North Carolina Department of Health and Human Services Division of Mental Health, Developmental Disabilities, And Substance Abuse Services



NC-TOPPS Outcomes Report July 1, 2015 – June 30, 2016

Prepared by

Quality Management Section

Division of Mental Health, Developmental Disabilities, and Substance Abuse Services

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NC-TOPPS began as a pilot study funded through a 1997 federal Center for Substance Abuse Treatment (CSAT) grant. North Carolina was one of 14 States that received the CSAT grant. This initiative was a partnership between the federal government and grantees to prepare States for development of a system to monitor and evaluate substance abuse treatment services. Based on information gathered during the pilot period lasting approximately two years, the State's Division of Mental Health, Developmental Disabilities and Substance Abuse ("the Division") transitioned the pilot program into an on-going data collection, feedback and planning system. NC-TOPPS later became a statewide system for all publicly funded substance use disorder services. Assessment instruments were built on research findings and field practice. Individual assessment items were discussed and agreed upon by participating programs and State substance abuse services staff.

In the spring of 2004, the Division decided to expand the NC-TOPPS web-based data collection system into the mental health arena. A participatory, collaborative and consensus-building process, similar to the process used for substance abuse assessments, was established involving mental health providers, Local Management Entities, researchers and consumers to develop and improve measures for mental health. On July 1, 2005, NC-TOPPS became the statewide method of collecting information necessary for accountability, quality improvement and tracking outcomes for consumers of the State's substance abuse and mental health treatment services.

Interview information provides one method for collection of the Division's consumer functional outcomes data. Consumer functional outcomes data are the Division's source of information to monitor the impact of services. These data are also used to respond to departmental, legislative, and federal reporting requirements. NC-TOPPS accountability measures based on outcomes along with other performance measures are used for both the Community Mental Health Services Block Grant Program and the Substance Abuse Prevention and Treatment Block Grant Program reporting. In addition, the system provides data to meet SAMHSA's reporting requirements for the National Outcome Measures (NOMs) and the Treatment Episode Data System (TEDS) data as requested.

This report is comprised of seven sections with demographic and outcome data for adults, adolescents and children receiving publicly-funded services for mental health conditions and/or substance use disorders from July 1, 2015 through June 30, 2016. NC-TOPPS interviews are required for 100% of consumers ages six and older who receive qualifying services from a publicly-funded source (NC-TOPPS Guidelines Version 13.0 July 2017, page 7). Qualifying services include periodic services such as psychotherapy, individual, family or group therapy; community based services; facility based day services; opioid services; residential services, and therapeutic foster care services for children. Some interview item skip patterns are tailored to specific age and disability groups, for example, items intended only for adults with substance use disorders or items designed for women with substance use disorders who are pregnant. Depending on the topic and underlying items for a given analysis, different total numbers (N) may occur among the various graphs and tables throughout the report.

NC-TOPPS Simple Query Report

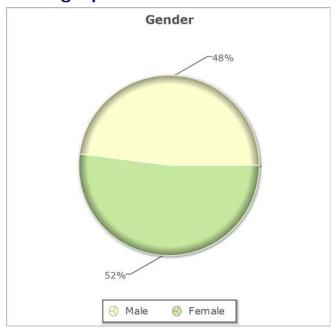
Alliance Behavioral Healthcare Cardinal Innovations CenterPoint **Eastpointe** Partners Behavioral Health Management **Sandhills Smoky Mountain**

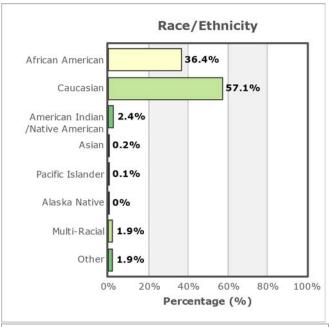
Trillium Health Resources

Adult Mental Health Consumers

Episode Completion Interviews started Wednesday, July 01, 2015 through Thursday, June 30, 2016 Number of Episode Completion Interviews: 13,004

Demographics

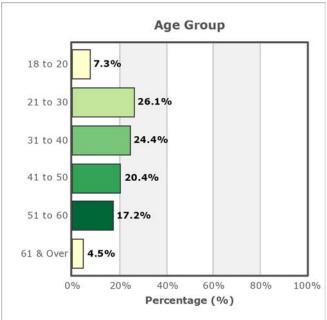


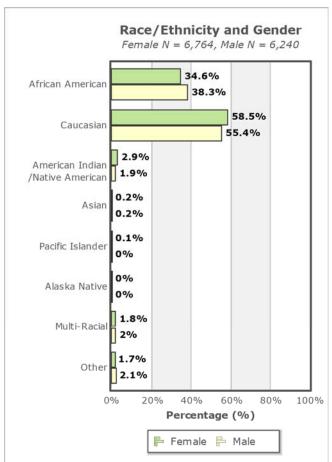


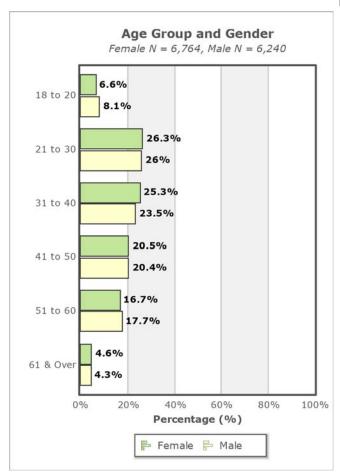
361 (2.8%) consumer(s) indicate that they are of Hispanic, Latino, or Spanish origin.

In North Carolina, people who receive publicly-funded behavioral health services participate in NC-TOPPS interviews about their health and well-being at different stages of treatment. An Initial Interview is conducted at the beginning of an episode of care during the first or second treatment visit. As explained on page nine of the NC-TOPPS Guidelines Version 13.0 (https://nctopps.ncdmh.net/Nctopps2/docs/july2017/NC-TOPPSGuidelinesVersion13.0Jul2017.pdf), "an episode is defined as the period that begins with the initiation of services and ends with the termination of services or with a lapse in services of 60 days or more. A consumer who returns to services after a lapse begins a new episode of care." Information in this report is from initial interviews and those conducted at the end of treatment, referred to as episode of care completion interviews.

The charts above and on the next page provide demographic information about adults with mental health conditions who received publicly-funded behavioral health services. From 7/1/2015-6/30/2016, there were 13,004 interviews conducted at the end of an episode of care with adults with mental health conditions. Because people may have had more than one episode of care during a year, they might be counted more than once.







Total number of episode completion interviews with adults with mental health conditions who received publicly-funded behavioral health services is 13,004.

Services

| Community Based Services | | |
|--|------------------------|-------|
| | Initial | EC |
| H0040 - Assertive Community Treatment Team (ACTT) | 11.8% | 13.8% |
| H2015, H2015 HT - Community Support Team (CST) | 20.4% | 20.8% |
| YP630 - Individual Placement and Support (IPS) Supported Employment | 2.7% N = 11,312* | 2.6% |
| H2023 U4 - Supported Employment | 1.7% N = 11,312* | 1.7% |
| H2026 U4 - Ongoing Supported Employment | 0.0% N = 11,312* | 0.1% |

| * - | Interview(s) | were co | mpleted | before |
|-----|--------------|---------|----------|--------|
| the | question was | s added | to NC-TO | OPPS. |

| Facility Based Day Services | | |
|---|---------|------|
| | Initial | EC |
| H0035 - Mental Health - Partial Hospitalization | 1.9% | 1.8% |
| H2012 HA - Child and Adolescent Day Treatment | 0.2% | 0.2% |

Charts on this page show services that adults with mental health conditions were receiving at the time of their initial interviews and at the end of treatment on their episode completion interviews.

| Residental Services | | |
|--|---------|------|
| | Initial | EC |
| H0019 - Behavioral Health - Long Term Residential | 0.2% | 0.2% |
| H2020 - Residential Treatment - Level II - Program Type (Therapeutic Behavioral Services) | 0.2% | 0.2% |
| YA230 - Psychiatric Residential Treatment Facility | 0.4% | 0.4% |
| YP780 - Group Living - High | 0.5% | 0.5% |

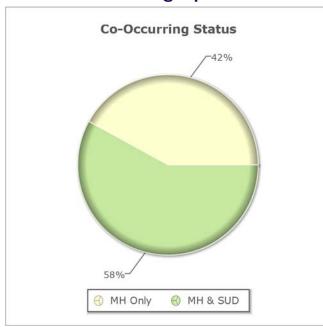
| Other Services | | |
|----------------|---------|-------|
| | Initial | EC |
| Other | 12.5% | 16.1% |

| Therapeutic Foster Care Services | | |
|--|---------|------|
| | Initial | EC |
| \$5145 - Residential Treatment - Level II - Family Type (Foster Care Therapeutic Child) | 1.2% | 1.4% |

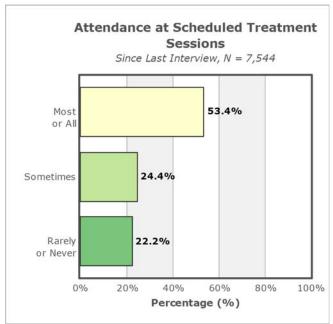
An adult with a mental health condition receiving one or more of the following publicly-funded behavioral health services will be interviewed for NC-TOPPS:

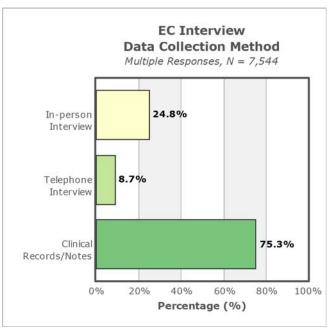
- * Assertive Community Treatment Team
- * Community Support Team
- * Ongoing Supported Employment
- * Partial Hospitalization
- * SA Medically Monitored Community Residential Treatment
- * Behavioral Health Level III Long Term Residential
- * Residential Treatment Program Type (Therapeutic Behavioral Services)
- * Group Living High

Treatment Demographics

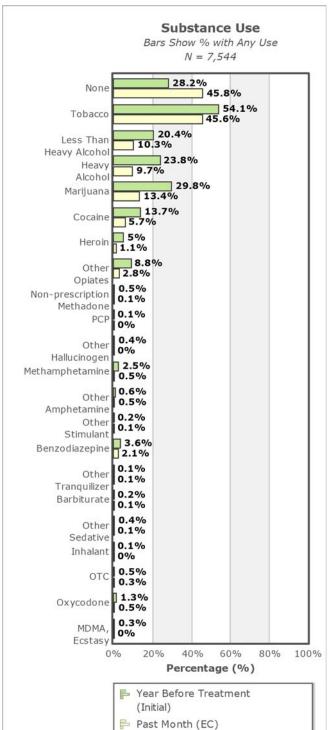


| DSM-IV/DSM 5 Diagnoses Diagnostic Category N = 7,544 | |
|--|-------|
| Major Depression | 29.7% |
| Schizophrenia | 27.1% |
| Bipolar Disorders | 24.9% |
| Anxiety Disorder | 19.8% |
| PTSD | 20.0% |
| Personality Disorders | 5.7% |
| Alcohol Abuse (DSM-IV) | 0.0% |
| Alcohol Dependence (DSM-IV) | 0.0% |
| Alcohol-Related Disorders (DSM 5) | 23.5% |
| Drug Abuse (DSM-IV) | 0.0% |
| Drug Dependence (DSM-IV) | 0.0% |
| Drug-Related Disorders (DSM 5) | 36.0% |
| * Only most commonly diagnosed conditions sh | iown. |

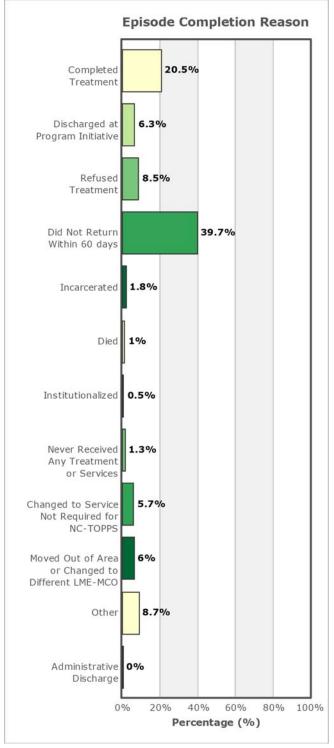




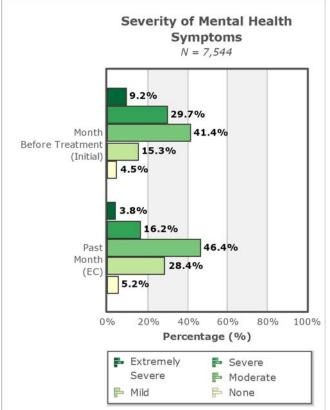
Information on this page through page 10 continues to be about adult mental health consumers with episode completion interviews conducted from 7/1/2015-6/30/2016. A person completing the item in the chart above about how data was collected (data collection method) can choose one or more of the three responses shown. The percentages within the chart are the percents of interviews in each response category for the total number of people "N", which sometimes results in a total percent greater than 100 percent.

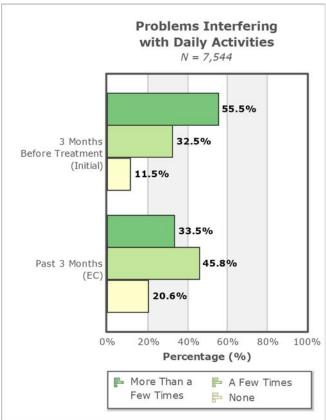


| | Number N = 7,544 |
|-----------------------|---------------------|
| TASC program consumer | 239 |

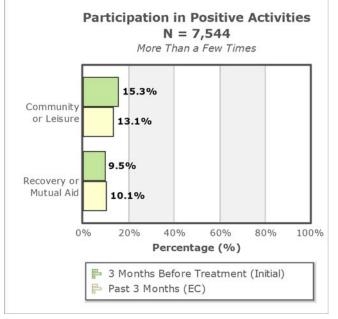


Behaviors





| Consumer Ratings on Quality of Life % Rated 'Excellent' or 'Good' N = 3,051 | | |
|--|---|--------------------------|
| | Year Before Treatment (I nitial) | Past 3 Months (EC) |
| Emotional Well-Being | 23.0% | 47.0% |
| Physical Health | 40.4% | 51.6% |
| Family Relationships | 35.9% | 49.8% |
| Living/Housing Situation | 44.4% N = 2,614 * | 59.8% |
| * - Interview(s) were completed after the question was added to NC-TOPPS. | | |



| Family and/or Friends Somewhat or Very Supportive N = 3,051 | | |
|---|-------|---------|
| Expect Received Support Support (I nitial) (EC) | | Support |
| Family Support | 85.1% | 86.8% |

| Experienced Abuse N = 3,051 | | |
|------------------------------------|---|--------------------------|
| | 3 Months Before Treatment (I nitial) | Past 3 Months (EC) |
| Physical Violence | 11.0% | 6.3% |
| Hit/Physically Hurt Another Person | 12.8% | 6.8% |

Justice System Involvement
N = 7,544
1,275 (16.9%) consumer(s) were under supervision at the time of their EC interview.

| their Lo interview. | | |
|--|---|--------------------------|
| | Month Before Treatment (I nitial) | Past Month (EC) |
| Arrests N = 7,544 | 3.8% | 3.7% |
| | 3 Months Before Treatment (I nitial) | Past 3 Months (EC) |
| Nights in Jail or Detention N = 3,051 | 7.6% | 4.4% |

| Suicide I deation and Hurting Self N = 3,051 | | |
|--|---|---------------------------------|
| | Ever (I nitial) | Since Last Interview (EC) |
| Suicidal Attempts | 45.0% | 3.1% |
| | 3 Months Before Treatment (I nitial) | Since Last Interview (EC) |
| Suicidal Thoughts | 42.9% | 22.8% |
| Tried to Hurt or Cause Self Pain | 14.3% | 6.0% |

Psychotropic Medications at EC 5,947 (78.8%) consumer(s) have had a prescription for psychotropic medications in the past month. Of those, 4,434 (74.6%) take their medication as prescribed all or most of the time.

