

Region G – Piedmont Triad Regional Council
Adrienne Calhoun, Area Agency on Aging Director
336-904-0300, acalhoun@ptrc.org

Linda Miller, Aging Program Director

704-348-2712, Imiller@centralina.org

Region F – Centralina Council of Governments

Region J – Triangle J Council of Governments

Mary Warren, Area Agency on Aging Director
919-558-2707, mwarren@tjcog.org

Region P – Eastern Carolina Council of Governments

Heather O'Connor, Human Services Director 252-638-3185 x3012, hoconnor@eccog.org

Region Q – Mid-East Commission
Annette Eubanks, Area Agency on Aging Director 252-974-1835, aeubanks@mideastcom.org

Region R – Albemarle Commission
Laura Alvarico, Area Agency on Aging Director
252-426-5753, lalvarico@accog.org