# Financing that Rewards Better Health and Well-Being

November 16, 2021

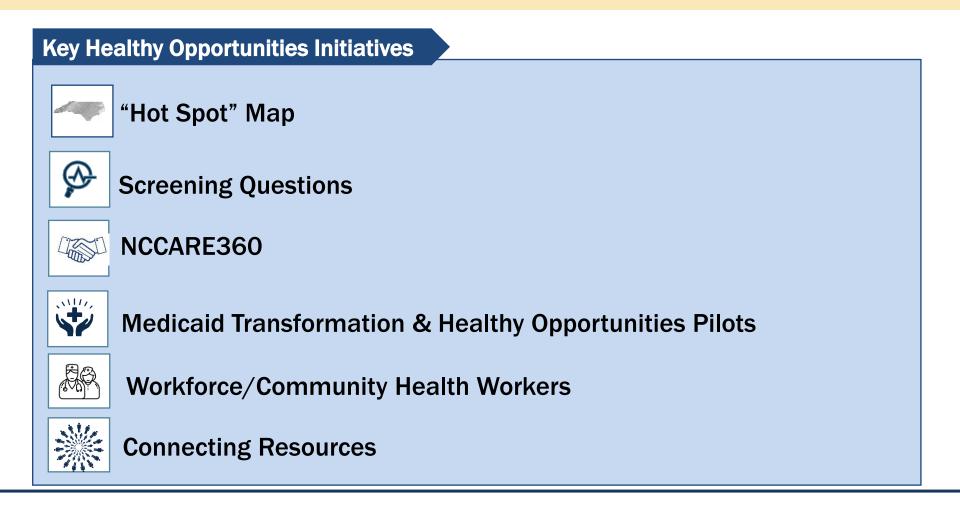
Kody H. Kinsley, Chief Deputy Secretary for Health