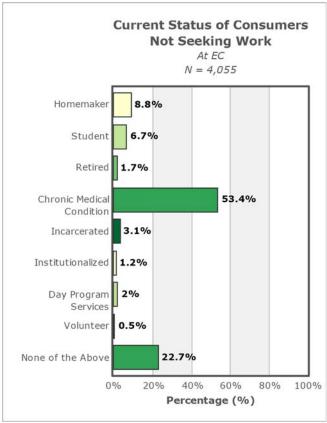
Employment/Housing

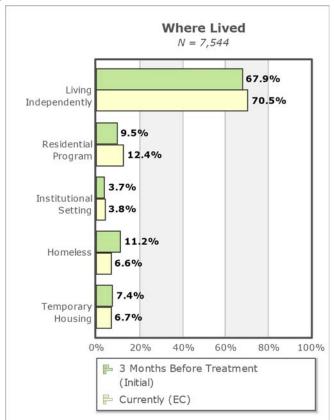
| Employment N = 7,544 | | |
|---------------------------------|---|-------------------|
| | 3 Months Before Treatment (I nitial) | Currently (EC) |
| % In Labor Force | 50.4% | 46.2% |
| Of those in the labor force (N) | 3,804 | 3,489 |
| Employed Full-time | 9.1% | 15.4% |
| Employed Part-time | 15.2% | 22.0% |
| Unemployed (seeking work) | 75.7% | 62.6% |

| Job Classification | | |
|--|--------------------|-----------------|
| | Initial N = 830 | EC N = 1,305 |
| Professional, Technical, or Managerial | 8.7% | 7.7% |
| Clerical or Sales | 11.7% | 10.8% |
| Service Occupation | 41.4% | 44.9% |
| Agricultural or Related Occupation | 2.7% | 1.9% |
| Processing Occupation | 2.3% | 3.6% |
| Machine Trades | 1.4% | 1.5% |
| Bench Work | 1.0% | 1.8% |
| Structural Work | 8.9% | 8.8% |
| Miscellaneous Occupation | 21.9% | 19.0% |

| Employee Benefits | | |
|-----------------------|--------------------|-----------------|
| | Initial N = 830 | EC N = 1,305 |
| Insurance | 7.5% | 9.0% |
| Paid Time Off | 6.4% | 7.6% |
| Meal/Retail Discounts | 7.7% | 7.1% |
| Other | 3.3% | 5.1% |
| None | 80.6% | 77.7% |

| Rate of Pay | | |
|--------------------|--------------------|-----------------|
| | Initial N = 830 | EC N = 1,305 |
| Above Minimum Wage | 52.4% | 54.0% |
| Minimum Wage | 40.2% | 39.9% |
| Below Minimum Wage | 7.3% | 6.1% |





| Times Moved Residences Past 3 Months (EC) N = 7,544 | |
|--|-------|
| No Moves | 70.2% |
| Moved Once | 19.7% |
| Moved Two or More Times | 10.1% |

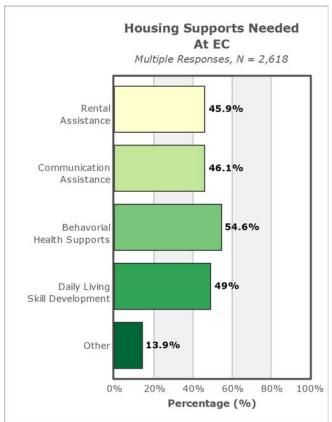
| Homeless Consumers | 3 Months Before Treatment (I nitial) | Currently (EC) |
|--------------------|---|-------------------|
| In Shelters | 533 | 337 |
| Not In Shelters | 310 | 159 |
| Total Homeless (N) | 843 | 496 |

Service Needs

| Services Deemed Important at Initial a | and |
|--|-----|
| Received at EC | |
| Multiple Despenses N. 7 F44 | |

| Multiple Responses, N = 7,544 | | |
|---|----------------------|-------|
| | Initial | EC |
| Education | 37.4% | 16.7% |
| Job | 47.3% | 26.2% |
| Housing | 50.3% | 34.7% |
| Transportation | 44.4% | 31.3% |
| Child Care | 6.6% | 2.5% |
| Medical | 45.4% | 35.2% |
| Dental | 26.9% N = 6,332 * | 7.6% |
| Screening/Treatment Referral for HIV/TB/HEP | N/A | 3.3% |
| Legal | 18.8% | 14.6% |
| Volunteer Opportunities | 11.9% N = 6,332 * | 5.3% |
| None | 12.1% | 27.1% |

^{* -} Interview(s) were completed before the question was added to NC-TOPPS.



| Barriers to Treatment Multiple Responses, N = 7,544 | | |
|--|---------------------|-------|
| | Initial | EC |
| No Difficulties | 66.2% | 56.1% |
| Active MH Symptoms | 20.2% | 22.4% |
| Active SA Symptoms | 8.1% | 10.0% |
| Physical Health | 4.0% | 5.3% |
| Family Issues | 3.0% | 4.4% |
| Needs Not Met | 1.3% | 1.5% |
| Engagement | 5.6% | 12.4% |
| Cost | 4.5% | 2.2% |
| Stigma /Discrimination | 1.4% | 0.6% |
| Treatment /Auth. Access | 2.1% | 1.3% |
| Deaf/Hard of Hearing | 0.2% | 0.2% |
| Language/Comm. | 0.2% | 0.1% |
| Legal Reasons | 1.9% | 2.6% |
| Transportation | 10.9% | 8.0% |
| Scheduling Issues | 4.5% | 7.4% |
| Lack of Stable Housing | 5.8% N = 6,332 * | 4.4% |
| Personal Safety | 1.0% N = 6,332 * | 0.6% |

| Crisis/Hospital Care Past 3 Months N = 3,051 | | |
|---|---|--------------------------|
| | 3 Months Before Treatment (I nitial) | Past 3 Months (EC) |
| Crisis Contacts | 31.8% | 16.7% |
| ER Visits | 38.8% | 23.1% |
| Medical/Surgical Hospital Nights | 14.0% | 7.1% |
| Psychiatric Inpatient Hospital Nights | 26.1% N = 2,614 * | 10.7% |
| * - Interview(s) were completed after the question was added to NC-TOPPS. | | |

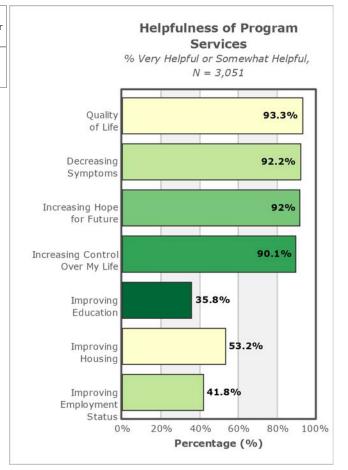
^{* -} Interview(s) were completed before the question was added to NC-TOPPS.

Routine Health Care

Among 3,051 consumer(s), 1,906 (62.5%) have seen their provider for a routine check-up since the last interview.

Routine Dental Care

Among 3,051 consumer(s), 688 (22.5%) have seen their dentist for a routine check-up since the last interview.



| Pregnancy Female N = 1,733 | Number |
|----------------------------------|--------|
| Gave Birth in Past Year | 56 |
| Currently Pregnant | 31 |
| Uncertain about Pregnancy Status | 24 |
| In First Trimester* | 7 |
| In Second Trimester* | 13 |
| In Third Trimester* | 11 |
| Referred to Prenatal Care* | 31 |
| Receiving Prenatal Care* | 30 |

^{*} of those who are pregnant.

NC-TOPPS Simple Query Report

Alliance Behavioral Healthcare Cardinal Innovations CenterPoint Eastpointe

Partners Behavioral Health Management

Sandhills

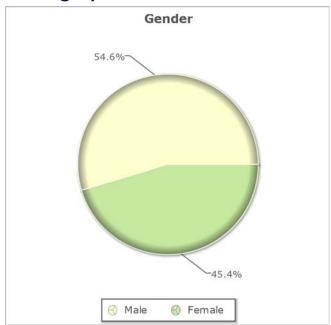
Smoky Mountain

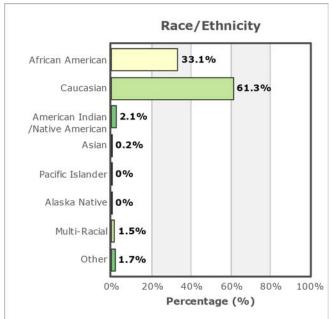
Trillium Health Resources

Adult Substance Use Disorder Consumers

Episode Completion Interviews started *Wednesday, July 01, 2015* through *Thursday, June 30, 2016* **Number of Episode Completion Interviews:** 23,401

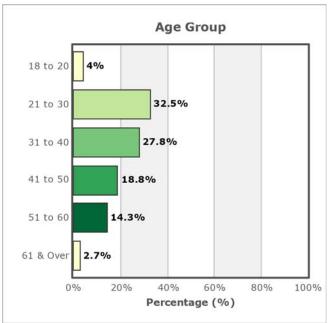
Demographics

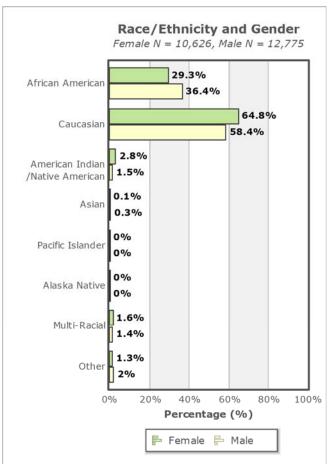


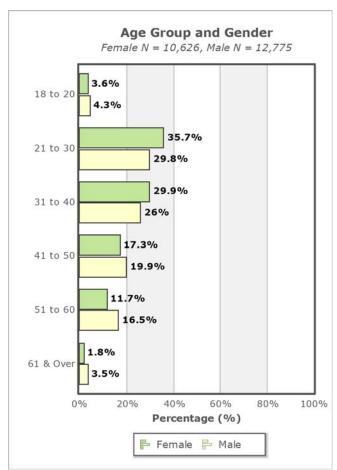


 $593\ (2.5\%)$ consumer(s) indicate that they are of Hispanic, Latino, or Spanish origin.

The charts above and on the next page provide demographic information about adults with substance use disorders who received publicly-funded behavioral health services. From 7/1/2015-6/30/2016, there were 23,401 interviews conducted with adults with substance use disorders at the end of an episode of care. Because people may have had more than one episode of care during a year, they might be counted more than once.







Total number of episode completion interviews with adults with a substance use disorder is 23,401.

An adult with a substance use disorder receiving one or more of the following publicly-funded behavioral health services will be interviewed for NC-TOPPS:

Periodic Services

- * Psychotherapy
- * Family Therapy without Patient
- * Family Therapy with Patient
- * Group Therapy (multiple family group)
- * Group Therapy (non-multiple family group)
- * Behavioral Health Counseling Individual Therapy
- * Behavioral Health Counseling Group Therapy
- * Behavioral Health Counseling Family Therapy with Consumer
- * Behavioral Health Counseling Family Therapy without Consumer
- * Behavioral Health Counseling (non-licensed provider)
- * Behavioral Health Counseling Group Therapy (non-licensed provider)
- * Behavioral Health Counseling Family Therapy with Consumer (non-licensed provider)
- * Behavioral Health Counseling Family Therapy without Consumer (non-licensed provider)
- * Alcohol and/or Drug Group Counseling
- * Alcohol and/or Drug Group Counseling (non-licensed provider)

Community Based Services

- * Substance Abuse Intensive Outpatient Program (SAIOP)
- * Assertive Community Treatment Team (ACTT)
- * Community Support Team (CST)
- * Intensive In-Home Services (IIH)
- * Multisystemic Therapy Services (MST)
- * Substance Abuse Comprehensive Outpatient Treatment (SACOT)
- * Individual Placement and Support (IPS) Supported Employment
- * Supported Employment
- * Ongoing Supported Employment

Facility Based Day Services

* Mental Health - Partial Hospitalization

Opioid Services

* Opioid Treatment Programs

Residential Services

- * SA Non-Medical Community Residential Treatment Adult
- * SA Medically Monitored Community Residential Treatment
- * Behavioral Health Level III Long Term Residential
- * Residential Treatment Program Type (Therapeutic Behavioral Services)
- * Group Living High

Services

| Periodic Services | | |
|--|---------|-------|
| | Initial | EC |
| 90832-90838 - Psychotherapy | 16.5% | 19.5% |
| 90846 - Family Therapy without Patient | 0.3% | 0.2% |
| 90847 - Family Therapy with Patient | 1.2% | 1.1% |
| 90849 - Group Therapy (multiple family group) | 1.1% | 1.1% |
| 90853 - Group Therapy (non-multiple family group) | 11.4% | 15.2% |
| H0004 - Behavioral Health Counseling - Individual Therapy | 9.6% | 10.2% |
| H0004 HQ - Behavioral Health Counseling - Group Therapy | 5.8% | 5.9% |
| H0004 HR - Behavioral Health Counseling - Family Therapy with Consumer | 0.9% | 0.8% |
| H0004 HS - Behavioral Health Counseling - Family Therapy without Consumer | 0.3% | 0.2% |
| YP831 - Behavioral Health Counseling (non-licensed provider) | 1.9% | 2.0% |
| YP832 - Behavioral Health Counseling - Group Therapy (non-licensed provider) | 1.3% | 1.3% |
| YP833 - Behavioral Health Counseling - Family Therapy with Consumer (non-licensed provider) | 0.3% | 0.2% |
| YP834 - Behavioral Health Counseling - Family Therapy without Consumer (non-licensed provider) | 0.1% | 0.2% |
| H0005 - Alcohol and/or Drug Group Counseling | 16.3% | 17.1% |
| YP835 - Alcohol and/or Drug Group Counseling (non-licensed provider) | 4.9% | 5.3% |

| Community Based Services | | |
|--|------------------------|-------|
| | Initial | EC |
| H0015 - Substance Abuse Intensive Outpatient Program (SAIOP) | 32.2% | 32.6% |
| H0040 - Assertive Community Treatment Team (ACTT) | 1.1% | 1.4% |
| H2015, H2015 HT - Community Support Team (CST) | 2.7% | 2.9% |
| H2035 - Substance Abuse Comprehensive Outpatient Treatment (SACOT) | 10.4% | 10.5% |
| YP630 - Individual Placement and Support (IPS) Supported Employment | 0.3% N = 21,812* | 0.4% |
| H2023 U4 - Supported Employment | 0.1% N = 21,812* | 0.2% |
| H2026 U4 - Ongoing Supported Employment | 0.0% N = 21,812* | 0.0% |
| * - Interview(s) were completed before the question was added to NC-TOPPS. | | |

Charts on this page show services that adults with substance use disorders were receiving at the time of their initial interviews and at the end of treatment on their episode completion interviews.

| Facility Based Day Services | | |
|---|---------|------|
| | Initial | EC |
| H0035 - Mental Health - Partial Hospitalization | 0.0% | 0.1% |
| H2012 HA - Child and Adolescent Day Treatment | 0.0% | 0.0% |

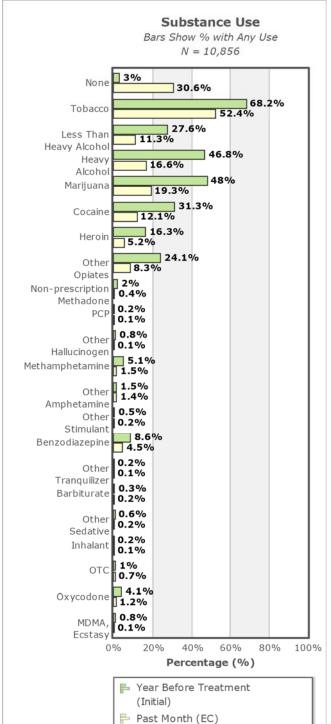
| Residental Services | | |
|--|---------|------|
| | Initial | EC |
| H0012 HB - SA Non-Medical Community Residential Treatment - Adult | 1.3% | 1.5% |
| H0013 - SA Medically Monitored Community Residential Treatment | 0.2% | 0.3% |
| H0019 - Behavioral Health - Long Term Residential | 0.0% | 0.0% |
| H2020 - Residential Treatment - Level II - Program Type (Therapeutic Behavioral Services) | 0.0% | 0.1% |
| YA230 - Psychiatric Residential Treatment Facility | 0.0% | 0.0% |
| YP780 - Group Living - High | 7.2% | 7.3% |

| Opioid Services | | |
|--------------------------|---------|-------|
| | Initial | EC |
| H0020 - Opioid Treatment | 9.6% | 11.4% |

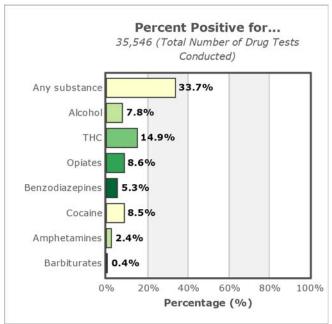
| Therapeutic Foster Care Services | | |
|--|---------|------|
| | Initial | EC |
| S5145 - Residential Treatment - Level II - Family Type (Foster Care Therapeutic Child) | 0.0% | 0.1% |

| Other Services | | |
|----------------|---------|------|
| | Initial | EC |
| Other | 7.5% | 9.1% |

Substance Use



| Drug Test Results N = 10,856 | Past 3 Months (EC) |
|---|--------------------------|
| Number of Consumer(s) Tested | 6601 |
| Percent of Consumer(s) Tested | 60.8% |
| Average # of Tests for Each Consumer Tested | 5.4 |

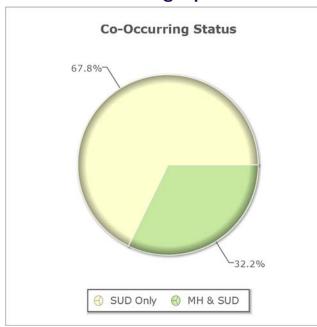


Information on this page through page 23 continues to be about adults with substance use disorders with episode completion interviews conducted from 7/1/2015-6/30/2016.

