph of a person's hand reaching into a green plastic bin filled with ripe red tomatoes. The person is wearing a light blue long-sleeved shirt. In the background, other produce bins are visible, including one with ginger and another with leafy greens. A dark blue banner with white text is overlaid on the center of the image.

NC CACFP Resource of the Month: Purchasing and Prep Guides

Purchasing and Prep Guides - Introduction



Two File Versions

Goal: Help CACFP participants increase fresh vegetable and fruit consumption and highlight seasonal, locally grown produce

BREAKFAST

FRESH PRODUCE PURCHASING AND PREP GUIDE
FOR CHILD CARE PROGRAMS SERVING 3-5 YEAR OLDS*

BREAKFAST
1 serving of fruit/vegetable = 1/2 cup

Food Item**	Preparation	Amount to prepare			Amount to purchase		
		for 5 servings	for 25 servings	for 50 servings	for 5 servings	for 25 servings	for 50 servings
Apples ^{NC}	Unpeeled, cored, sliced	2 ½ cups	12 ½ cups	25 cups	¾ pound	3 ½ pounds	7 pounds
Apricots	Seeded, unpeeled, halves	2 ½ cups	12 ½ cups	25 cups	1 pound	4 ¾ pounds	9 ½ pounds
Bananas	Whole or sliced 1 banana = ½ cup	2 ½ cups	12 ½ cups	25 cups	1 ½ pounds	7 pounds	14 pounds
Blackberries ^{NC}	Whole	2 ½ cups	12 ½ cups	25 cups	1 pound	4 ¼ pounds	8 ½ pounds
Blueberries ^{NC}	Whole	2 ½ cups	12 ½ cups	25 cups	1 pound (1 ½ pints)	4 ¼ pounds (5 ¾ pints)	8 ½ pounds (11 ½ pints)
Cantaloupe ^{NC} whole	Cubed or diced	2 ½ cups	12 ½ cups	25 cups	1 ¾ pounds	8 ¾ pounds ("5 melons)	17 ½ pounds ("9 melons)
Clementines	Whole, peeled	2 ½ cups	12 ½ cups	25 cups	1 ¾ pounds	5 ¾ pounds	11 ¼ pounds
Grapes seedless	Halves	2 ½ cups	12 ½ cups	25 cups	1 ¾ pounds	5 ¾ pounds	11 pounds

PDF

FRESH PRODUCE PURCHASING & PREP GUIDE
FOR CHILD CARE PROGRAMS SERVING 3 - 5 YEAR OLDS*
BREAKFAST
(1 serving of vegetable or fruit = 1/2 cup)

FOOD ITEM	PREPARATION	AMOUNT TO PREPARE			AMOUNT TO PURCHASE			
		For 5 servings	For 25 servings	For 50 servings	For 5 servings	For 25 servings	For 50 servings	ENTER SERVINGS
APPLES ^{NC}	UNPEELED, CORED, SLICED	2 ½ cups	12 ½ cups	25 cups	0.75 pounds	3.5 pounds	7 pounds	0 pound
APRICOTS (MEDIUM, APPROX. 1-3/8" DIAMETER, WHOLE)	SEEDED, UNPEELED, HALVES	2 ½ cups	12 ½ cups	25 cups	1 pound	4.75 pounds	9.5 pounds	0 pound
BANANAS (7" to 7-7/8" LENGTH)	WHOLE OR SLICED (1 banana = 1/2 cup)	2 ½ cups	12 ½ cups	25 cups	1.5 pounds	7 pounds	14 pounds	0 pound
BLACKBERRIES ^{NC}	WHOLE	2 ½ cups	12 ½ cups	25 cups	1 pound	4.25 pounds	8.5 pounds	0 pound
BLUEBERRIES ^{NC}	WHOLE	2 ½ cups	12 ½ cups	25 cups	1 pound	4.25 pounds	8.5 pounds	0 pound
CANTALOUPE ^{NC} (WHOLE, 5" DIAMETER)	CUBED OR DICED	2 ½ cups	12 ½ cups	25 cups	1.75 pounds	8.75 pounds	17.5 pounds	0 pound
CLEMENTINES	1 WHOLE, PEELED CLEMENTINE (ABOUT 3/8 cup)	2 ½ cups	12 ½ cups	25 cups	1.25 pounds	5.75 pounds	11.25 pounds	0 pound

