



NC MATTERS

Making Access to Treatment, Evaluation, Resources, and Screening Better



919-681-2909 x2
Mon-Fri 8am-5pm
NCMATTERS.org

WHAT IS IT?

Free Consultation for community providers around managing perinatal mental health and substance use

Education and Support to improve local providers' knowledge, confidence, and connections

HOW DOES IT WORK?

Community providers access mental health services for their patients in three ways:

Answers to diagnostic and clinical questions



Referrals to local resources



Referrals to higher level of mental health care at UNC or Duke

WHAT DO I NEED TO DO?



- Call the Consult Line and enroll in NC MATTERS*
- Formulate your clinical question (have handy: screening tool results, past treatment plans, patient preferences, relevant family history)
- Expect a call back within 5-10 min, or schedule a call-back time that's convenient for you

HOW CAN IT HELP ME?

- Get support caring for perinatal patients with complex needs
- Bridge gaps when local resources are not available
- Improve your knowledge base
- Make connections for perinatal patients with barriers to care (e.g., lack of insurance)



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