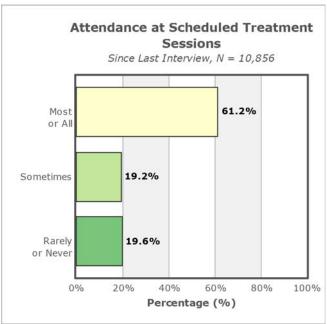
| Needles Used To Inject Drugs, Non-Medically N = 4,440 | |
|---|------|
| Needle Use Past 3 Months | 7.8% |

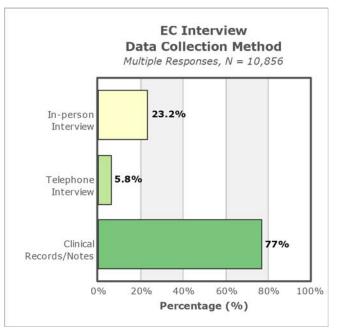
| Consumers in Special Programs | Number N = 10,856 |
|---------------------------------------|-------------------------|
| Enrolled in Maternal/Pregnant Program | 315 |
| CASAWORKS consumer | 151 |
| Work First Consumer | 216 |
| Methadone Consumer | 711 |

Treatment Demographics



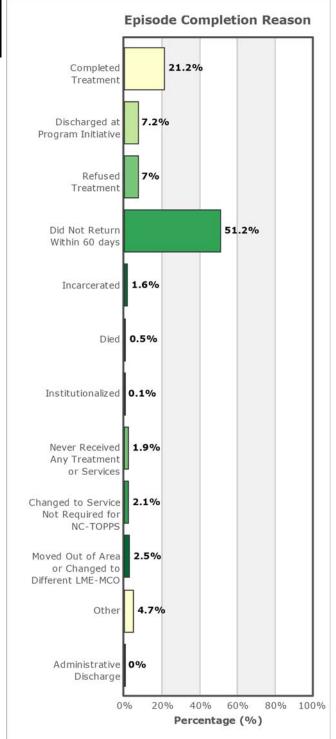
| DSM-IV/DSM 5 Diagnoses Diagnostic Category N = 10,856 | |
|---|-------|
| Drug Dependence (DSM-IV) | 0.0% |
| Alcohol Dependence (DSM-IV) | 0.0% |
| Drug Abuse (DSM-IV) | 0.0% |
| Alcohol Abuse (DSM-IV) | 0.0% |
| Drug-Related Disorders (DSM 5) | 76.6% |
| Alcohol-Related Disorders (DSM 5) | 49.9% |
| Anxiety Disorder | 11.1% |
| Major Depression | 16.0% |
| Bipolar Disorders | 10.3% |
| Schizophrenia | 5.9% |
| Personality Disorders | 2.1% |
| PTSD | 9.3% |
| * Only most commonly diagnosed conditions sh | nown. |



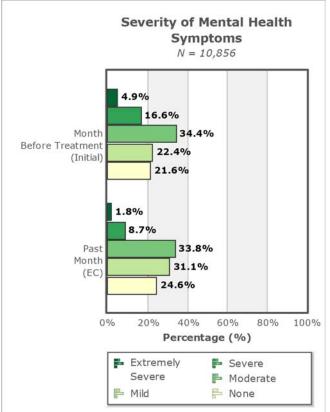


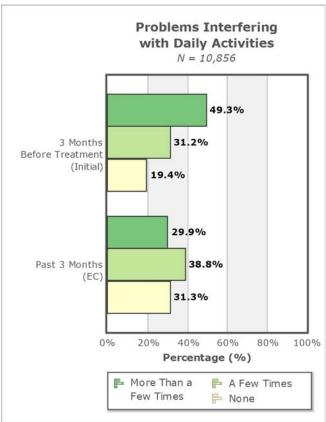
A person completing the item in the chart above about how data was collected (data collection method) can choose one or more of the three responses shown. The percentages within the chart are the percents of interviews in each response category for the total number of people "N", which sometimes results in a total percent greater than 100 percent.

| Consumers in Special Programs | Number N = 10,856 |
|-------------------------------|-------------------------|
| TASC program consumer | 1,111 |

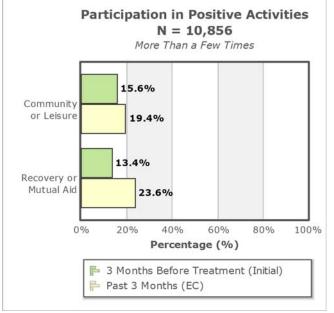


Behaviors





| Consumer Ratings on Quality of Life % Rated 'Excellent' or 'Good' N = 4,440 | | |
|--|---|--------------------------|
| | Year Before Treatment (I nitial) | Past 3 Months (EC) |
| Emotional Well-Being | 29.7% | 55.1% |
| Physical Health | 43.9% | 60.3% |
| Family Relationships | 37.6% | 56.0% |
| Living/Housing Situation | 43.7% N = 4,236 * | 60.2% |
| * - Interview(s) were completed the question was added to NC-T | | |



| Family and/or Friends Somewhat or Very Supportive N = 4,440 | | |
|---|---------------------------------|-----------------------------|
| | Expect Support (I nitial) | Received Support (EC) |
| Family Support | 92.3% | 92.6% |

| Experienced Abuse N = 4,440 | | |
|--------------------------------|---|--------------------------|
| | 3 Months Before Treatment (I nitial) | Past 3 Months (EC) |
| Physical Violence | 12.9% | 6.0% |
| Hit/Physically Hurt Someone | 10.7% | 4.7% |

Justice System Involvement N = 10,856 3,231 (29.8%) consumer(s) were under supervision at the time of their EC interview.

| their LC litter view. | | |
|--|---|--------------------------|
| | Month Before Treatment (I nitial) | Past Month (EC) |
| Arrests N = 10,856 | 5.9% | 3.9% |
| | 3 Months Before Treatment (I nitial) | Past 3 Months (EC) |
| Nights in Jail or Detention N = 4,440 | 15.4% | 7.0% |

| Suicide I deation and Hurting Self N = 4,440 | | |
|--|---|---------------------------------|
| | Ever (I nitial) | Since Last Interview (EC) |
| Suicidal Attempts | 26.9% | 1.5% |
| | 3 Months Before Treatment (I nitial) | Since Last Interview (EC) |
| Suicidal Thoughts | 23.8% | 6.3% |
| Tried to Hurt or Cause Self Pain | 6.4% | 2.0% |

Psychotropic Medications at EC 4,614 (42.5%) consumer(s) have had a prescription for psychotropic medications in the past month. Of those, 3,567 (77.3%) take their medication as prescribed all or most of the time.

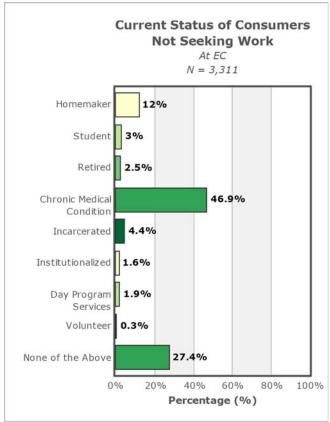
Employment/Housing

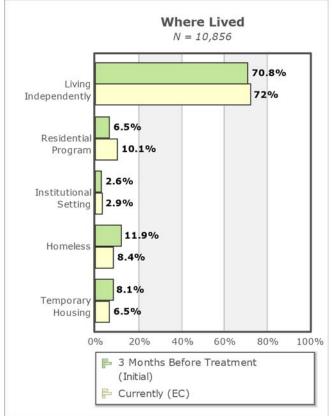
| Employment N = 10,856 | | |
|---------------------------------|---|-------------------|
| | 3 Months Before Treatment (I nitial) | Currently (EC) |
| % In Labor Force | 71.2% | 69.5% |
| Of those in the labor force (N) | 7,731 | 7,545 |
| Employed Full-time | 16.5% | 21.8% |
| Employed Part-time | 15.7% | 17.8% |
| Unemployed (seeking work) | 67.8% | 60.3% |

| Job Classification | | |
|--|----------------------|-----------------|
| | Initial N = 2,359 | EC N = 2,994 |
| Professional, Technical, or Managerial | 9.5% | 8.0% |
| Clerical or Sales | 6.7% | 7.5% |
| Service Occupation | 33.7% | 39.8% |
| Agricultural or Related Occupation | 3.6% | 3.1% |
| Processing Occupation | 2.3% | 3.5% |
| Machine Trades | 2.8% | 2.0% |
| Bench Work | 2.4% | 3.2% |
| Structural Work | 14.1% | 14.3% |
| Miscellaneous Occupation | 24.8% | 18.5% |

| Employee Benefits | | |
|-----------------------|----------------------|-----------------|
| | Initial N = 2,359 | EC N = 2,994 |
| Insurance | 6.8% | 9.5% |
| Paid Time Off | 7.0% | 8.2% |
| Meal/Retail Discounts | 6.9% | 7.1% |
| Other | 4.2% | 5.5% |
| None | 81.1% | 77.2% |

| Rate of Pay | | |
|--------------------|----------------------|-----------------|
| | Initial N = 2,359 | EC N = 2,994 |
| Above Minimum Wage | 64.5% | 67.3% |
| Minimum Wage | 28.7% | 28.1% |
| Below Minimum Wage | 6.8% | 4.6% |





| Times Moved Residences Past 3 Months (EC) N = 10,856 | |
|--|-------|
| No Moves | 69.6% |
| Moved Once | 19.3% |
| Moved Two or More Times | 11.1% |

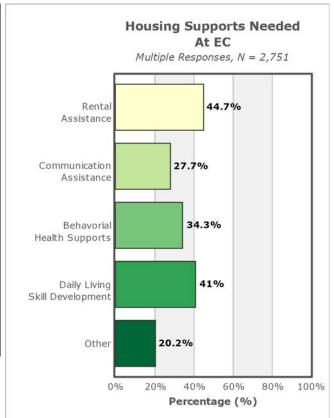
| Homeless Consumers | 3 Months Before Treatment (I nitial) | Currently (EC) |
|--------------------|---|-------------------|
| In Shelters | 798 | 637 |
| Not In Shelters | 496 | 279 |
| Total Homeless (N) | 1294 | 916 |

Service Needs

| Services Deemed Important at Initial and |
|--|
| Received at EC |
| Multiple Despenses N - 10 9F4 |

| Multiple Responses, N = 10,856 | | |
|---|--------------------------|-------|
| | Initial | EC |
| Education | 34.7% | 16.1% |
| Job | 47.4% | 22.1% |
| Housing | 40.4% | 25.3% |
| Transportation | 37.2% | 23.9% |
| Child Care | 9.5% | 4.5% |
| Medical | 36.9% | 25.6% |
| Dental | 28.2% N = 10,141 * | 7.4% |
| Screening/Treatment Referral for HIV/TB/HEP | N/A | 10.4% |
| Legal | 26.2% | 20.5% |
| Volunteer Opportunities | 11.1% N = 10,141 * | 5.2% |
| None | 18.5% | 35.2% |

^{* -} Interview(s) were completed before the question was added to NC-TOPPS.



| Barriers to Treatment Multiple Responses, N = 10,856 | | |
|---|-------------------------|-------|
| | Initial | EC |
| No Difficulties | 73.4% | 64.9% |
| Active MH Symptoms | 7.7% | 8.6% |
| Active SA Symptoms | 13.0% | 17.1% |
| Physical Health | 2.3% | 2.9% |
| Family Issues | 1.9% | 2.4% |
| Needs Not Met | 1.2% | 0.9% |
| Engagement | 3.1% | 8.2% |
| Cost | 4.3% | 1.8% |
| Stigma /Discrimination | 0.7% | 0.2% |
| Treatment /Auth. Access | 1.9% | 0.8% |
| Deaf/Hard of Hearing | 0.1% | 0.1% |
| Language/Comm. | 0.1% | 0.0% |
| Legal Reasons | 1.9% | 2.9% |
| Transportation | 7.2% | 6.9% |
| Scheduling Issues | 3.3% | 5.7% |
| Lack of Stable Housing | 3.4% N = 10,141 * | 2.6% |
| Personal Safety | 0.6% N = 10,141 * | 0.3% |

| Crisis/Hospital Care Past 3 Months N = 4,440 | | |
|--|---|--------------------------|
| | 3 Months Before Treatment (I nitial) | Past 3 Months (EC) |
| Crisis Contacts | 22.3% | 13.0% |
| ER Visits | 36.9% | 21.8% |
| Medical/Surgical Hospital Nights | 15.8% | 8.4% |
| Psychiatric Inpatient Hospital Nights | 13.8% N = 4,236 * | 6.5% |
| * - Interview(s) were completed after the question was added to NC-TOPPS. | | |

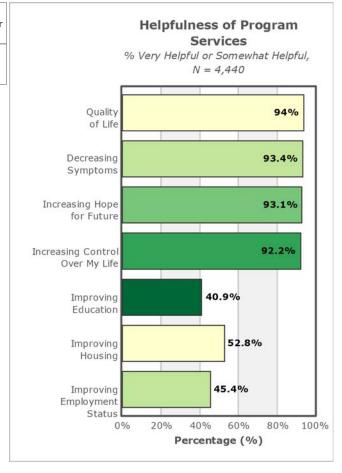
^{* -} Interview(s) were completed before the question was added to NC-TOPPS.

Routine Health Care

Among 4,440 consumer(s), 1,987 (44.8%) have seen their provider for a routine check-up since the last interview.

Routine Dental Care

Among 4,440 consumer(s), 595 (13.4%) have seen their dentist for a routine check-up since the last interview.

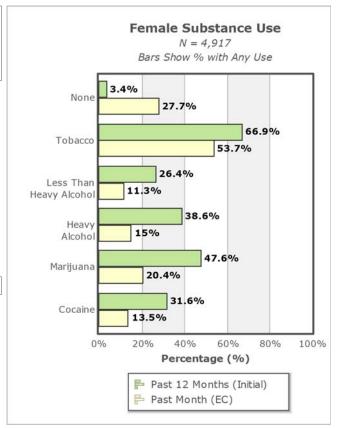


Maternal/Perinatal

Female Substance Use Consumers

Several questions on the NC-TOPPS interview are asked only to female consumers. The tables and charts on this page show the results for those questions. In addition, several other charts are shown for females only. The number of female consumer(s) is $10,626 \ (45.4\%)$.

| Pregnancy Female N = 2,012 | Number |
|----------------------------------|--------|
| Gave Birth in Past Year | 148 |
| Currently Pregnant | 66 |
| Uncertain about Pregnancy Status | 23 |
| In First Trimester* | 9 |
| In Second Trimester* | 26 |
| In Third Trimester* | 31 |
| Referred to Prenatal Care* | 61 |
| Receiving Prenatal Care* | 63 |
| * of those who are pregnant. | |



Females with Children Under 18

Of the 4,917 female consumer(s), 2,680 (54.5%) have children under the age of 18.

DSS Involvement Since Last Interview Among Females with Children Under 18 N = 2,680 Investigated by DSS for Child Abuse/Neglect 8.9%

Sexual Risk Activity Among Females

Participation in any one or more of these activities: (a) had sex with someone who was not your spouse or primary partner, (b) knowingly had sex with someone who injected drugs, or (c) traded, gave, or received sex for drugs.

| N = 2,012 | |
|------------------|------|
| In Past 3 Months | 7.5% |

| Females Forced or Pressured to Do Sexual Acts N = 2,012 | |
|--|------|
| In Past 3 Months | 2.8% |

| Females Experienced Abuse Past 3 Months N = 2,012 | |
|---|------|
| Physical Violence | 7.4% |
| Hit/Physically Hurt Another Person | 5.3% |

| Suicide I deation and Hurting Self, Since Last Interview Among Females N = 2,012 | |
|--|------|
| Suicidal Attempts | 1.5% |
| Suicidal Thoughts | 7.5% |
| Tried to Hurt or Cause Self Pain | 2.6% |

NC-TOPPS Simple Query Report

OTP - Addiction Recovery Medical Services

OTP - Alcohol and Drug Services

OTP - BAART Community Health Care

OTP - Behavioral Health Group

OTP - Carolina Treatment Center

OTP - Charlotte Treatment Center

OTP - Chatham Recovery

OTP - Crossroads Treatment Center - Asheville

OTP - Crossroads Treatment Center - Greensboro

OTP - Crossroads Treatment Center - Weaverville

OTP - Durham Metro Treatment Center

OTP - Fayetteville Treatment Center

OTP - Greensboro Metro Treatment Center

OTP - Greenville Recovery Center

OTP - Guardian Treatment Center

OTP - Hickory Metro Treatment Center

OTP - Jacksonville Treatment Center

OTP - Johnston Recovery Services

OTP - Klema Centers, LLC

OTP - Lexington Treatment Associates

OTP - Lumberton Treatment Center

OTP - McLeod Center

OTP - Morse Clinic of North Raleigh

OTP - Mountain Health Solutions

OTP - New Hanover Metro Treatment Center

OTP - Queen City/Rowan Treatment Center

OTP - Raleigh Methadone Treatment Center

OTP - Rocky Mount Treatment Center

OTP - Rowan Treatment Center

OTP - Sanford Treatment Center

OTP - Stepping Stone Wellness Center of Boone

OTP - Vance Recovery

OTP - Western Carolina Treatment Center

OTP - Western Wake Treatment Center

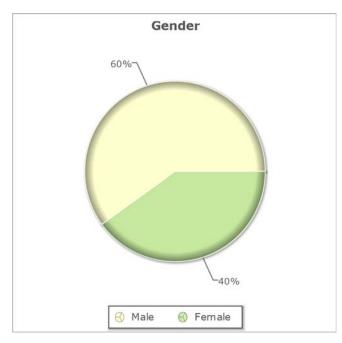
OTP - Wilson Professional Services Treatment Center

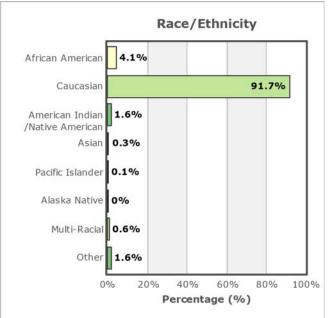
Adult Substance Use Disorder Consumers

Episode Completion Interviews started *Wednesday, July 01, 2015* through *Thursday, June 30, 2016* **Number of Episode Completion Interviews:** 5,843

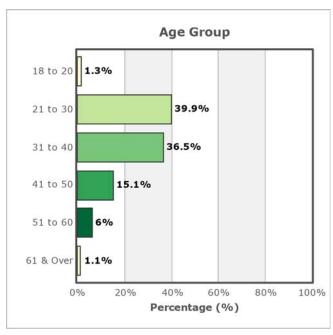
Demographics

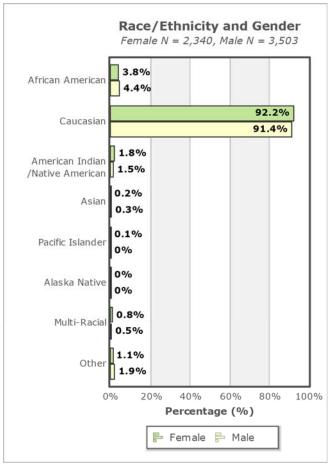
The next charts provide information about adults with substance use disorders who received services from one of the opioid treatment programs shown on the left.



