

2026 North Carolina Maternal, Infant, Early Childhood Home Visiting Program



Supporting families from pregnancy through early childhood with trusted, community-based care.

The North Carolina Maternal, Infant, Early Childhood Home Visiting (MIECHV) Program connects families with trained professionals who provide guidance, resources, and support during pregnancy and early childhood. Through trusted, relationship-based care, home visitors strengthen parenting, promote healthy development, and connect families to the services they need to thrive.

Who Is Served

Families with young children, including those who may benefit from additional support or access to services.

What Home Visitors Do

- Provide parenting support and guidance
- Connect families to health and community services
- Support child development and school readiness

Program Impact

Home visiting in North Carolina is making a meaningful difference for families and communities. By meeting families where they are, these programs help improve maternal and child health, support early learning, and build a stronger foundation for long-term success.

Home visitors meet families where they are, building trust that leads to lasting change.

Overview

In North Carolina, home visiting:

- Supports healthy pregnancies and child development
- Strengthens parenting skills and confidence
- Connects families to critical health and community resources
- Helps identify needs early and reduce risk over time

2025 Program Stats

550+
Families reached

28
Communities reached

48
Home visitors

A Closer Look

MIECHV is a home visiting program serving families in North Carolina. The program provides personalized support during pregnancy and early childhood, helping families access resources, strengthen parenting, and support healthy child development. Services are designed to meet families where they are, offering flexible, relationship-based support that builds trust and promotes long-term well-being.

What We Offer

- One-on-one support tailored to each family
- Guidance on parenting, child development, and health
- Connections to local services and community resources
- Flexible visits in the home or virtually

Program Details

Program detail	Information
Service area	Avery, Bertie, Bladen, Buncombe, Burke, Caldwell, Catawba, Columbus, Durham, Edgecombe, Gaston, Halifax, Henderson, Hertford, Iredell, Lincoln, Madison, Martin, McDowell, Mitchell, Nash, Northampton, Person, Robeson, Scotland, Watauga, Wilson, and Yancey counties
Who delivers services	Nurses and family support specialist
Visit format	In-home and/or virtual
Cost	Free / No cost to families
Eligibility	First-time parents and families with young children

Get Connected

Learn more at the [Division of Child and Family Well-Being Home Visiting Programs webpage](#) • (919-218-6913) • greer.cook@dhhs.nc.gov



Feature

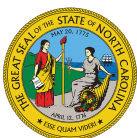
Spotlight on Success

Whitney and her mother, Carrie, moved to Mitchell County from Sioux Falls, South Dakota, and found a deep love for North Carolina and the Blue Ridge Mountains.

Recently, they navigated some unexpected adventures with immense positivity and resilience.

After Hurricane Helene, they were rescued from their home in Spruce Pine and transported to Charlotte, where Whitney safely welcomed Charlieh Ann. Despite the challenges, Whitney and Carrie have met many compassionate people and formed wonderful new friendships.

Home visitors meet families where they are, building trust that supports longterm well-being.



NC DEPARTMENT OF
HEALTH AND HUMAN SERVICES
Division of Child and Family Well-Being
NC Maternal, Infant, and Early Childhood
Home Visiting (MIECHV) Program

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