

**North Carolina Minority Diabetes Prevention Program (NC MDPP) – Region 8
Office of Minority Health and Health Disparities**

RFA Addendum 1

RFA#: 2026 NC Minority Diabetes Prevention Program (NC MDPP) – Region 8

RFA Title: Rural Health Transformation Grant – FY 2026

Addendum: 1

Date Issued: June 19, 2026

Re: Addendum #1 – Clarification of Participant Eligibility Requirements for the NC Minority Diabetes Prevention Program (NC MDPP) – Region 8 RFA

Purpose

The purpose of this Addendum is to clarify participant eligibility requirements for the North Carolina Minority Diabetes Prevention Program (NC MDPP) – Region 8 Rural Health Transformation Grant Request for Applications (RFA).

Description of Change

Section C. Programmatic Requirements, Item C is revised as follows:

Current Language

Participant eligibility shall include confirmation that each participant is eighteen (18) years of age or older, has a body mass index (BMI) of at least 25 kg/m² (or 23 kg/m² for Asian American participants), is not pregnant at the time of enrollment, and has no prior diagnosis of Type 1 or Type 2 diabetes.

Revised Language

Participant eligibility shall include confirmation that each participant is eighteen (18) years of age or older, has a body mass index (BMI) of at least 25 kg/m² (or 23 kg/m² for Asian American participants), is not pregnant at the time of enrollment, has no prior diagnosis of Type 1 or Type 2 diabetes, and meets CDC Diabetes Prevention Recognition Program (DPRP) participant eligibility requirements through one or more of the following:

- Qualifying blood test results indicating prediabetes;
- A history of gestational diabetes mellitus (GDM); or
- A positive prediabetes risk screening assessment.

Reason for Change –

This change clarifies participant eligibility requirements and aligns the RFA with CDC Diabetes Prevention Recognition Program (DPRP) participant eligibility standards for enrollment in the National Diabetes Prevention Program lifestyle change intervention.

Impact on Applicants -

Applicants shall incorporate this clarification into their program design, participant recruitment, screening, enrollment, and implementation plans. All other requirements, terms, conditions, application instructions, and deadlines contained in the RFA remain unchanged.

The submission deadline has been extended from July 7, 2026, at 5:00 PM EST to **July 10, 2026, at 5:00 PM EST**. Applicants may use the additional time to review this addendum and incorporate the revised participant eligibility requirements into their application materials.

All other requirements, terms, conditions, application instructions, and deadlines contained in the RFA remain unchanged. All applications must be submitted in accordance with the instructions outlined in the RFA.

Applicant Reminder -

For application questions, please email OMHHD@dhhs.nc.gov no later than June 29, 2026, with “NC MDPP RFA Region 8” in the subject line. An informational webinar and technical assistance session, hosted by the Office of Minority Health and Health Disparities, will be held on July 2nd, 2026, from 10:00 am –11:00 am on [Zoom](#). Please register to attend.