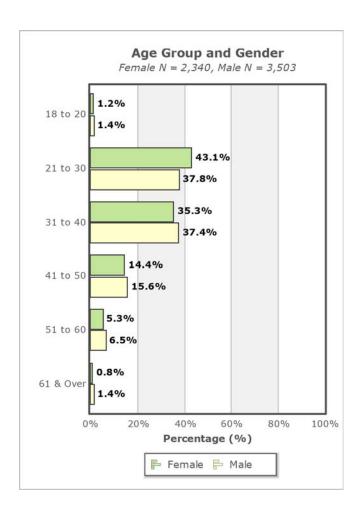


210 (3.6%) consumer(s) indicate that they are of Hispanic, Latino, or Spanish origin.





The charts above and on the next page provide demographic information about adults with substance use disorders who received services from opioid treatment programs in North Carolina. From 7/1/2015-6/30/2016, there were 5,843 interviews conducted at the end of an episode of care with adult consumers of services from opioid treatment programs. Because people may have had more than one episode of care during a year, they might be counted more than once.



Services

| Periodic Services | | |
|--|---------|------|
| | Initial | EC |
| 90832-90838 - Psychotherapy | 7.0% | 8.5% |
| 90846 - Family Therapy without Patient | 0.0% | 0.0% |
| 90847 - Family Therapy with Patient | 0.1% | 0.0% |
| 90849 - Group Therapy (multiple family group) | 0.3% | 0.3% |
| 90853 - Group Therapy (non-multiple family group) | 6.4% | 7.4% |
| H0004 - Behavioral Health Counseling - Individual Therapy | 2.0% | 2.8% |
| H0004 HQ - Behavioral Health Counseling - Group Therapy | 0.9% | 1.2% |
| H0004 HR - Behavioral Health Counseling - Family Therapy with Consumer | 0.1% | 0.2% |
| H0004 HS - Behavioral Health Counseling - Family Therapy without Consumer | 0.0% | 0.0% |
| YP831 - Behavioral Health Counseling (non-licensed provider) | 0.3% | 0.2% |
| YP832 - Behavioral Health Counseling - Group Therapy (non-licensed provider) | 0.0% | 0.0% |
| YP833 - Behavioral Health Counseling - Family Therapy with Consumer (non-licensed provider) | 0.1% | 0.0% |
| YP834 - Behavioral Health Counseling - Family Therapy without Consumer (non-licensed provider) | 0.0% | 0.0% |
| H0005 - Alcohol and/or Drug Group Counseling | 5.0% | 6.3% |
| YP835 - Alcohol and/or Drug Group Counseling (non-licensed provider) | 2.2% | 2.3% |

| Community Based Services | | |
|--|--------------------|------|
| | Initial | EC |
| H0015 - Substance Abuse Intensive Outpatient Program (SAIOP) | 1.5% | 2.1% |
| H0040 - Assertive Community Treatment Team (ACTT) | 0.0% | 0.0% |
| H2015, H2015 HT - Community Support Team (CST) | 0.0% | 0.0% |
| H2035 - Substance Abuse Comprehensive Outpatient Treatment (SACOT) | 1.8% | 2.0% |
| YP630 - Individual Placement and Support (IPS) Supported Employment | 0.0% N = 4,556* | 0.0% |
| H2023 U4 - Supported Employment | 0.0% N = 4,556* | 0.0% |
| H2026 U4 - Ongoing Supported Employment | 0.0% N = 4,556* | 0.0% |
| * - Interview(s) were completed before the guestion was added to NC-TOPPS. | | |

Charts on this page show services that adult consumers of opioid treatment programs were receiving at the time of their initial interviews and at the end of treatment on their episode completion interviews.

| Facility Based Day Services | | |
|--|---------|------|
| | Initial | EC |
| H0035 - Mental Health - Partial Hospitalization | 0.0% | 0.0% |
| H2012 HA - Child and Adolescent Day Treatment | 0.0% | 0.0% |

| Residental Services | | |
|--|---------|------|
| | Initial | EC |
| H0012 HB - SA Non-Medical Community Residential Treatment - Adult | 0.1% | 0.1% |
| H0013 - SA Medically Monitored Community Residential Treatment | 0.0% | 0.1% |
| H0019 - Behavioral Health - Long Term Residential | 0.0% | 0.0% |
| H2020 - Residential Treatment - Level II - Program Type (Therapeutic Behavioral Services) | 0.0% | 0.0% |
| YA230 - Psychiatric Residential Treatment Facility | 0.0% | 0.0% |
| YP780 - Group Living - High | 0.0% | 0.0% |

| Opioid Services | | | |
|--------------------------|---------|-------|--|
| | Initial | EC | |
| H0020 - Opioid Treatment | 92.1% | 98.3% | |

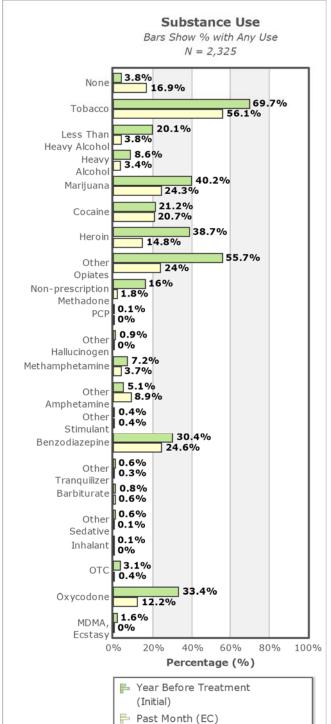
| | | Initial | EC |
|---|---|---------|----|
| 6 | S5145 - Residential Treatment - Level II - Family Type (Foster Care Therapeutic Child) | 0.0% | |
| 1 | | | |

0.0%

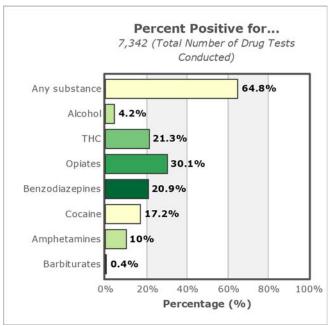
Therapeutic Foster Care Services

| Other Services | | | |
|----------------|---------|------|--|
| | Initial | EC | |
| Other | 1.0% | 1.5% | |

Substance Use



| Drug Test Results N = 2,325 | Past 3 Months (EC) |
|---|--------------------------|
| Number of Consumer(s) Tested | 2079 |
| Percent of Consumer(s) Tested | 89.4% |
| Average # of Tests for Each Consumer Tested | 3.5 |

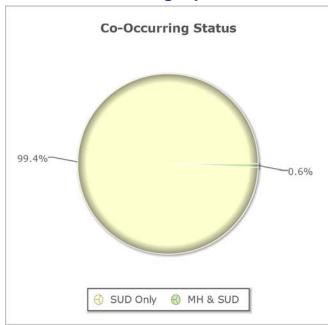


Information on this page through page 36 continues to be about adult consumers of opioid treatment programs with episode completion interviews conducted from 7/1/2015-6/30/2016.

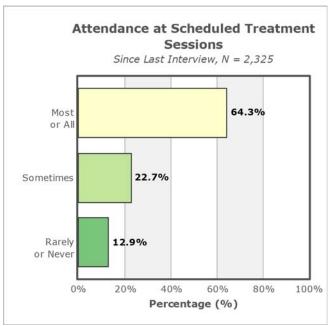
| Needles Used To Inject Drugs, Non-Medically N = 404 | |
|---|-------|
| Needle Use Past 3 Months | 14.1% |

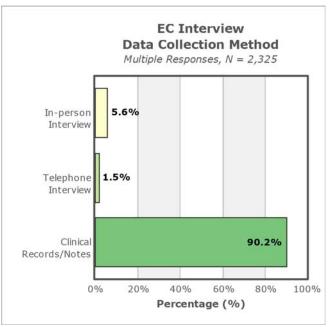
| Consumers in Special Programs | Number N = 2,325 |
|---------------------------------------|---------------------|
| Enrolled in Maternal/Pregnant Program | 16 |
| CASAWORKS consumer | 2 |
| Work First Consumer | 6 |
| Methadone Consumer | 1,961 |

Treatment Demographics



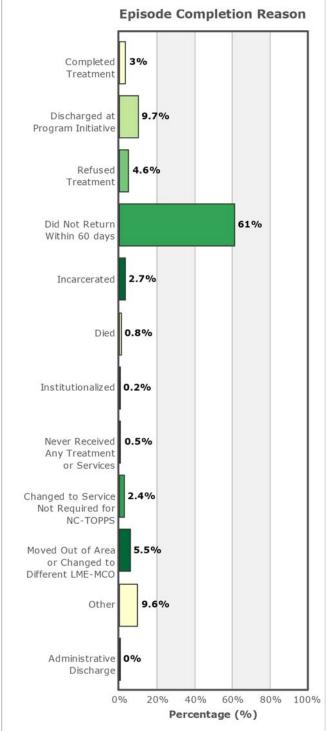
| DSM-IV/DSM 5 Diagnoses Diagnostic Category N = 2,325 | |
|--|-------|
| Drug Dependence (DSM-IV) | 0.0% |
| Alcohol Dependence (DSM-IV) | 0.0% |
| Drug Abuse (DSM-IV) | 0.0% |
| Alcohol Abuse (DSM-IV) | 0.0% |
| Drug-Related Disorders (DSM 5) | 94.2% |
| Alcohol-Related Disorders (DSM 5) | 0.8% |
| Anxiety Disorder | 4.9% |
| Major Depression | 2.3% |
| Bipolar Disorders | 2.7% |
| Schizophrenia | 0.2% |
| Personality Disorders | 0.1% |
| PTSD | 1.9% |
| * Only most commonly diagnosed conditions sh | own. |



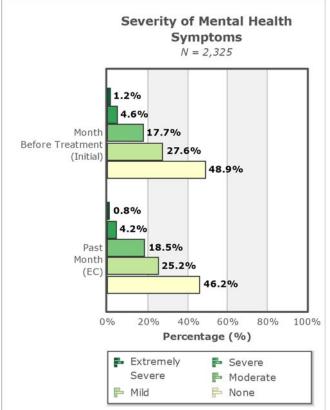


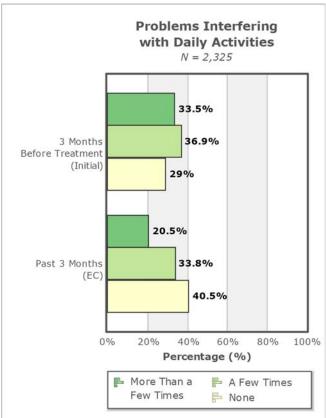
A person completing the item in the chart above about how data was collected (data collection method) can choose one or more of the three responses shown. The percentages within the chart are the percents of interviews in each response category for the total number of people "N", which sometimes results in a total percent greater than 100 percent.

| | Number N = 2,325 |
|-----------------------|---------------------|
| TASC program consumer | 35 |



Behaviors





| Consumer Ratings |
|-------------------------------|
| on Quality of Life |
| % Rated 'Excellent' or 'Good' |
| N = 404 |

| 14 – 404 | | | |
|--------------------------|---|--------------------------|--|
| | Year Before Treatment (I nitial) | Past 3 Months (EC) | |
| Emotional Well-Being | 55.9% | 58.2% | |
| Physical Health | 66.3% | 65.8% | |
| Family Relationships | 64.6% | 65.8% | |
| Living/Housing Situation | 76.0% N = 296 * | 74.1% N = 386 ** | |

- * Interview(s) were completed after the question was added to NC-TOPPS.
- ** Interview(s) were completed after the question was added to NC-TOPPS.

| P | articipatio Mor | N = 2 | | | ties |
|--|-----------------------|-----------------|----------------|-------------|------|
| Community or Leisure Recovery or Mutual Aid | 15.1% 7.4% 4.3% | | | | |
| 0% | 20% | 40% Percenta | 60% age (%) | 80% | 100% |
| | 3 Months | Before 7 | Freatmen | t (Initial) | |

| Family and/or Friends Somewhat or Very Supportive $N=404$ | | | |
|---|---------------------------------|-----------------------------|--|
| | Expect Support (I nitial) | Received Support (EC) | |
| Family Support | 94.6% | 89.9% | |

| Experienced Abuse N = 404 | | |
|------------------------------|---|--------------------------|
| | 3 Months Before Treatment (I nitial) | Past 3 Months (EC) |
| Physical Violence | 4.0% | 3.0% |
| Hit/Physically Hurt Someone | 3.2% | 2.0% |

Justice System I nvolvement
N = 2,325
414 (17.8%) consumer(s) were under supervision at the time of their EC interview.

| | Month Before Treatment (I nitial) | Past Month (EC) |
|--|---|--------------------------|
| Arrests N = 2,325 | 3.4% | 6.9% |
| | 3 Months Before Treatment (I nitial) | Past 3 Months (EC) |
| Nights in Jail or Detention N = 404 | 7.9% | 4.7% |

| Suicide I deation and Hurting Self N = 404 | | |
|--|---|---------------------------------|
| | Ever (I nitial) | Since Last Interview (EC) |
| Suicidal Attempts | 10.6% | 0.5% |
| | 3 Months Before Treatment (I nitial) | Since Last Interview (EC) |
| Suicidal Thoughts | 6.7% | 2.5% |
| Tried to Hurt or Cause Self Pain | 0.7% | 0.7% |

Psychotropic Medications at EC
N = 2,203
329 (14.9%) consumer(s) have had a prescription for psychotropic medications in the past month. Of those, 235 (71.4%) take their medication as prescribed all or most of the time.

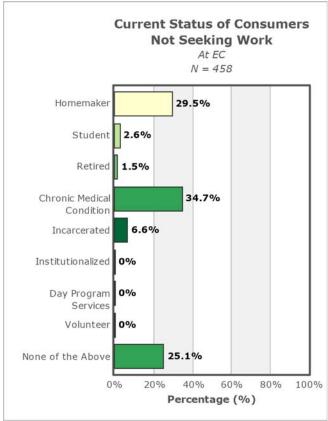
Employment/Housing

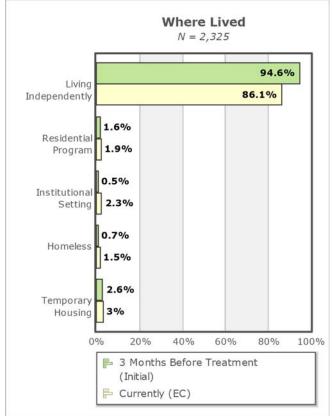
| Employment N = 2,325 | | |
|---------------------------------|---|-------------------|
| | 3 Months Before Treatment (I nitial) | Currently (EC) |
| % In Labor Force | 84.2% | 75.1% |
| Of those in the labor force (N) | 1,958 | 1,745 |
| Employed Full-time | 50.6% | 49.0% |
| Employed Part-time | 15.1% | 17.2% |
| Unemployed (seeking work) | 34.3% | 33.8% |

| Job Classification | | |
|--|--------------------|-----------------|
| | Initial N = 898 | EC N = 1,156 |
| Professional, Technical, or Managerial | 10.8% | 9.3% |
| Clerical or Sales | 5.3% | 5.9% |
| Service Occupation | 29.4% | 29.5% |
| Agricultural or Related Occupation | 3.1% | 2.3% |
| Processing Occupation | 1.8% | 3.1% |
| Machine Trades | 4.3% | 3.5% |
| Bench Work | 4.9% | 3.8% |
| Structural Work | 25.1% | 21.5% |
| Miscellaneous Occupation | 15.3% | 21.0% |

| Employee Benefits | | |
|-----------------------|--------------------|-----------------|
| | Initial N = 898 | EC N = 1,156 |
| Insurance | 16.4% | 17.4% |
| Paid Time Off | 13.3% | 12.8% |
| Meal/Retail Discounts | 3.1% | 2.3% |
| Other | 3.7% | 4.3% |
| None | 74.2% | 75.7% |

| Rate of Pay | | |
|--------------------|--------------------|-----------------|
| | Initial N = 898 | EC N = 1,156 |
| Above Minimum Wage | 85.5% | 84.0% |
| Minimum Wage | 10.7% | 12.5% |
| Below Minimum Wage | 3.8% | 3.5% |





| Times Moved Residences Past 3 Months (EC) N = 2,325 | |
|--|-------|
| No Moves | 75.7% |
| Moved Once | 14.6% |
| Moved Two or More Times | 4.5% |

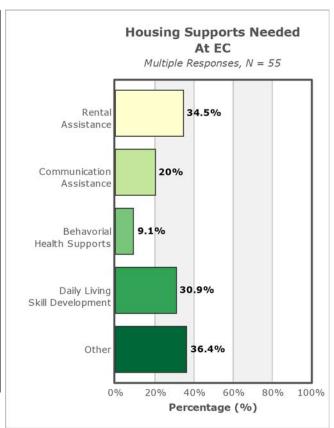
| Homeless Consumers | 3 Months Before Treatment (I nitial) | Currently (EC) |
|--------------------|---|-------------------|
| In Shelters | 9 | 11 |
| Not In Shelters | 7 | 23 |
| Total Homeless (N) | 16 | 34 |

Service Needs

| Services Deemed Imp | ortant at Initial and |
|----------------------|-----------------------|
| Received at EC | |
| Multiple Despenses N | _ 2 225 |

| Multiple Responses, N = 2,325 | | |
|---|----------------------|-------------------------|
| | Initial | EC |
| Education | 21.2% | 3.1% |
| Job | 28.7% | 10.7% |
| Housing | 10.6% | 2.4% |
| Transportation | 9.5% | 2.4% |
| Child Care | 5.2% | 0.7% |
| Medical | 16.8% | 8.3% |
| Dental | 10.7% N = 1,688 * | 1.3% N = 2,203 ** |
| Screening/Treatment Referral for HIV/TB/HEP | N/A | 9.9% |
| Legal | 8.7% | 3.7% |
| Volunteer Opportunities | 2.5% N = 1,688 * | 0.2% N = 2,203 ** |
| None | 47.7% | 69.2% |

- * Interview(s) were completed before the question was added to NC-TOPPS.
- ** Interview(s) were completed after the question was added to NC-TOPPS.



| Barriers | to Treatmer | ηt | | |
|----------|-------------|----|---|-------|
| Multiple | Responses, | N | = | 2,325 |

| | Initial | EC |
|----------------------------|---------------------|-------------------------|
| No Difficulties | 77.8% | 58.3% |
| Active MH Symptoms | 2.3% | 4.1% |
| Active SA Symptoms | 12.4% | 15.9% |
| Physical Health | 0.9% | 1.9% |
| Family Issues | 0.8% | 2.3% |
| Needs Not Met | 0.3% | 0.9% |
| Engagement | 0.7% | 3.7% |
| Cost | 7.5% | 16.2% |
| Stigma /Discrimination | 1.7% | 0.0% |
| Treatment /Auth. Access | 0.5% | 0.1% |
| Deaf/Hard of Hearing | 0.0% | 0.0% |
| Language/Comm. | 0.0% | 0.0% |
| Legal Reasons | 0.8% | 3.7% |
| Transportation | 4.3% | 10.1% |
| Scheduling Issues | 2.0% | 3.5% |
| Lack of Stable Housing | 0.8% N = 1,688 * | 2.1% N = 2,203 ** |
| Personal Safety | 0.2% N = 1,688 * | 0.9% N = 2,203 ** |

- * Interview(s) were completed before the question was added to NC-TOPPS.
- ** Interview(s) were completed after the question was added to NC-TOPPS.

| ı | Crisis/Hospital Care |
|---|----------------------|
| ı | Past 3 Months |
| ı | N - 404 |

| | 3 Months Before Treatment (I nitial) | Past 3 Months (EC) |
|--|---|--------------------------|
| Crisis Contacts | 3.0% | 2.7% |
| ER Visits | 12.4% | 9.2% |
| Medical/Surgical Hospital Nights | 2.7% | 3.5% |
| Psychiatric Inpatient Hospital Nights | 1.7% N = 296 * | 0.8% N = 386 ** |

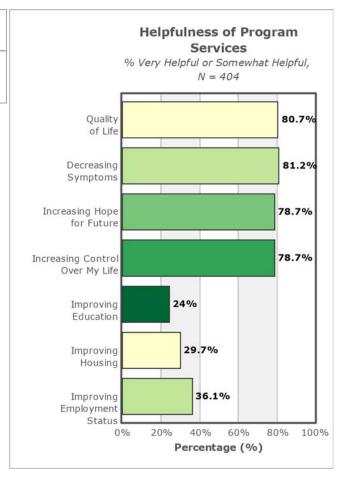
- * Interview(s) were completed after the question was added to NC-TOPPS.
- ** Interview(s) were completed after the question was added to NC-TOPPS.