Breakfast Lunch-Supper Snack

Excel

3 Different Age Categories of the Guide

- Fresh Produce Guide Instructions
- Produce Guide for Ages 1-2 Years – Excel Workbook
- Produce Guide for Ages 1-2 Years – PDF
- Produce Guide for Ages 3-5 Years – Excel Workbook
- Produce Guide for Ages 3-5 Years – PDF
- Produce Guide for Ages 6-18 years – Excel Workbook
- Produce Guide for Ages 6-18 Years – PDF

How to Use – PDF Format



FAST
Whole = 1/2 cup

BREAKFAST

FRESH PRODUCE PURCHASING AND PREP GUIDE FOR CHILD CARE PROGRAMS SERVING 3-5 YEAR OLDS*

BREAKFAST 1 serving of fruit/vegetable = 1/2 cup		Amount to prepare			Amount to purchase		
Food Item**	Preparation	for 5 servings	for 25 servings	for 50 servings	for 5 servings	for 25 servings	for 50 servings
Apples ^{NC}	Unpeeled, cored, sliced	2 ½ cups	12 ½ cups	25 cups	¾ pound	3 ½ pounds	7 pounds
Apricots	Seeded, unpeeled, halves	2 ½ cups	12 ½ cups	25 cups	1 pound	4 ¾ pounds	9 ½ pounds
Bananas	Whole or sliced 1 banana = ½ cup	2 ½ cups	12 ½ cups	25 cups	1 ½ pounds	7 pounds	14 pounds
Blackberries ^{NC}	Whole	2 ½ cups	12 ½ cups	25 cups	1 pound	4 ¼ pounds	8 ½ pounds
Blueberries ^{NC}	Whole	2 ½ cups	12 ½ cups	25 cups	1 pound (1 ½ pints)	4 ¼ pounds (5 ¾ pints)	8 ½ pounds (11 ½ pints)
Cantaloupe ^{NC} whole	Cubed or diced	2 ½ cups	12 ½ cups	25 cups	1 ¾ pounds	8 ¾ pounds (~5 melons)	17 ½ pounds (~9 melons)
Clementines	Whole, peeled	2 ½ cups	12 ½ cups	25 cups	1 ¼ pounds	5 ¾ pounds	11 ¼ pounds
Grapes seedless	Halves	2 ½ cups	12 ½ cups	25 cups	1 ¼ pounds	5 ½ pounds	11 pounds

PDF Example

= 3/4 cup

SNACK



FRESH PRODUCE PURCHASING & PREP GUIDE FOR CHILD CARE PROGRAMS SERVING 6-18 YEAR OLDS*

SNACK 1 serving of fruit/vegetable = 3/4 cup		Amount to prepare			Amount to purchase		
Food Item	Preparation	for 5 servings	for 25 servings	for 50 servings	for 5 servings	for 25 servings	for 50 servings
Apples ^{NC}	Unpeeled, cored, sliced	3 ¾ cups	18 ¾ cups	37 ½ cups	1 ¼ pounds	5 ¼ pounds	10 ½ pounds
Avocados	Peeled, sliced	3 ¾ cups	18 ¾ cups	37 ½ cups	2 ¾ pounds	13 ¾ pounds	27 ¼ pounds
Bananas	Whole or sliced 1 banana = ½ cup	3 ¾ cups	18 ¾ cups	37 ½ cups	2 ¼ pounds	10 ½ pounds	21 pounds
Blackberries ^{NC}	Whole	3 ¾ cups	18 ¾ cups	37 ½ cups	1 ½ pounds	6 ½ pounds	12 ¾ pounds
Blueberries ^{NC}	Whole	3 ¾ cups	18 ¾ cups	37 ½ cups	1 ½ pounds (2 pints)	6 ½ pounds (8 ¾ pints)	12 ¾ pounds (17 pints)
Broccoli trimmed, ready-to-use	Raw florets	3 ¾ cups	18 ¾ cups	37 ½ cups	¾ pound	2 ¾ pounds	5 ¼ pounds
Cantaloupe ^{NC} whole	Cubed or diced	3 ¾ cups	18 ¾ cups	37 ½ cups	2 ¾ pounds	13 ¼ pounds (~7 melons)	26 ¼ pounds (~13 melons)
Carrots baby, ready-to-use	Raw	3 ¾ cups	18 ¾ cups	37 ½ cups	1 ¼ pounds	6 pounds	11 ¾ pounds
Carrots ^{NC} without tops	Raw, sticks	3 ¾ cups	18 ¾ cups	37 ½ cups	1 ½ pounds	7 ½ pounds	14 ¾ pounds








