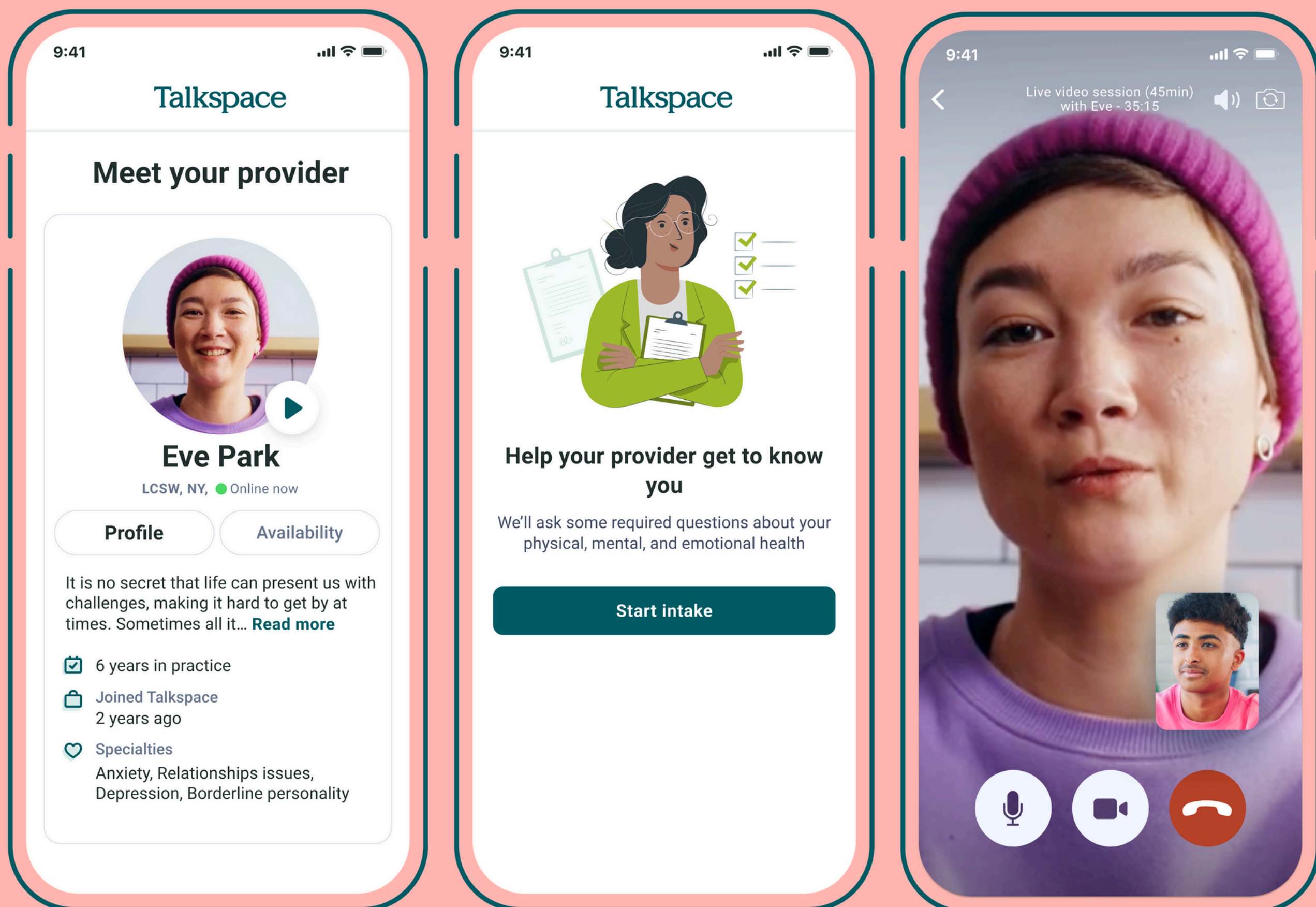


# Therapy can help



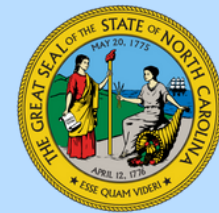
Talkspace therapy is **FREE** for any referred  
North Carolina youth ages 13–17

[talkspace.com/ncyouth](https://talkspace.com/ncyouth)





Talkspace



NC DEPARTMENT OF  
**HEALTH AND  
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Division of Mental Health,  
Developmental Disabilities and  
Substance Use Services



# Free therapy for NC youth

Is something on your mind? A licensed therapist who specializes in youth will listen and help you navigate your feelings and experiences.

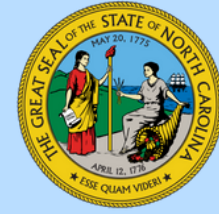
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