Routine Health Care

Among 404 consumer(s), 93 (23%) have seen their provider for a routine check-up since the last interview.

Routine Dental Care

Among 386 consumer(s), 35 (9.1%) have seen their dentist for a routine check-up since the last interview. 18 consumer interview(s) were completed before this question was added to NC-TOPPS.

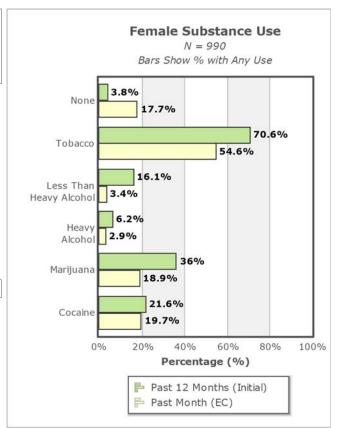


Maternal/Perinatal

Female Substance Use Consumers

Several questions on the NC-TOPPS interview are asked only to female consumers. The tables and charts on this page show the results for those questions. In addition, several other charts are shown for females only. The number of female consumer(s) is 2,340 (40%).

| Pregnancy Female N = 176 | Number |
|----------------------------------|--------|
| Gave Birth in Past Year | 10 |
| Currently Pregnant | 8 |
| Uncertain about Pregnancy Status | 1 |
| In First Trimester* | 3 |
| In Second Trimester* | 1 |
| In Third Trimester* | 4 |
| Referred to Prenatal Care* | 7 |
| Receiving Prenatal Care* | 8 |
| * of those who are pregnant. | |



Females with Children Under 18

Of the 990 female consumer(s), 484~(48.9%) have children under the age of 18.

DSS Involvement Since Last Interview Among Females with Children Under 18 N = 484 Investigated by DSS for Child Abuse/Neglect 6.8%

Sexual Risk Activity Among Females

Participation in any one or more of these activities: (a) had sex with someone who was not your spouse or primary partner, (b) knowingly had sex with someone who injected drugs, or (c) traded, gave, or received sex for drugs.

| N = 176 | |
|------------------|------|
| In Past 3 Months | 6.3% |

| Females Forced or Pressured to Do Sexual Acts N = 176 | |
|---|------|
| In Past 3 Months | 2.3% |
| | |

| | Females Experienced Abuse Past 3 Months N = 176 | |
|---|---|------|
| | Physical Violence | 4.5% |
| | Hit/Physically Hurt Another Person | 2.3% |
| 1 | | |

| Suicide I deation and Hurting Self, Since Last Interview Among Females N = 176 | |
|--|------|
| Suicidal Attempts | 0.6% |
| Suicidal Thoughts | 2.8% |
| Tried to Hurt or Cause Self Pain | 0.0% |

NC-TOPPS Simple Query Report

Alliance Behavioral Healthcare
Cardinal Innovations
CenterPoint
Eastpointe
Partners Robavioral Health Mai

Partners Behavioral Health Management

Sandhills

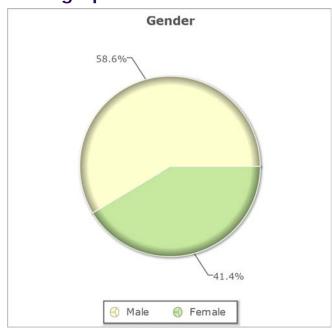
Smoky Mountain

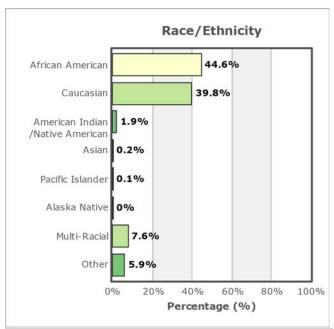
Trillium Health Resources

Adolescent Mental Health Consumers

Episode Completion Interviews started *Wednesday, July 01, 2015* through *Thursday, June 30, 2016* **Number of Episode Completion Interviews:** 7,945

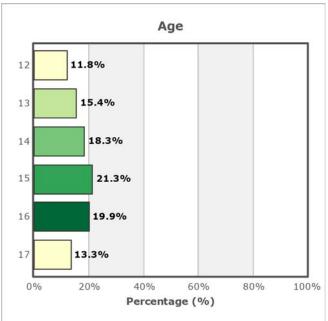
Demographics

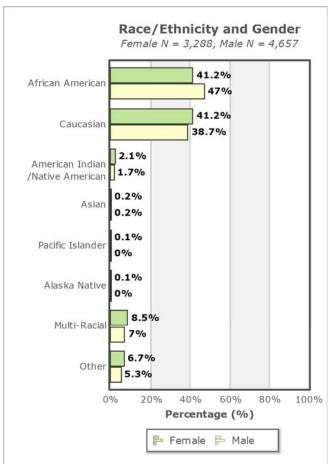


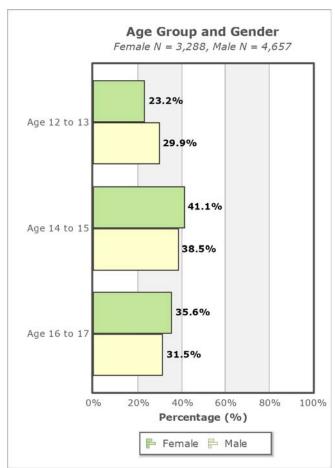


815 (10.3%) consumer(s) indicate that they are of Hispanic, Latino, or Spanish origin.

The charts above and on the next page provide demographic information about adolescents ages 12-17 with mental health conditions who received publicly-funded behavioral health services. From 7/1/2015-6/30/2016, there were 7,945 interviews conducted at the end of an episode of care with adolescents with mental health conditions. Because some may have had more than one episode of care during a year, they might be counted more than once.







Total number of episode completion interviews with adolescents with mental health conditions who received publicly-funded behavioral health services is 7,945.

Services

| Community Based Services | | |
|--|--------------------|-------|
| | Initial | EC |
| H2022 - Intensive In-Home Services (IIH) | 50.9% | 51.0% |
| H2033 - Multisystemic Therapy Services (MST) | 15.0% | 15.4% |
| YP630 - Individual Placement and Support (IPS) Supported Employment | 0.0% N = 7,667* | 0.0% |
| H2023 U4 - Supported Employment | 0.0% N = 7,667* | 0.0% |
| H2026 U4 - Ongoing Supported Employment | 0.0% N = 7,667* | 0.0% |
| | | • |

| Facility Based Day Services | | |
|--|---------|-------|
| | Initial | EC |
| H0035 - Mental Health - Partial Hospitalization | 0.5% | 0.7% |
| H2012 HA - Child and Adolescent Day Treatment | 10.2% | 10.9% |

* - Interview(s) were completed before the question was added to NC-TOPPS.

| Residental Services | | |
|---|---------|------|
| | Initial | EC |
| H0019 - Behavioral Health - Long Term Residential | 3.2% | 3.5% |
| H2020 - Residential Treatment - Level II - Program Type (Therapeutic Behavioral Services) | 1.5% | 1.8% |
| YA230 - Psychiatric Residential Treatment Facility | 5.9% | 6.0% |
| YP780 - Group Living - High | 0.5% | 0.5% |

| Therapeutic Foster Care Services | | |
|---|---------|------|
| | Initial | EC |
| S5145 - Residential Treatment - Level II - Family Type (Foster Care Therapeutic Child) | 8.3% | 9.3% |

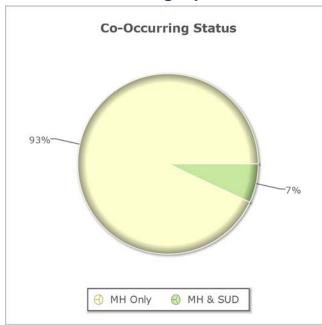
| Other Services | | |
|----------------|---------|------|
| | Initial | EC |
| Other | 4.8% | 5.7% |

Charts on this page show services adolescents with mental health conditions were receiving at the time of their initial interviews and at the end of treatment on their episode completion interviews.

An adolescent with a mental health condition receiving one or more of the following publicly-funded behavioral health services will be interviewed for NC-TOPPS:

- * Child and Adolescent Day Treatment
- * Intensive In-Home
- * Multi-systemic Therapy
- * Ongoing Supported Employment
- * Partial Hospitalization
- * SA Medically Monitored Community Residential Treatment
- * Psychiatric Residential Treatment Facility
- * Behavioral Health Level III Long Term Residential
- * Residential Treatment Program Type (Therapeutic Behavioral Services)

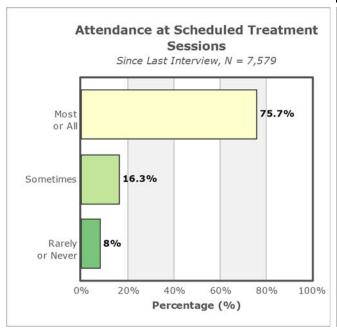
Treatment Demographics

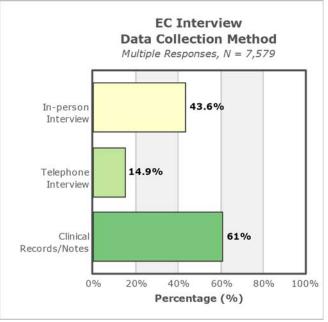


| 44.1% |
|-------|
| 43.7% |
| 14.4% |
| 15.9% |
| 5.2% |
| 6.2% |
| 15.4% |
| 8.9% |
| 0.0% |
| 11.1% |
| |

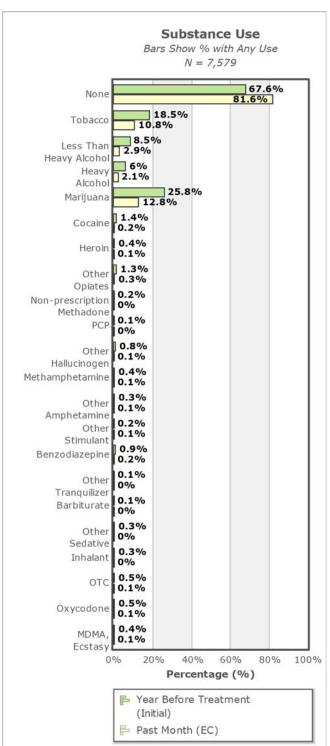
* Only most commonly diagnosed conditions shown.

| Family Involvement with N = 7,579 | |
|-----------------------------------|-------|
| Treatment Services | 87.0% |
| Person-centered Planning | 82.9% |
| None | 7.1% |



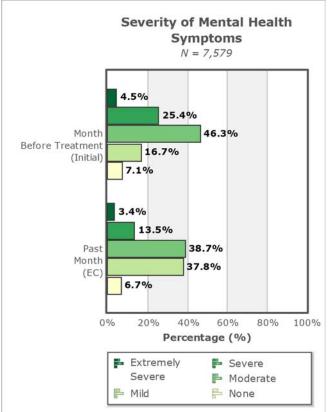


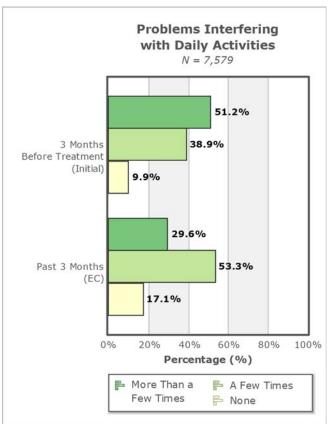
Information on this page through page 46 continues to be about adolescent mental health consumers with episode completion interviews conducted from 7/1/2015-6/30/2016. A person completing items in some charts on this page can choose one or more of the responses shown. The percentages within charts are the percents of interviews in each response category for the total number of people "N", which sometimes results in a total percent greater than 100 percent.



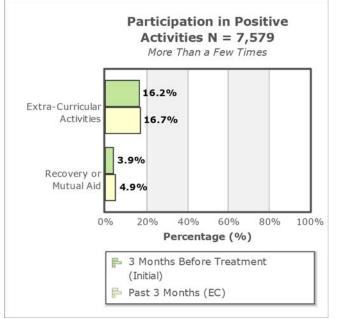


Behaviors





| Consumer Ratings on Quality of Life % Rated 'Excellent' or 'Good' N = 4,700 | | |
|--|---|--------------------------|
| | Year Before Treatment (I nitial) | Past 3 Months (EC) |
| Emotional Well-Being | 35.7% | 64.4% |
| Physical Health | 79.4% | 86.6% |
| Family Relationships | 40.5% | 60.1% |
| Living/Housing Situation | 70.0% N = 4,560 * | 76.8% |
| * - Interview(s) were completed after the question was added to NC-TOPPS. | | |



| Support for Recovery N = 4,700 | | |
|--|---------------------------------|-----------------------------|
| | Initial | EC |
| Have Positive Adult Role Model(s) | 95.3% | 97.5% |
| | Expect Support (I nitial) | Received Support (EC) |
| Family and/or Friends Somewhat or Very Supportive | 90.1% | 97.1% |

| Experienced Abuse N = 4,700 | | |
|------------------------------------|---|--------------------------|
| | 3 Months Before Treatment (I nitial) | Past 3 Months (EC) |
| Physical Violence Experienced | 31.1% | 19.1% |
| Hit/Physically Hurt Another Person | 49.7% | 29.7% |

Justice System Involvement
N = 7,579
2,182 (28.8%) consumer(s) were under supervision at the time of their EC interview.

| their Lo litter view. | | | |
|--|---|--------------------------|--|
| | Month Before Treatment (I nitial) | Past Month (EC) | |
| Arrests N = 7,579 | 6.1% | 5.6% | |
| | 3 Months Before Treatment (I nitial) | Past 3 Months (EC) | |
| Nights in Jail or Detention N = 4,700 | 7.1% | 4.9% | |

| Suicide I deation and Hurting Self N = 4,700 | | |
|--|---|---------------------------------|
| | Ever (I nitial) | Since Last Interview (EC) |
| Suicidal Attempts | 20.4% | 3.2% |
| | 3 Months Before Treatment (I nitial) | Since Last Interview (EC) |
| Suicidal Thoughts | 25.8% | 10.4% |
| Tried to Hurt or Cause Self Pain | 20.3% | 8.0% |

Psychotropic Medications at EC 4,938 (65.2%) consumer(s) have had a prescription for psychotropic medications in the past month. Of those, 3,842 (77.8%) take their medication as prescribed all or most of the time.