NC = Grown in North Carolina

How to Use – Excel Format

BREAKFAST

(1 serving of vegetable or fruit = 1/2 cup)

(1 serving of vegetable or fruit = 1/2 cup)

FOOD ITEM	PREPARATION	AMOUNT TO PREPARE			AMOUNT TO PURCHASE				ENTER SERVINGS	AMOUNT TO PURCHASE
		For 5 servings	For 25 servings	For 50 servings	For 5 servings	For 25 servings	For 50 servings			
APPLES ^{NC}	 UNPEELED, CORED, SLICED	2 ½ cups	12 ½ cups	25 cups	0.75 pound	3.5 pounds	7 pounds			0 pound
APRICOTS (MEDIUM, APPROX. 1-3/8" DIAMETER, WHOLE)	 SEEDED, UNPEELED, HALVES	2 ½ cups	12 ½ cups	25 cups	1 pound	4.75 pounds	9.5 pounds			0 pound
BANANAS (7" to 7-7/8" LENGTH)	 WHOLE OR SLICED (1 banana = 1/2 cup)	2 ½ cups	12 ½ cups	25 cups	1.5 pounds	7 pounds	14 pounds			0 pound
BLACKBERRIES ^{NC}	 WHOLE	2 ½ cups	12 ½ cups	25 cups	1 pound	4.25 pounds	8.5 pounds			0 pound
BLUEBERRIES ^{NC}	 WHOLE	2 ½ cups	12 ½ cups	25 cups	1 pound	4.25 pounds	8.5 pounds			0 pound
CANTALOUPE ^{NC} (WHOLE, 5" DIAMETER)	 CUBES OR DICED	2 ½ cups	12 ½ cups	25 cups	1.75 pounds	8.75 pounds	17.5 pounds			0 pound
CLEMENTINES	 WHOLE, PEELED CLEMENTINE (ABOUT 3/8 cup)	2 ½ cups	12 ½ cups	25 cups	1.25 pounds	5.75 pounds	11.25 pounds			0 pound

Breakfast

Lunch-Supper


Snack

+

Excel Example

- **Food Item:** Unpeeled, cored, sliced apples
- **Serving Size:** 35 (children ages 3 to 5 years)
- **Meal Type:** Breakfast

FOOD ITEM	PREPARATION	AMOUNT TO PREPARE	
		For 5 servings	For 25 servings
APPLES ^{NC}	 UNPEELED, CORED, SLICED	2 ½ cups	12 ½ cups
APRICOTS (MEDIUM, APPROX. 1-3/8" DIAMETER, WHOLE)	 SEEDED, UNPEELED, HALVES	2 ½ cups	12 ½ cups
BANANAS (7" to 7-7/8" LENGTH)	 WHOLE OR SLICED (1 banana = 1/2 cup)	2 ½ cups	12 ½ cups
BLACKBERRIES ^{NC}	 WHOLE	2 ½ cups	12 ½ cups

FOOD ITEM	PREPARATION	AMOUNT TO PREPARE			AMOUNT TO PURCHASE				
		For 5 servings	For 25 servings	For 50 servings	For 5 servings	For 25 servings	For 50 servings	ENTER SERVINGS	AMOUNT TO PURCHASE
APPLES ^{NC}	 UNPEELED, CORED, SLICED	2 ½ cups	12 ½ cups	25 cups	0.75 pound	3.5 pounds	7 pounds	35	5 pounds