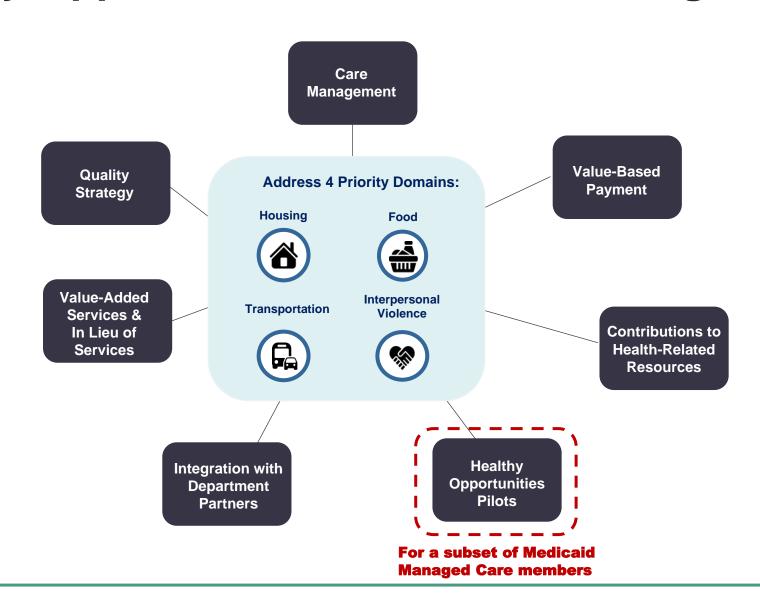


# All North Carolinians should have the Opportunity for Health

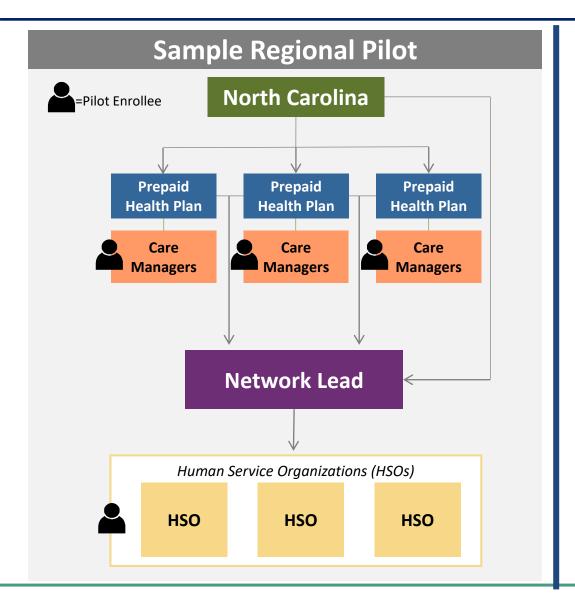
Statewide multi-component shared infrastructure and strategy to bridge health care and human services across diverse populations and geography and "Buy Health."



# **Healthy Opportunities in Medicaid Managed Care**



## **Healthy Opportunities Pilots**



The Pilots allow NCDHHS to provide a select set of non-medical services to higher-risk Medicaid enrollees to evaluate the impact on their health outcomes and health care utilization and costs.

CMS authorized up to \$650 million in state and federal Medicaid funding over a five-year period that will be used to:

- Cover the cost of delivering federally-approved Pilot services
  - NC DHHS has developed service definitions and a fee schedule to reimburse human service organizations (HSOs) that deliver these non-medical services
- Support capacity building to establish Healthy Opportunities

  Network Leads (NLs) and strengthen the ability of human

  service organizations (HSOs) to deliver Pilot services
  - NC DHHS procured three Network Leads (one per Pilot region) with deep roots in their communities to facilitate collaboration and build partnerships across healthcare payers and human service providers

# What Services Can Members Receive Through the Pilots?

#### North Carolina's 1115 waiver specifies 29 services that can be covered by the Pilot. Examples include:



#### Housing

- Housing navigation, support and sustaining services
- Inspection for housing safety and quality
- Housing move-in support
- Essential utility set-up
- Home remediation services
- Home accessibility and safety modifications
- Healthy home goods
- One-time payment for security deposit and first month's rent
- Short-term post hospitalization housing



#### **Food**

- Food and nutrition access case management
- Evidence-based group nutrition class
- Diabetes Prevention Program
- Fruit and vegetable prescription
- Healthy food box (pickup or delivered)
- Healthy meal (pick-up or delivered)
- Medically Tailored Home Delivered Meal



#### **Transportation**

- Reimbursement for health-related public or private transportation
- Transportation case management



# Interpersonal Safety

- Interpersonal safety case management
- Violence intervention services
- Evidence-based parenting curriculum
- Home visiting services
- Dyadic therapy



#### **Cross-Domain**

- Holistic highintensity enhanced case management
- Medical respite
- Linkages to healthrelated legal supports

**Pilot services will be reimbursed through three payment types: (1) Fee for Service** (e.g. Healthy Food Box, Parenting Curriculum); **(2) PMPM** (e.g. Housing Navigation, IPV Case Management); **(3) Cost-based reimbursement up to a cap** (e.g. Healthy Home Goods; Transportation)

## **NCCARE360 Overview**

**NCCARE360** is the first statewide network that unites health care and human services organizations with a shared technology that enables a coordinated, community-oriented, person-centered approach for delivering care in North Carolina. **NCCARE360** helps providers electronically connect those with identified needs to community resources and allow for feedback and follow up.