Education

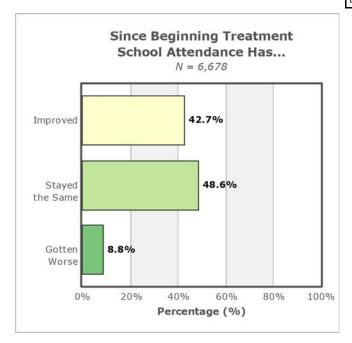
| Enrollment in Academic Programs N = 7,579 | | | |
|--|----------------------|-----------------|--|
| | Initial Interview | EC Interview | |
| Enrolled in Any Academic Program | 92.5% | 92.1% | |
| Not Enrolled in Any Academic Program | 7.5% | 7.9% | |

| Of Those Enrolled in Academic Programs Note: Multiple Responses | | | |
|---|-------|-------|--|
| Enrolled in Initial EC Interview Interv | | | |
| N | 7,014 | 6,978 | |
| Academic Schools (K-12) | 83.6% | 81.2% | |
| Alternative Learning Program (ALP) | 15.4% | 15.9% | |
| Technical or Vocational School | 0.1% | 0.1% | |
| GED or Adult Literacy | 0.6% | 0.9% | |
| College | 0.0% | 0.2% | |
| Other Academic Program | 2.1% | 3.1% | |

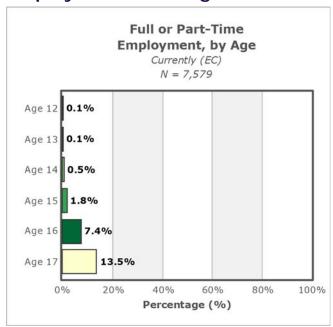
| | | Stude | Grade ents, by l = 6,678 | y Age | | |
|--------|---|-------|---------------------------------------|-------|-----|---|
| Age 12 | | | | | | |
| | | | | _ | | |
| Age 13 | | | | | | |
| Age 14 | 9 | | | | | |
| Age 15 | | · · | | | | |
| Age 16 | | | | | | |
| Age 17 | | | | | | |
| | 2 | - | | | -10 | _ |
| 0 | 2 | 4 | 6 ade Lev | 8 | 10 | |

| Students Who Received Mostly A's, B's, and C's at Most Recent Grading Period | | |
|--|----------------------|-----------------|
| | Initial Interview | EC Interview |
| N | 6,823 | 6,681 |
| Received Mostly A's, B's, and C's | 67.5% | 75.4% |

| School Suspension and Expulsion | | | |
|---------------------------------|---|-------------------|--|
| | 3 Months Before Treatment (I nitial) | Currently (EC) | |
| N | 6,823 | 6,681 | |
| Suspension | 39.4% | 26.5% | |
| Expulsion | 5.0% | 2.4% | |



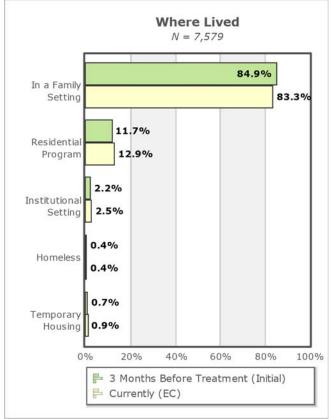
Employment/Housing



| Job Classification | | | |
|--|--------------------|---------------|--|
| | Initial N = 184 | EC N = 279 | |
| Professional, Technical, or Managerial | 1.6% | 1.1% | |
| Clerical or Sales | 7.1% | 5.0% | |
| Service Occupation | 55.4% | 67.4% | |
| Agricultural or Related Occupation | 4.9% | 3.9% | |
| Processing Occupation | 0.5% | 0.0% | |
| Machine Trades | 0.0% | 0.4% | |
| Bench Work | 0.0% | 0.0% | |
| Structural Work | 6.0% | 5.7% | |
| Miscellaneous Occupation | 24.5% | 16.5% | |

| Employee Benefits | | | |
|-----------------------|--------------------|---------------|--|
| | Initial N = 184 | EC N = 279 | |
| Insurance | 0.0% | 0.7% | |
| Paid Time Off | 0.5% | 1.8% | |
| Meal/Retail Discounts | 15.8% | 18.6% | |
| Other | 3.3% | 5.4% | |
| None | 80.4% | 74.6% | |

| Rate of Pay | | |
|--------------------|--------------------|---------------|
| | Initial N = 184 | EC N = 279 |
| Above Minimum Wage | 20.1% | 19.4% |
| Minimum Wage | 64.7% | 68.8% |
| Below Minimum Wage | 15.2% | 11.8% |
| | | |



| Times Moved Residences Past 3 Months (EC) N = 7,579 | |
|--|-------|
| No Moves | 76.3% |
| Moved Once | 18.5% |
| Moved Two or More Times | 5.3% |

| Number Living in Special Circumstances | | |
|---|--|-------------------|
| Where Lived Most of Time | 3 Months Before Treatment (Initial) | Currently (EC) |
| Homeless Sheltered | 24 | 15 |
| Homeless Unsheltered | 6 | 12 |
| Therapeutic Foster Home | 112 | 110 |
| Level III Group Home | 329 | 316 |
| Level IV Group Home | 81 | 64 |
| State Residential Treatment Center | 160 | 174 |
| SA Residential Treatment Center | 8 | 20 |
| Other | 195 | 291 |
| Total Living in Special Circumstances | 915 | 1002 |
| Of the Total, Number in Home Community | 215 | 229 |

Homeless Nights, Currently (EC) Among 4,700 consumer(s), 53 (1.1%) consumer(s) reported night(s) homeless.

Service Needs

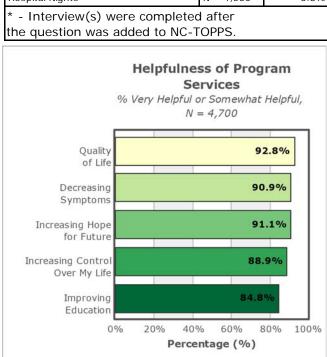
Services Deemed Important at Initial and Received at EC Multiple Responses, N = 7.579

| Multiple Responses, N = 7,579 | | |
|---|----------------------|-------|
| | Initial | EC |
| Education | 78.7% | 72.7% |
| Job | 15.1% | 6.6% |
| Housing | 10.0% | 7.7% |
| Transportation | 9.9% | 8.2% |
| Child Care | 1.8% | 1.1% |
| Medical | 14.3% | 17.7% |
| Dental | 10.0% N = 7,336 * | 8.7% |
| Screening/Treatment Referral for HIV/TB/HEP | N/A | 0.8% |
| Legal | 18.6% | 20.3% |
| Volunteer Opportunities | 8.2% N = 7.336 * | 5.6% |

 * - Interview(s) were completed before the question was added to NC-TOPPS.

| Crisis/Hospital Care |
|----------------------|
| Past 3 Months |
| N - 4 700 |

| N = 4,700 | | |
|--|--|--------------------------|
| | 3 Months Before Treatment (Initial) | Past 3 Months (EC) |
| Crisis Contacts | 20.6% | 11.3% |
| ER Visits | 21.3% | 11.6% |
| Medical/Surgical Hospital Nights | 6.2% | 3.1% |
| Psychiatric Inpatient Hospital Nights | 17.0% N = 4,560 * | 6.8% |



| Barriers to Treatment Multiple Responses, N = 7,579 | | |
|---|---------------------|-------|
| | Initial | EC |
| No Difficulties | 86.5% | 76.5% |
| Active MH Symptoms | 4.0% | 6.8% |
| Active SA Symptoms | 0.5% | 1.3% |
| Physical Health | 0.3% | 0.6% |
| Family Issues | 2.4% | 6.2% |
| Needs Not Met | 1.1% | 1.6% |
| Engagement | 3.5% | 10.7% |
| Cost | 0.4% | 0.3% |
| Stigma /Discrimination | 0.2% | 0.1% |
| Treatment /Auth. Access | 2.3% | 1.8% |
| Deaf/Hard of Hearing | 0.0% | 0.0% |
| Language/Comm. | 0.3% | 0.2% |
| Legal Reasons | 0.6% | 1.3% |
| Transportation | 1.4% | 1.3% |
| Scheduling Issues | 2.1% | 3.8% |
| Lack of Stable Housing | 0.6% N = 7,336 * | 1.0% |
| Personal Safety | 0.2% N = 7,336 * | 0.3% |

* - Interview(s) were completed before the question was added to NC-TOPPS.

Routine Health Care

19.9%

Among 4,700 consumer(s), 2,576 (54.8%) have seen their provider for a routine check-up since the last interview.

Routine Dental Care

Among 4,700 consumer(s), 1,775 (37.8%) have seen their dentist for a routine check-up since the last interview.

| Pregnancy Female N = 1,941 | Number |
|----------------------------------|--------|
| Gave Birth in Past Year | 17 |
| Currently Pregnant | 23 |
| Uncertain about Pregnancy Status | 16 |
| In First Trimester* | 5 |
| In Second Trimester* | 5 |
| In Third Trimester* | 13 |
| Referred to Prenatal Care* | 22 |
| Receiving Prenatal Care* | 22 |
| * of those who are pregnant | |

* of those who are pregnant.

NC-TOPPS Simple Query Report

Alliance Behavioral Healthcare
Cardinal Innovations
CenterPoint
Eastpointe
Partners Rehavioral Health Mai

Partners Behavioral Health Management

Sandhills

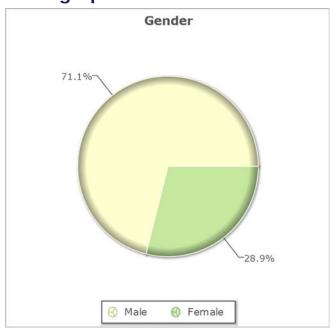
Smoky Mountain

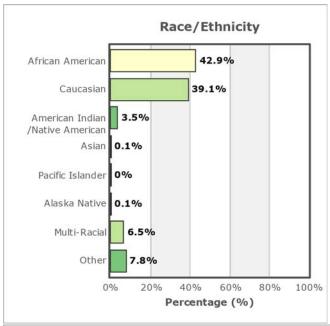
Trillium Health Resources

Adolescent Substance Use Disorder Consumers

Episode Completion Interviews started *Wednesday, July 01, 2015* through *Thursday, June 30, 2016* **Number of Episode Completion Interviews:** 1,214

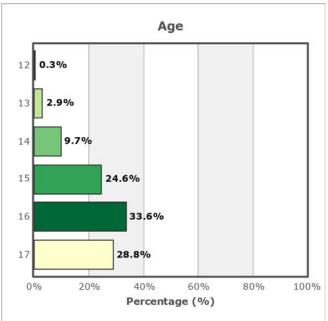
Demographics

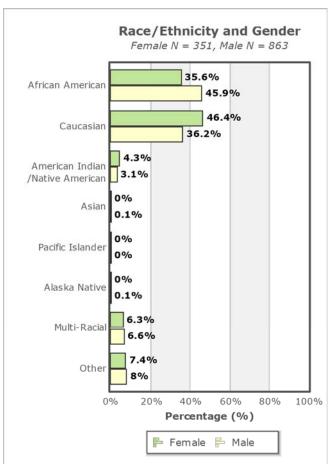


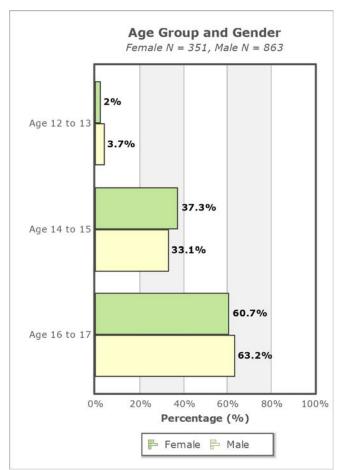


147 (12.1%) consumer(s) indicate that they are of Hispanic, Latino, or Spanish origin.

The charts above and on the next page provide demographic information about adolescents ages 12-17 with substance use disorders who received publicly-funded behavioral health services. From 7/1/2015-6/30/2016, there were 1,214 interviews conducted at the end of an episode of care with adolescents with substance use disorders. Because some may have had more than one episode of care during a year, they might be counted more than once.







Total number of episode completion interviews with adolescents with substance use disorders who received publicly-funded behavioral health services is 1,214.

An adolescent with a substance use disorder receiving one or more of the following adolescent publicly-funded behavioral health services will be interviewed for NC-TOPPS:

Periodic Services

- * Psychotherapy
- * Family Therapy without Patient
- * Family Therapy with Patient
- * Group Therapy (multiple family group)
- * Group Therapy (non-multiple family group)
- * Behavioral Health Counseling Individual Therapy
- * Behavioral Health Counseling Group Therapy
- * Behavioral Health Counseling Family Therapy with Consumer
- * Behavioral Health Counseling Family Therapy without Consumer
- * Behavioral Health Counseling (non-licensed provider)
- * Behavioral Health Counseling Group Therapy (non-licensed provider)
- * Behavioral Health Counseling Family Therapy with Consumer (non-licensed provider)
- * Behavioral Health Counseling Family Therapy without Consumer (non-licensed provider)
- * Alcohol and/or Drug Group Counseling
- * Alcohol and/or Drug Group Counseling (non-licensed provider)

Community Based Services

- * Substance Abuse Intensive Outpatient Program (SAIOP)
- * Intensive In-Home Services (IIH)
- * Multisystemic Therapy Services (MST)
- * Substance Abuse Comprehensive Outpatient Treatment (SACOT)
- * Individual Placement and Support (IPS) Supported Employment
- * Supported Employment
- * Ongoing Supported Employment

Facility Based Day Services

- * Mental Health Partial Hospitalization
- * Child and Adolescent Day Treatment

Residential Services

- * SA Non-Medical Community Residential Treatment Adult
- * SA Medically Monitored Community Residential Treatment
- * Behavioral Health Level III Long Term Residential
- * Residential Treatment Program Type (Therapeutic Behavioral Services)
- * Psychiatric Residential Treatment Facility

Services

| Periodic Services | | |
|--|---------|-------|
| | Initial | EC |
| 90832-90838 - Psychotherapy | 15.5% | 17.1% |
| 90846 - Family Therapy without Patient | 3.6% | 3.7% |
| 90847 - Family Therapy with Patient | 9.2% | 9.9% |
| 90849 - Group Therapy (multiple family group) | 4.0% | 4.7% |
| 90853 - Group Therapy (non-multiple family group) | 5.5% | 5.8% |
| H0004 - Behavioral Health Counseling - Individual Therapy | 16.6% | 16.8% |
| H0004 HQ - Behavioral Health Counseling - Group Therapy | 8.6% | 8.8% |
| H0004 HR - Behavioral Health Counseling - Family Therapy with Consumer | 5.9% | 6.2% |
| H0004 HS - Behavioral Health Counseling - Family Therapy without Consumer | 2.7% | 3.0% |
| YP831 - Behavioral Health Counseling (non-licensed provider) | 1.4% | 1.5% |
| YP832 - Behavioral Health Counseling - Group Therapy (non-licensed provider) | 1.4% | 1.6% |
| YP833 - Behavioral Health Counseling - Family Therapy with Consumer (non-licensed provider) | 1.2% | 1.4% |
| YP834 - Behavioral Health Counseling - Family Therapy without Consumer (non-licensed provider) | 0.9% | 1.1% |
| H0005 - Alcohol and/or Drug Group Counseling | 17.1% | 17.1% |
| YP835 - Alcohol and/or Drug Group Counseling (non-licensed provider) | 2.6% | 2.8% |

| Community Based Services | | |
|--|--------------------|-------|
| | Initial | EC |
| H0015 - Substance Abuse Intensive Outpatient Program (SAIOP) | 19.0% | 20.7% |
| H2022 - Intensive In-Home Services (IIH) | 16.9% | 17.7% |
| H2033 - Multisystemic Therapy Services (MST) | 11.4% | 12.4% |
| H2035 - Substance Abuse Comprehensive Outpatient Treatment (SACOT) | 0.4% | 0.5% |
| YP630 - Individual Placement and Support (IPS) Supported Employment | 0.0% N = 1,195* | 0.0% |
| H2023 U4 - Supported Employment | 0.0% N = 1,195* | 0.0% |
| H2026 U4 - Ongoing Supported Employment | 0.1% N = 1,195* | 0.1% |
| * - Interview(s) were completed before the question was added to NC-TOPPS. | | |

Charts on this page show services adolescents with substance use disorders were receiving at the time of their initial interviews and at the end of treatment on their episode completion interviews.

| Facility Based Day Services | | |
|---|---------|------|
| | Initial | EC |
| H0035 - Mental Health - Partial Hospitalization | 0.0% | 0.1% |
| H2012 HA - Child and Adolescent Day Treatment | 8.1% | 9.1% |

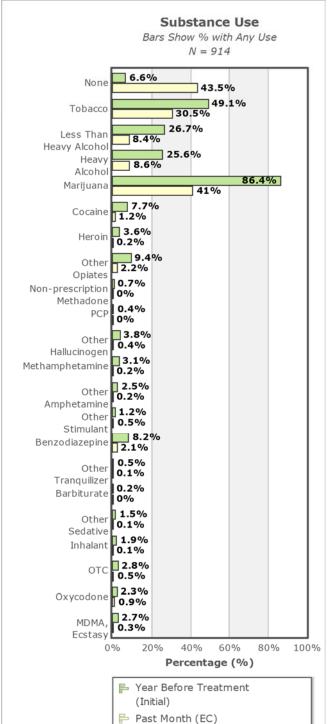
| Residental Services | | |
|--|---------|------|
| | Initial | EC |
| H0013 - SA Medically Monitored Community Residential Treatment | 1.4% | 1.7% |
| H0019 - Behavioral Health - Long Term Residential | 1.1% | 1.5% |
| H2020 - Residential Treatment - Level II - Program Type (Therapeutic Behavioral Services) | 1.8% | 1.9% |
| YA230 - Psychiatric Residential Treatment Facility | 2.6% | 2.6% |
| YP780 - Group Living - High | 2.7% | 2.8% |

| Opioid Services | | |
|--------------------------|---------|------|
| | Initial | EC |
| H0020 - Opioid Treatment | 0.1% | 0.0% |

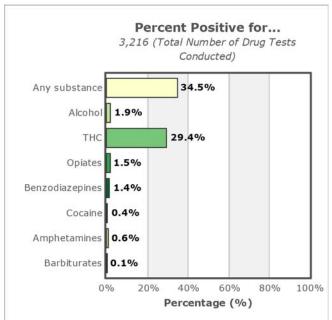
| Therapeutic Foster Care Services | | |
|---|---------|------|
| | Initial | EC |
| S5145 - Residential Treatment - Level II - Family Type (Foster Care Therapeutic Child) | 0.9% | 1.2% |

| Other Services | | |
|----------------|---------|------|
| | Initial | EC |
| Other | 6.8% | 7.9% |

Substance Use

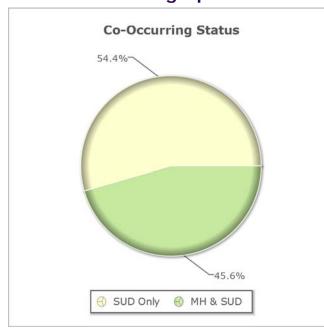


| Drug Test Results N = 914 | Past 3 Months (EC) |
|---|--------------------------|
| Number of Consumer(s) Tested | 559 |
| Percent of Consumer(s) Tested | 61.2% |
| Average # of Tests for Each Consumer Tested | 5.8 |



Information on this page through page 59 continues to be about adolescents with substance use disorders whose episode completion interviews were conducted from 7/1/2015-6/30/2016. A person completing items in some charts on this page can choose one or more of the responses shown. The percentages within charts are the percents of interviews in each response category for the total number of people "N", which sometimes results in a total percent greater than 100 percent.