General Notes

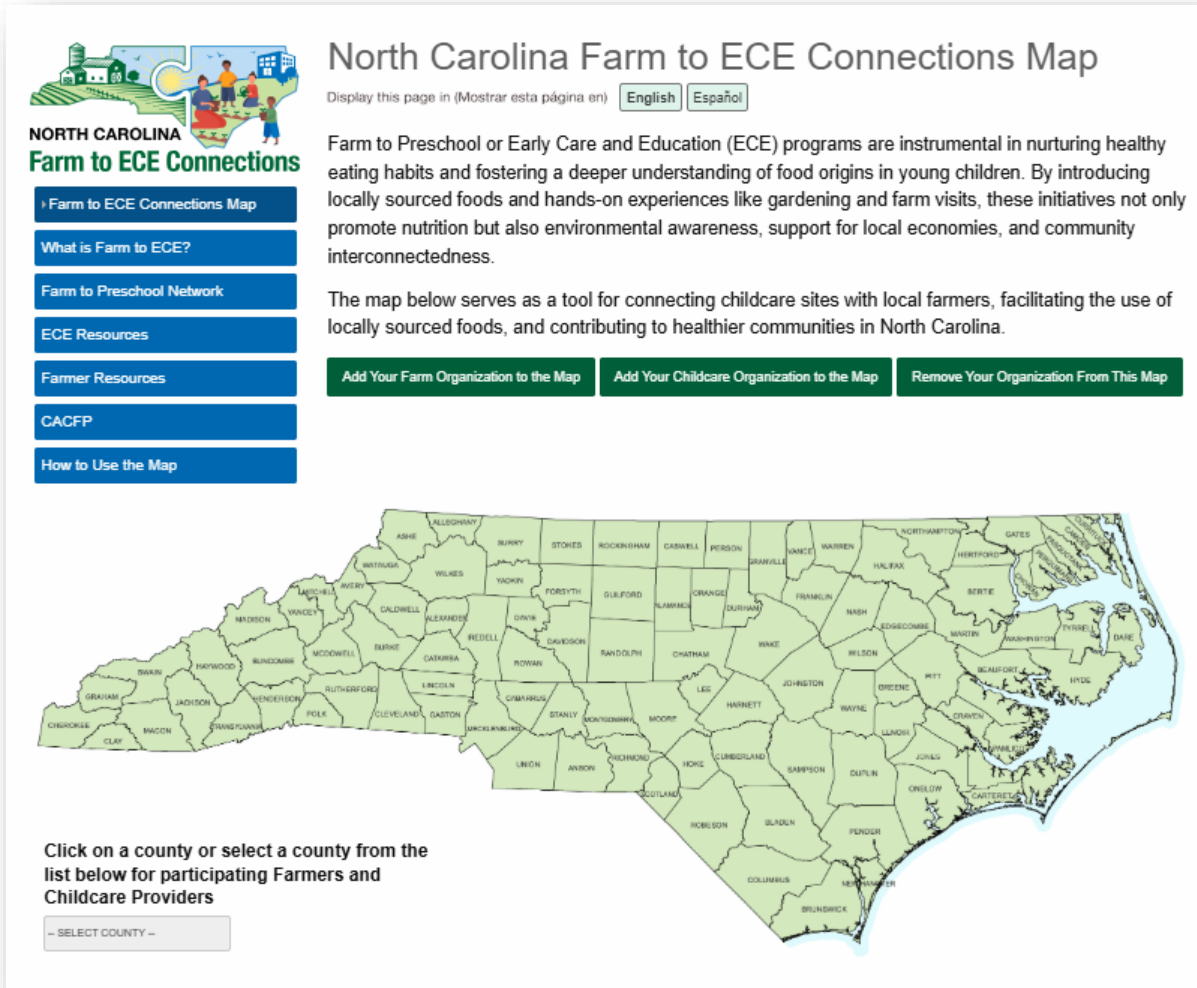
- Limited number of food items listed
- Amounts:
 - Minimum serving sizes required to meet the meal pattern
 - Rounded up to the nearest 0.25 pound



Additional Information



North Carolina Farm to ECE Connections Map



The image shows a screenshot of the 'North Carolina Farm to ECE Connections Map' website. At the top left is a logo with a farm scene and the text 'NORTH CAROLINA Farm to ECE Connections'. Below the logo is a vertical menu with blue buttons: 'Farm to ECE Connections Map', 'What is Farm to ECE?', 'Farm to Preschool Network', 'ECE Resources', 'Farmer Resources', 'CACFP', and 'How to Use the Map'. To the right of the menu, the title 'North Carolina Farm to ECE Connections Map' is followed by a language selector with 'English' and 'Español' buttons. Below this is a paragraph explaining that Farm to Preschool or Early Care and Education (ECE) programs are instrumental in nurturing healthy eating habits and fostering a deeper understanding of food origins in young children. It mentions that these initiatives promote nutrition, environmental awareness, support for local economies, and community interconnectedness. Another paragraph states that the map serves as a tool for connecting childcare sites with local farmers, facilitating the use of locally sourced foods and contributing to healthier communities in North Carolina. Below the text are three green buttons: 'Add Your Farm Organization to the Map', 'Add Your Childcare Organization to the Map', and 'Remove Your Organization From This Map'. At the bottom is a map of North Carolina with county names labeled. Below the map is a text prompt: 'Click on a county or select a county from the list below for participating Farmers and Childcare Providers', followed by a dropdown menu labeled 'SELECT COUNTY'.