#### **NCCARE360 Partners:**











- NCCARE360 is fully statewide as of June 2020
- NCCARE360 Network:
  - Over 2,500 community-based organizations with over 4,600 programs in the NCCARE360 network.
  - NC Health Systems on NCCARE360: Cone Health, WakeMed, Vidant, UNC Health, Duke Health
  - All Medicaid Pre-Paid Health Plans and LME-MCOs on NCCARE360
- Client Served (as of October 2021)
  - Over **76,500** people served through NCCARE360
  - Over **202,810** referrals or cases created in NCCARE360
  - 74% of service episodes in NCCARE360 resolved

# **COVID-19 Quarantine and Isolation Supports**

# Individual need is identified in a variety of ways ("No Wrong Door"):



individual tests positive for COVID-19 and receives instructions from the testing center



individual reaches out to their Local Health Department about COVID-19 needs



individual has recommendation to isolate as a high-risk individual



individual sees information online and believes they might qualify for services



individual is contacted by a Contact Tracer about possible COVID-19 exposure/next steps



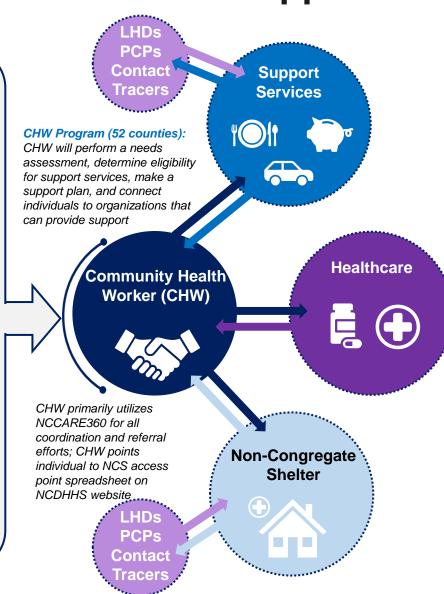
individual is referred to Q&I supports by their doctor/nurse



individual is a first-responder or frontline healthcare worker



individual is waiting on test results to come in



Support Services Program (29 counties): Innovative new program to assist individuals in targeted counties who need access to primary medical care and supports such as food or a relief payment to successfully quarantine or isolate due to COVID-19:

- Nutrition assistance, including home-delivered meals and food boxes
- A one-time COVID-19 relief payment to help supplement lost wages or the inability to look for work while in isolation/quarantine and to be used on basic living expenses
- Private transportation provided in a safe manner to/from testing sites, medical visits, and sites to acquire food
- 4. Medication delivery
- **5. COVID-related over-the-counter supplies**, such face masks, hand sanitizers, thermometers, and cleaning supplies
- Access to primary medical care to manage COVID recovery will also be provided through telehealth services through Community Health Workers (CHWs).

#### **Non-Congregate Shelter Program**

(statewide): Collaborative effort between the State, counties and local partners to secure non-congregate shelter for individuals with no other safe place to quarantine, isolate, or social distance due to COVID-19.

2 options for reimbursement:

- Local partners desiring state-centric coverage through NCEM (required MOA)
- 2. Local partners seeking direct reimbursement from FEMA

Braided various sources of federal CARES Act funding, State Medicaid dollars, & FEMA reimbursement

### Key Lessons Learned from COVID-19 Quarantine & Isolation Supports Program

#### Capacity of vendors is extremely important

- Cash reserves and need for up-front funding
- Staff capacity or partnerships
- Experience with technology, data monitoring, and reporting

#### Relationships with community members and organizations is key

- > Trusted members of the community and trusted local organizations were vital in reaching NC residents
- > Existing partnerships enabled the program to launch and scale quickly

#### Need for technical assistance and learning collaboratives

• High need for in-depth, one-on-one technical assistance and training as well as collaborative forums for vendors to share experiences, issues, and lessons learned

#### Need for the Department to be nimble, iterative, and collaborative

- Focus on speed and simplicity
- Iterated regularly in response to real-time learnings
- Cross-divisional effort (Division of Social Services, Medicaid, Office of Rural Health, Office of Healthy Opportunities)

#### Early Results

- ➤ Early results show that the combined presence of Support Service and CHW programs was associated with a 1.2-1.5 percentage point lower COVID-19 positivity rate at the county level. This represents a 12-15% decrease in positivity rates relative to control counties.
- Over 70% of support services were delivered to historically marginalized populations.