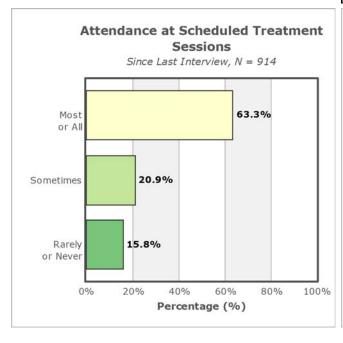
Treatment Demographics

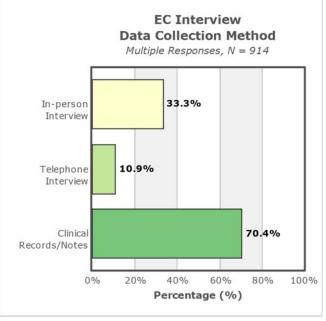


| DSM-IV/DSM 5 Diagnoses Diagnostic Category N = 914 | |
|---|-------|
| Drug Dependence (DSM-IV) | 0.0% |
| Alcohol Dependence (DSM-IV) | 0.0% |
| Drug Abuse (DSM-IV) | 0.0% |
| Alcohol Abuse (DSM-IV) | 0.0% |
| Drug-Related Disorders (DSM 5) | 80.7% |
| Alcohol-Related Disorders (DSM 5) | 16.1% |
| Oppositional Defiant Disorder | 30.1% |
| Conduct Disorder | 18.1% |
| Attention Deficit Disorder | 27.9% |
| Bipolar Disorders | 2.4% |
| Depression | 11.2% |
| Disruptive Behavior | 3.1% |
| PTSD | 7.3% |
| * Only and the second se | |

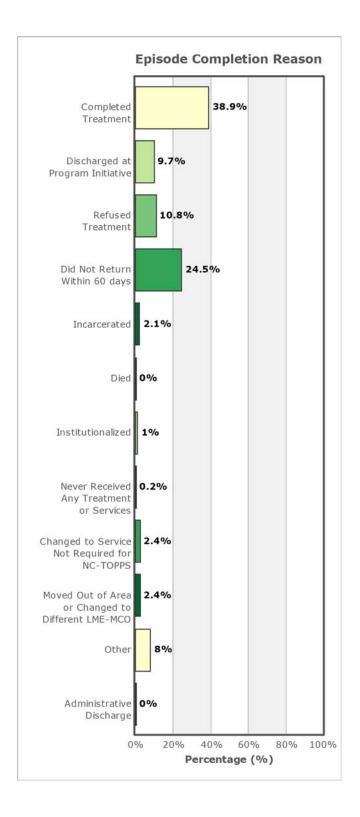
* Only most commonly diagnosed conditions shown.

| Family I nvolvement with N = 914 | |
|----------------------------------|-------|
| Treatment Services | 78.1% |
| Person-centered Planning | 70.8% |
| None | 13.5% |

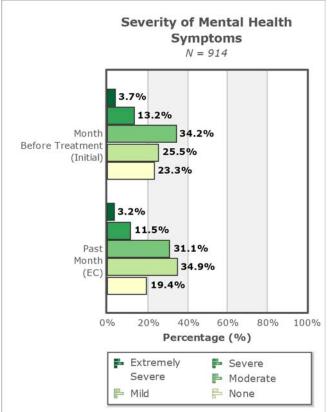


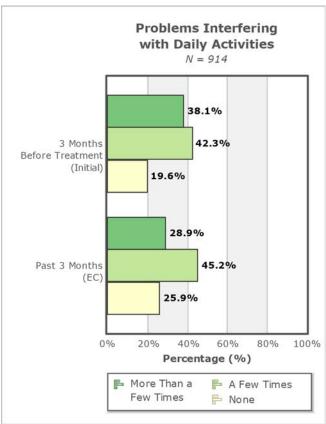


A person completing the item in the chart above about how data was collected (data collection method) can choose one or more of the three responses shown. The percentages within the chart are the percents of interviews in each response category for the total number of people "N", which sometimes results in a total percent greater than 100 percent.

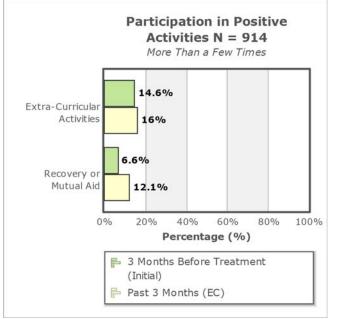


Behaviors





| Consumer Ratings on Quality of Life % Rated 'Excellent' or 'Good' N = 470 | | |
|---|---|--------------------------|
| | Year Before Treatment (I nitial) | Past 3 Months (EC) |
| Emotional Well-Being | 46.6% | 66.0% |
| Physical Health | 80.6% | 86.2% |
| Family Relationships | 52.3% | 66.6% |
| Living/Housing Situation | 72.1% N = 466 * | 77.2% |
| * - Interview(s) were completed after the question was added to NC-TOPPS. | | |



| Support for Recovery N = 470 | | |
|--|---------------------------------|-----------------------------|
| | Initial | EC |
| Have Positive Adult Role Model(s) | 93.4% | 97.2% |
| | Expect Support (I nitial) | Received Support (EC) |
| Family and/or Friends Somewhat or Very Supportive | 96.8% | 98.1% |

| Experienced Abuse N = 470 | | |
|------------------------------------|---|--------------------------|
| | 3 Months Before Treatment (I nitial) | Past 3 Months (EC) |
| Physical Violence Experienced | 24.3% | 14.0% |
| Hit/Physically Hurt Another Person | 34.3% | 18.9% |

Justice System I nvolvement
N = 914
482 (52.7%) consumer(s) were under supervision at the time of their EC interview.

| | Month Before Treatment (I nitial) | Past Month (EC) |
|--|---|--------------------------|
| Arrests N = 914 | 12.8% | 7.5% |
| | 3 Months Before Treatment (I nitial) | Past 3 Months (EC) |
| Nights in Jail or Detention N = 470 | 20.4% | 9.1% |

| Suicide I deation and Hurting Self N = 470 | | |
|--|---|---------------------------------|
| | Ever (I nitial) | Since Last Interview (EC) |
| Suicidal Attempts | 18.1% | 2.3% |
| | 3 Months Before Treatment (I nitial) | Since Last Interview (EC) |
| Suicidal Thoughts | 15.5% | 7.2% |
| Tried to Hurt or Cause Self Pain | 10.9% | 3.4% |

Psychotropic Medications at EC 360 (39.4%) consumer(s) have had a prescription for psychotropic medications in the past month. Of those, 235 (65.3%) take their medication as prescribed all or most of the time.

Education

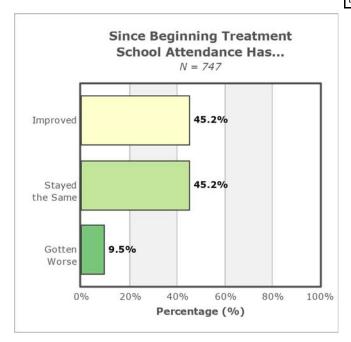
| Enrollment in Academic Programs N = 914 | | |
|--|----------------------|-----------------|
| | Initial Interview | EC Interview |
| Enrolled in Any Academic Program | 87.6% | 87.0% |
| Not Enrolled in Any Academic Program | 12.4% | 13.0% |

| Of Those Enrolled in Academic Programs Note: Multiple Responses | | | |
|--|----------------------|-----------------|--|
| Enrolled in | Initial Interview | EC Interview | |
| N | 801 | 795 | |
| Academic Schools (K-12) | 79.9% | 78.4% | |
| Alternative Learning Program (ALP) | 17.7% | 16.2% | |
| Technical or Vocational School | 0.1% | 0.3% | |
| GED or Adult Literacy | 1.2% | 3.3% | |
| College | 0.0% | 0.3% | |
| Other Academic Program | 1.7% | 2.6% | |

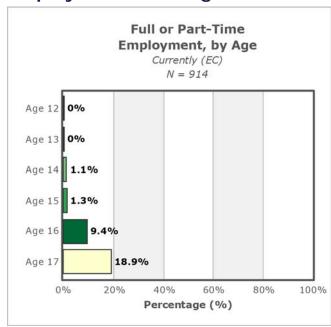
| | AV | | ents, by N = 747 | y Age | OT | |
|--------|----|-----|------------------|-------|----|---|
| Age 12 | | | | | | |
| Age 13 | | | | | | |
| Age 14 | | | | | | |
| Age 15 | | · · | | | | |
| Age 16 | | | | | | |
| Age 17 | | | | | | |
| 0 | 2 | 4 | 6 ade Lev | 8 | 10 | 1 |

| I nitial I nterview | EC Interview |
|------------------------|-----------------|
| 776 | 747 |
| 63.5% | 74.4% |
| | Interview 776 |

| School Suspension and Expulsion | | | |
|---|---|--|--|
| 3 Months Before Treatment (I nitial) | Currently (EC) | | |
| 776 | 747 | | |
| 47.3% | 29.6% | | |
| 8.4% | 2.9% | | |
| | Before Treatment (I nitial) 776 47.3% | | |



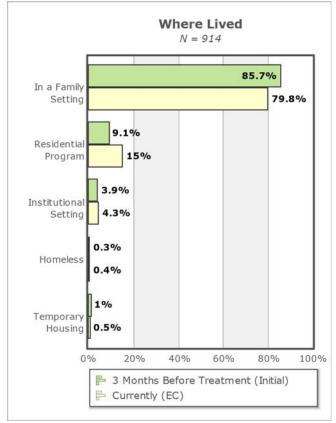
Employment/Housing



| Job Classification | | |
|--|-------------------|--------------|
| | Initial N = 63 | EC N = 79 |
| Professional, Technical, or Managerial | 0.0% | 0.0% |
| Clerical or Sales | 9.5% | 5.1% |
| Service Occupation | 58.7% | 72.2% |
| Agricultural or Related Occupation | 1.6% | 1.3% |
| Processing Occupation | 1.6% | 0.0% |
| Machine Trades | 1.6% | 0.0% |
| Bench Work | 0.0% | 0.0% |
| Structural Work | 7.9% | 8.9% |
| Miscellaneous Occupation | 19.0% | 12.7% |

| Employee Benefits | | |
|-----------------------|-------------------|--------------|
| | Initial N = 63 | EC N = 79 |
| Insurance | 0.0% | 1.3% |
| Paid Time Off | 0.0% | 1.3% |
| Meal/Retail Discounts | 17.5% | 17.7% |
| Other | 6.3% | 3.8% |
| None | 76.2% | 75.9% |

| Rate of Pay | | |
|--------------------------|--|--|
| Initial EC N = 63 N = 79 | | |
| num Wage 30.2% 22.8% | | |
| age 57.1% 62.0% | | |
| num Wage 12.7% 15.2% | | |
| | | |



| Times Moved Residences Past 3 Months (EC) N = 914 | |
|--|-------|
| No Moves | 78.7% |
| Moved Once | 15.6% |
| Moved Two or More Times | 5.7% |

| Number Living in Special Circumstances | | |
|---|--|-------------------|
| Where Lived Most of Time | 3 Months Before Treatment (Initial) | Currently (EC) |
| Homeless Sheltered | 1 | 1 |
| Homeless Unsheltered | 2 | 3 |
| Therapeutic Foster Home | 10 | 5 |
| Level III Group Home | 32 | 32 |
| Level IV Group Home | 7 | 2 |
| State Residential Treatment Center | 9 | 10 |
| SA Residential Treatment Center | 10 | 53 |
| Halfway House | 0 | 1 |
| Other | 15 | 34 |
| Total Living in Special Circumstances | 86 | 141 |
| Of the Total, Number in Home Community | 24 | 28 |

Homeless Nights, Currently (EC)

Among 470 consumer(s), 6 (1.3%) consumer(s) reported night(s) homeless.

Service Needs

Services Deemed Important at Initial and Received at EC

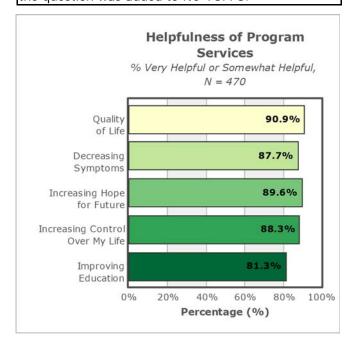
| Multiple Responses, N = 914 | | |
|---|-------------------|-------|
| | Initial | EC |
| Education | 68.1% | 59.0% |
| Job | 27.7% | 14.8% |
| Housing | 12.1% | 8.9% |
| Transportation | 10.1% | 8.1% |
| Child Care | 1.8% | 0.7% |
| Medical | 9.4% | 11.4% |
| Dental | 9.1% N = 903 * | 5.8% |
| Screening/Treatment Referral for HIV/TB/HEP | N/A | 5.1% |
| Legal | 36.3% | 38.8% |
| Volunteer Opportunities | 9.9% N = 903 * | 8.8% |
| None | 21.4% | 27.2% |
| | | |

* - Interview(s) were completed before the question was added to NC-TOPPS.

Crisis/Hospital Care Past 3 Months N = 470

| 14 - 470 | | |
|---|---|--|
| 3 Months Before Treatment (I nitial) | Past 3 Months (EC) | |
| 14.0% | 9.1% | |
| 17.9% | 10.9% | |
| 7.0% | 2.6% | |
| 11.2% N = 466 * | 3.4% | |
| | Before Treatment (I nitial) 14.0% 17.9% 7.0% | |

* - Interview(s) were completed after the question was added to NC-TOPPS.



| Barriers to Treatment Multiple Responses, N = 914 | | |
|--|-------------------|-------|
| | Initial | EC |
| No Difficulties | 84.6% | 72.5% |
| Active MH Symptoms | 2.7% | 5.5% |
| Active SA Symptoms | 5.1% | 8.1% |
| Physical Health | 0.2% | 0.4% |
| Family Issues | 1.8% | 7.4% |
| Needs Not Met | 0.5% | 1.3% |
| Engagement | 3.6% | 14.1% |
| Cost | 0.2% | 0.4% |
| Stigma /Discrimination | 0.0% | 0.0% |
| Treatment /Auth. Access | 1.4% | 1.0% |
| Deaf/Hard of Hearing | 0.0% | 0.0% |
| Language/Comm. | 0.0% | 0.2% |
| Legal Reasons | 2.2% | 2.6% |
| Transportation | 2.4% | 3.4% |
| Scheduling Issues | 2.7% | 4.4% |
| Lack of Stable Housing | 1.0% N = 903 * | 0.3% |
| Personal Safety | 0.4% N = 903 * | 0.4% |

* - Interview(s) were completed before the question was added to NC-TOPPS.

Routine Health Care

Among 470 consumer(s), 181 (38.5%) have seen their provider for a routine check-up since the last interview.

Routine Dental Care

Among 470 consumer(s), 124 (26.4%) have seen their dentist for a routine check-up since the last interview.

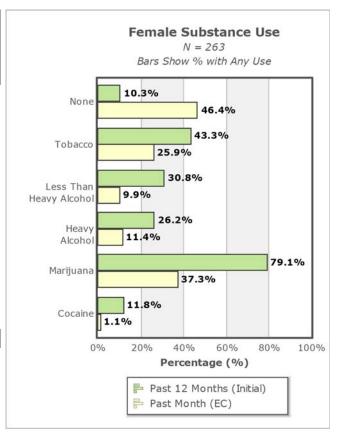
Maternal/Perinatal

Female Substance Use Consumers

Several questions on the NC-TOPPS interview are asked only to female consumers. The tables and charts on this page show the results for those questions. In addition, several other charts are shown for females only. The number of female consumer(s) is 351 (28.9%).