NORTH CAROLINA Farm to ECE Connections

Display this page in (Mostrar esta página en) [English](#) [Español](#)

Farm to Preschool or Early Care and Education (ECE) programs are instrumental in nurturing healthy eating habits and fostering a deeper understanding of food origins in young children. By introducing locally sourced foods and hands-on experiences like gardening and farm visits, these initiatives not only promote nutrition but also environmental awareness, support for local economies, and community interconnectedness.

The map below serves as a tool for connecting childcare sites with local farmers, facilitating the use of locally sourced foods, and contributing to healthier communities in North Carolina.

[Add Your Farm Organization to the Map](#) [Add Your Childcare Organization to the Map](#) [Remove Your Organization From This Map](#)

Click on a county or select a county from the list below for participating Farmers and Childcare Providers

SELECT COUNTY

New Training Video for Child Care Centers:

<https://www.youtube.com/watch?v=GSpKqtfTVB8>

Explore the map: <https://www.communityclinicalconnections.com/farm-to-ece/>

CACFP Boot Camp – Adult Care

- National CACFP Sponsors Association
- **May 14th, 11:00 AM – 4:45 PM (Zoom)**
- Earn 6.0 CEUs
- Registration Fee:
 - Member: \$149
(\$199 beginning May 7)
 - Non-Member: \$199
(\$249 beginning May 7)



For more information and to register: <https://bit.ly/CACFPAdultCare>

NC CACFP Messenger




New Section!

“Meet the Institution/Facility”

Email your stories to: Chika.Mita@dhhs.nc.gov


NC CACFP Messenger

May/June Edition is
out now!



North Carolina Division of Child and Family Well-Being
Community Nutrition Services Section
Child and Adult Care Food Program
www.ncdhhs.gov/nccacfp

May/June 2025
Volume 6, Issue 3



The North Carolina CACFP Messenger

From the Child and Adult Care Food Program Manager

Hello CACFP Family,

Spring in North Carolina is fleeting, and already we are enjoying the vibrant green leaves signaling the arrival of summer. As I mentioned during the Monthly Institution Call, we have begun the initial planning stages for our FY 2026 Record Renewal. I look forward to sharing more detailed information regarding the FY 2026 Record Renewal training with you soon. Please stay tuned for updates.

Starting with this issue, we're adding an exciting new section to our newsletter that highlights our institutions and facilities. We want to build connections within our CACFP family, so that we not only feel closer but also aware of the great work happening all over our beautiful state. Help us spread the word about the amazing centers that are part of our program by letting us know the good things happening where you are! You can read more about how to participate on [page 2](#).

Thank you for your continued dedication and all that you do to nourish North Carolinians in our communities.

With Appreciation,


Cassandra Ward
CACFP Program Manager

Inside this issue

- [Announcements](#) 2
- [For Our Health](#) 3
- [Meet the State Agency](#) 4
- [Meet our Institution/Facility](#) 5
- [What's Happening in May & June](#) 6
- [CACFP Standardized Recipe](#) 7

Reminders

- Friday, May 2 and June 6, from 1 to 2 PM - next two State agency monthly calls with CACFP Institutions (click [here](#) to join)
- Friday, May 30, 2025 and Monday, June 30, 2025 - last days to submit March and April 2025 claims
- Standardized Recipe - Peach and Yogurt Smoothies (on [Page 7](#)). Packed with the goodness of yogurt and the natural sweetness of peaches. A healthy and delicious way to fuel your day!



1

[This institution is an equal opportunity provider.](#)



IN CLOSING

QUESTIONS & ANSWERS

- Please use the “QUESTIONS” pod to submit your questions.
- We will review what we have time for that pertains to the relevance of the group.
- Questions that apply to one specific Institution will be handled offline.