0.8% of 263 female consumer(s) were admitted to a Maternal/Pregnant Program.

| Pregnancy Female N = 150 | Number |
|----------------------------------|--------|
| Gave Birth in Past Year | 4 |
| Currently Pregnant | 3 |
| Uncertain about Pregnancy Status | 1 |
| In First Trimester* | 2 |
| In Second Trimester* | 0 |
| In Third Trimester* | 1 |
| Referred to Prenatal Care* | 3 |
| Receiving Prenatal Care* | 3 |
| * of those who are pregnant. | |



Females with Children Under 18

Of the 351 female consumer(s), 11 (3.1%) have children under the age of 18.

| Females Experienced Abuse Past 3 Months N = 150 | |
|---|-------|
| Physical Violence | 16.0% |
| Hit/Physically Hurt Another Person | 18.0% |

| DSS Involvement Since Last Interview Among Females with Children Under 18 N = 11 | |
|--|------|
| Investigated by DSS for Child Abuse/Neglect | 9.1% |

| Suicide I deation and Hurting Self, Since Last Interview Among Females N = 150 | |
|--|-------|
| Suicidal Attempts | 2.7% |
| Suicidal Thoughts | 14.7% |
| Tried to Hurt or Cause Self Pain | 6.7% |

NC-TOPPS Simple Query Report

Alliance Behavioral Healthcare Cardinal Innovations CenterPoint **Eastpointe Partners Behavioral Health Management**

Sandhills

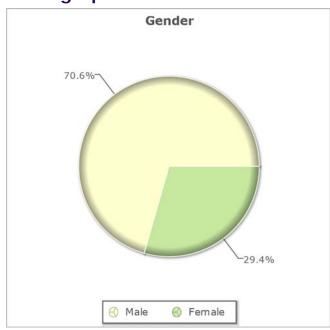
Smoky Mountain

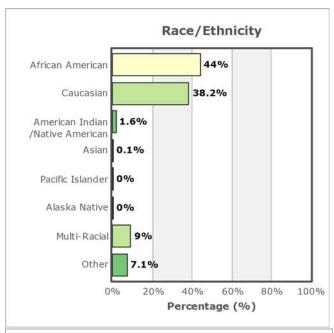
Trillium Health Resources

Child Mental Health Consumers

Episode Completion Interviews started Wednesday, July 01, 2015 through Thursday, June 30, 2016 Number of Episode Completion Interviews: 3,483

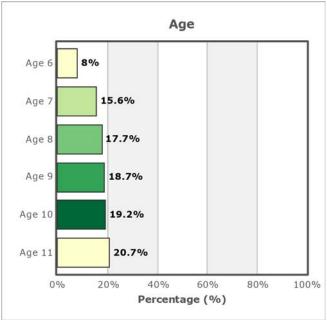
Demographics

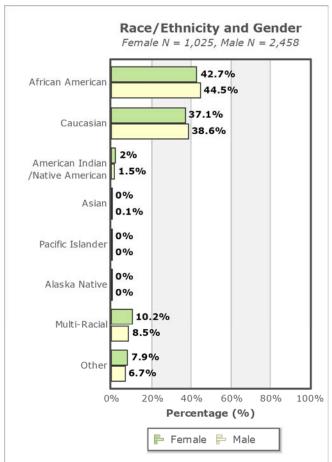


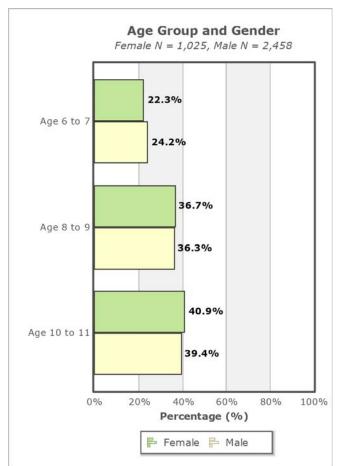


385 (11.1%) consumer(s) indicate that they are of Hispanic, Latino, or Spanish origin.

The charts above and on the next page provide demographic information about children ages 6-11 with mental health conditions who received publicly-funded behavioral health services. From 7/1/2015-6/30/2016, there were 3,483 interviews conducted at the end of an episode of care with children with mental health conditions. Because some may have had more than one episode of care during a year, they might be counted more than once.







Total number of episode completion interviews with children with mental health conditions who received publicly-funded behavioral health services is 3,483.

Services

| Community Based Services | | | Facility Based Day Services | |
|---|---------|-------|--|---------|
| | Initial | EC | | Initial |
| H2022 - Intensive In-Home Services (IIH) | 68.6% | 68.2% | H0035 - Mental Health - Partial Hospitalization | 0.3% |
| H2033 - Multisystemic Therapy Services (MST) | 0.5% | 0.6% | H2012 HA - Child and Adolescent Day Treatment | 18.5% |

| Residental Services | | |
|---|---------|------|
| | Initial | EC |
| H0019 - Behavioral Health - Long Term Residential | 0.6% | 0.5% |
| H2020 - Residential Treatment - Level II - Program Type (Therapeutic Behavioral Services) | 0.6% | 0.7% |
| YA230 - Psychiatric Residential Treatment Facility | 1.3% | 1.7% |
| YP780 - Group Living - High | 0.0% | 0.1% |

| Therapeutic Foster Care Services | | |
|--|---------|------|
| | Initial | EC |
| S5145 - Residential Treatment - Level II - Family Type (Foster Care Therapeutic Child) | 7.4% | 8.1% |

EC

0.5%

19.6%

| Other Services | | |
|----------------|---------|------|
| | Initial | EC |
| Other | 4.8% | 5.4% |

Charts on this page show services children with mental health conditions were receiving at the time of their initial interviews and at the end of treatment on their episode completion interviews.

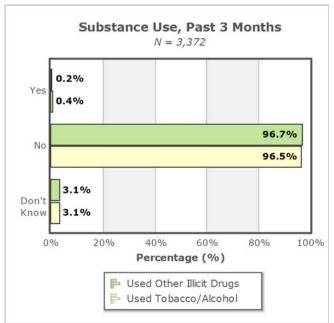
A child with a mental health condition receiving one or more of the following publicly-funded behavioral health services will be interviewed for NC-TOPPS:

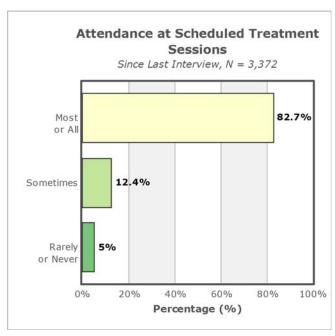
- * Child and Adolescent Day Treatment
- * Intensive In-Home
- * Multi-systemic Therapy
- * Partial Hospitalization
- * SA Medically Monitored Community Residential Treatment
- * Psychiatric Residential Treatment Facility
- * Behavioral Health Level III Long Term Residential
- * Residential Treatment Program Type (Therapeutic Behavioral Services)
- * Residential Treatment Level II Family Type (Foster Care Therapeutic Child)

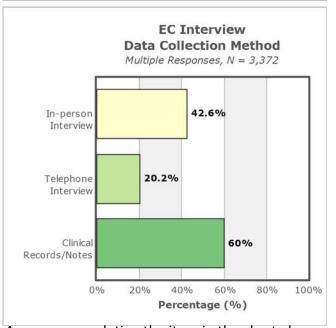
Treatment Demographics

| DSM-IV/DSM 5 Diagnoses Diagnostic Category N = 3,372 | |
|--|--------|
| Attention Deficit Disorder | 66.0% |
| Oppositional Defiant Disorder | 46.9% |
| Adjustment Disorder(s) | 8.9% |
| Disruptive Behavior | 7.8% |
| PTSD | 14.2% |
| Bipolar Disorders | 2.1% |
| Anxiety Disorder | 7.4% |
| Learning Disorder(s) | 1.2% |
| Conduct Disorder | 6.6% |
| * Only most commonly diagnosed conditions | shown. |

| Family I nvolvement with N = 3,372 | |
|------------------------------------|-------|
| Treatment Services | 87.8% |
| Person-centered Planning | 82.4% |
| None | 7.1% |

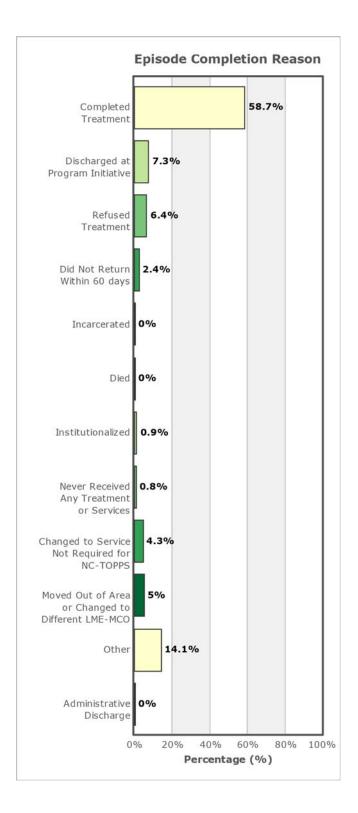




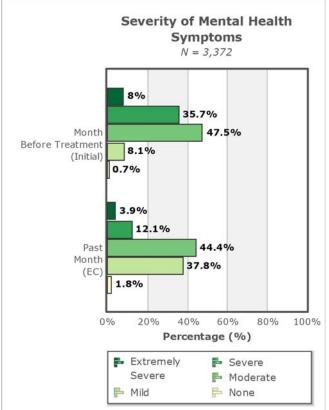


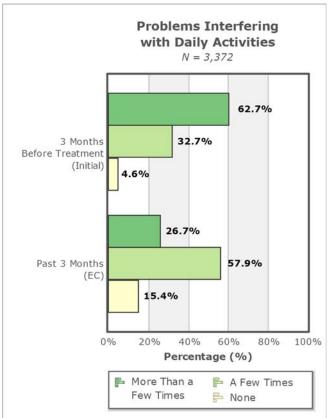
A person completing the item in the chart above about how data was collected (data collection method) can choose one or more of the three responses shown. The percentages within the chart are the percents of interviews in each response category for the total number of people "N", which sometimes results in a total percent greater than 100 percent.

Information on this page through page 69 continues to be about child mental health consumers with episode completion interviews conducted from 7/1/2015-6/30/2016. The N within charts is the number of interviews that fell into each response category.



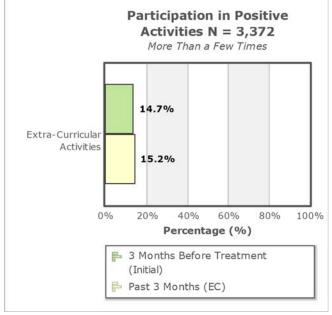
Behaviors





| N = 2,255 | | |
|--------------------------|---|--------------------------|
| | Year Before Treatment (I nitial) | Past 3 Months (EC) |
| Emotional Well-Being | 23.0% | 61.3% |
| Physical Health | 84.4% | 89.7% |
| Family Relationships | 39.2% | 63.5% |
| Living/Housing Situation | 70.2% N = 2,180 * | 79.6% |
| I | | |

* - Interview(s) were completed after the question was added to NC-TOPPS.



Adult Role Model

Among 2,255 consumers, 2,211 (98%) have relationship(s) with adults, other than their parents or guardians, who serve as positive role models.

| O | Experienced Abuse N = 2,255 | | |
|---|------------------------------------|---|--------------------------|
| | | 3 Months Before Treatment (I nitial) | Past 3 Months (EC) |
| | Physical Violence Experienced | 37.1% | 29.8% |
| | Hit/Physically Hurt Another Person | 72.2% | 51.7% |

Juvenile Justice System Involvement

104 (3.1%) of consumer(s) has a court counselor assigned or is under the supervision of the juvenile justice system at the time of their EC interview.

| | Month Before Treatment (I nitial) | Past Month (EC) |
|--|---|--------------------------|
| Petition(s) Filed N = 3,372 | 0.9% | 1.2% |
| | 3 Months Before Treatment (I nitial) | Past 3 Months (EC) |
| Nights in Jail or Detention N = 2,255 | 0.1% | 0.2% |

| Suicide I deation and Hurting Self N = 2,255 | | |
|--|---|---------------------------------|
| | Ever (I nitial) | Since Last Interview (EC) |
| Suicidal Attempts | 6.1% | 1.5% |
| | 3 Months Before Treatment (I nitial) | Since Last Interview (EC) |
| Suicidal Thoughts | 16.5% | 5.1% |
| Tried to Hurt or Cause Self Pain | 19.2% | 7.6% |

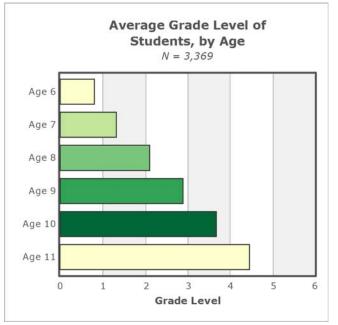
Psychotropic Medications at EC

2,429 (72%) consumer(s) have had a prescription for psychotropic medications in the past month. Of those, 2,094 (86.2%) take their medication as prescribed all or most of the time.

Education

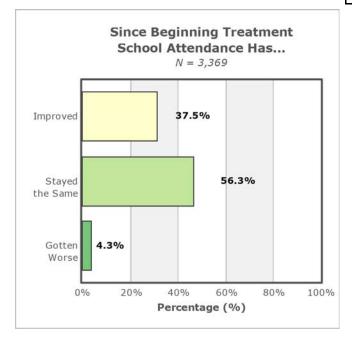
| Enrollment in Academic Programs N = 3,372 | | |
|--|----------------------|-----------------|
| | Initial Interview | EC Interview |
| Enrolled in Any Academic Program | 94.7% | 94.6% |
| Not Enrolled in Any Academic Program | 5.3% | 5.4% |

| Of Those Enrolled in Academic Programs Note: Multiple Responses | | |
|--|-------|-------|
| Initial EC Interview Interview | | |
| N | 3,193 | 3,191 |
| Academic Schools (K-12) | 90.0% | 90.3% |
| Alternative Learning Program (ALP) | 11.2% | 8.7% |
| Other Academic Program | 1.3% | 2.1% |

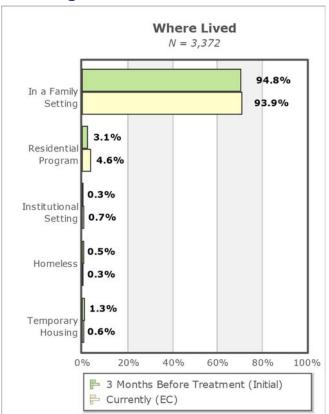


| Students Who Received Mostly A's, B's, and C's at Most Recent Grading Period | | |
|--|----------------------|-----------------|
| | Initial Interview | EC Interview |
| N | 3,372 | 3,372 |
| Received Mostly A's, B's, and C's | 58.0% | 67.3% |

| School Suspension and Expulsion | | |
|---------------------------------|---|-------------------|
| | 3 Months Before Treatment (I nitial) | Currently (EC) |
| N | 3,372 | 3,372 |
| Suspension | 32.4% | 17.7% |
| Expulsion | 2.0% | 1.1% |
| | | - |



Housing



| Times Moved Residences Past 3 Months (EC) N = 3,372 | |
|---|-------|
| No Moves | 79.2% |
| Moved Once | 16.1% |
| Moved Two or More Times | 4.8% |

| Number Living in Special Circumstances | | |
|---|---|----------------|
| Where Lived Most of Time | 3 Months Before Treatment (I nitial) | Currently (EC) |
| Homeless Sheltered | 14 | 8 |
| Homeless Unsheltered | 2 | 2 |
| Therapeutic Foster Home | 35 | 42 |
| Level III Group Home | 13 | 33 |
| Level IV Group Home | 13 | 21 |
| State Residential Treatment Center | 23 | 20 |
| Other | 21 | 39 |
| Total Living in Special Circumstances | 121 | 165 |
| Of the Total, Number in Home Community | 34 | 40 |

Homeless Nights, Currently (EC)

Among 2,255 consumer(s), 22 (1%) consumer(s) reported night(s) homeless.

Service Needs

Services Deemed Important at Initial and Received at EC

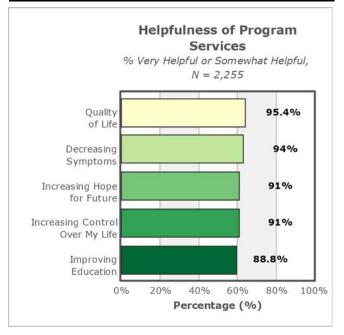
| Multiple Responses, N = 3,372 | | |
|---|---------------------|-------|
| | Initial | EC |
| Education | 79.6% | 74.6% |
| Housing | 12.3% | 9.9% |
| Transportation | 11.0% | 11.4% |
| Child Care | 7.7% | 4.2% |
| Medical | 14.0% | 15.7% |
| Dental | 8.2% N = 3,254 * | 5.9% |
| Screening/Treatment Referral for HIV/TB/HEP | N/A | 0.3% |
| Legal | 3.5% | 3.7% |
| Volunteer Opportunities | 3.3% N = 3,254 * | 1.2% |
| None | 16.1% | 20.5% |

* - Interview(s) were completed before the question was added to NC-TOPPS.

Crisis/Hospital Care Past 3 Months

| N = 2,255 | | |
|--|---|--------------------------|
| | 3 Months Before Treatment (I nitial) | Past 3 Months (EC) |
| Crisis Contacts | 14.6% | 9.0% |
| ER Visits | 14.1% | 7.9% |
| Medical/Surgical Hospital Nights | 3.4% | 2.0% |
| Psychiatric Inpatient Hospital Nights | 10.0% N = 2,180 * | 4.9% |
| | | |

* - Interview(s) were completed after the question was added to NC-TOPPS.



| Barriers to Treatment Multiple Responses, N = 3,372 | | |
|--|---------------------|-------|
| | Initial | EC |
| No Difficulties | 88.3% | 80.3% |
| Active MH Symptoms | 2.4% | 5.0% |
| Active SA Symptoms | 0.2% | 0.2% |
| Physical Health | 0.4% | 0.9% |
| Family Issues | 2.3% | 6.9% |
| Needs Not Met | 1.3% | 2.0% |
| Engagement | 1.2% | 4.2% |
| Cost | 0.6% | 0.5% |
| Stigma /Discrimination | 0.1% | 0.1% |
| Treatment /Auth. Access | 3.0% | 2.3% |
| Deaf/Hard of Hearing | 0.1% | 0.1% |
| Language/Comm. | 0.4% | 0.3% |
| Legal Reasons | 0.1% | 0.1% |
| Transportation | 2.5% | 2.0% |
| Scheduling Issues | 2.8% | 4.3% |
| Lack of Stable Housing | 1.0% N = 3,254 * | 1.5% |
| Personal Safety | 0.4% N = 3,254 * | 0.1% |

* - Interview(s) were completed before the question was added to NC-TOPPS.

Routine Health Care

Among 2,255 consumer(s), 1,302 (57.7%) have seen their provider for a routine check-up since the last interview.

Routine Dental Care

Among 2,255 consumer(s), 888 (39.4%) have seen their dentist for a routine check-up since the last interview.