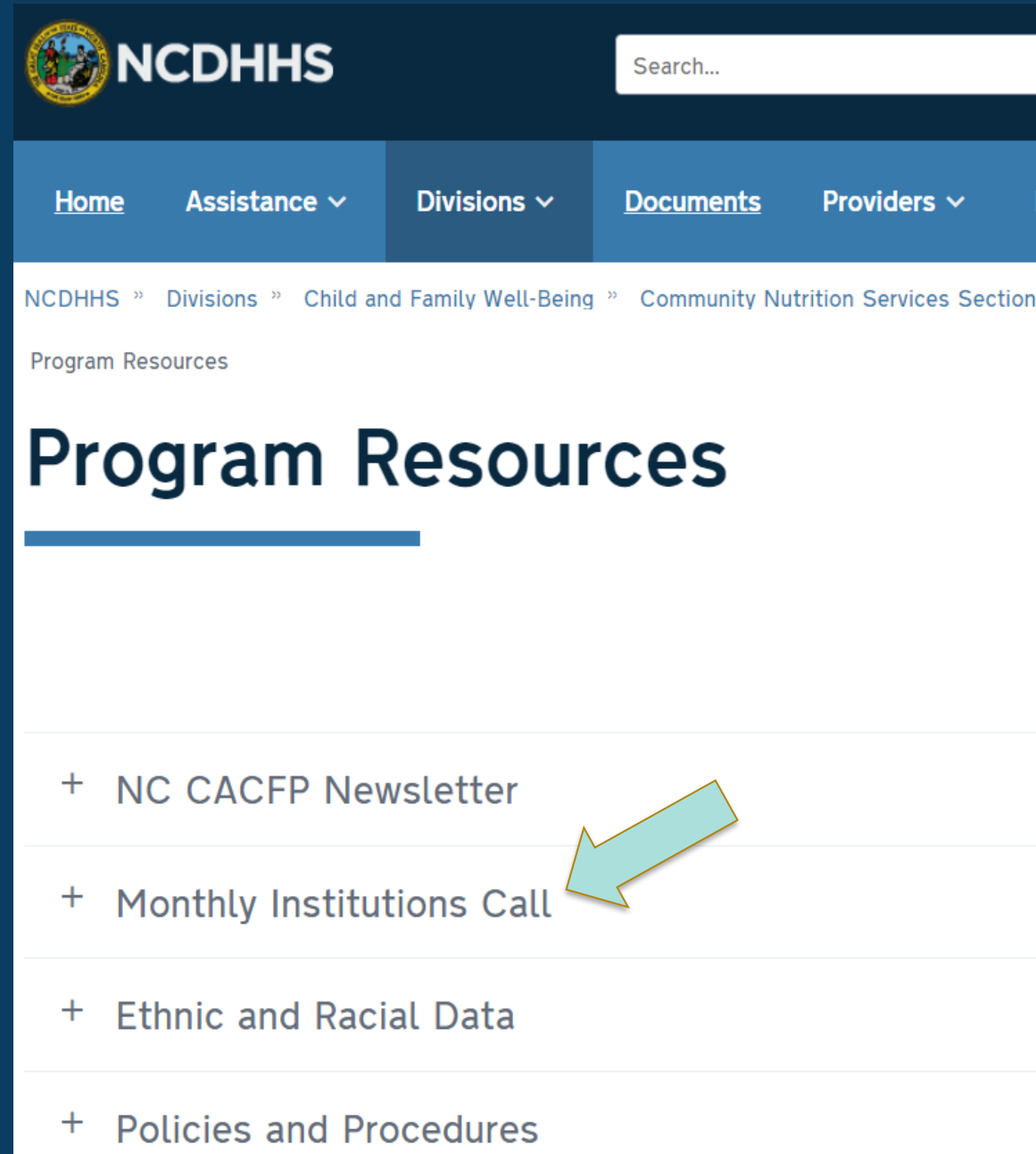


MONTHLY INSTITUTION CALLS

The PowerPoints for the
Institution calls are found on
our website:

[Program Resources Page](#)

Click on “Monthly Institutions
Call”



The screenshot shows the NCDHHS website header with the state seal and logo, a search bar, and a navigation menu. The breadcrumb trail indicates the current location: NCDHHS » Divisions » Child and Family Well-Being » Community Nutrition Services Section. The page title is 'Program Resources'. A list of resources is displayed, with a teal arrow pointing to 'Monthly Institutions Call'.

NCDHHS » Divisions » Child and Family Well-Being » Community Nutrition Services Section

Program Resources

Program Resources

- + NC CACFP Newsletter
- + Monthly Institutions Call
- + Ethnic and Racial Data
- + Policies and Procedures



Thank you for your time!
Next call is on **Friday, June 6.**