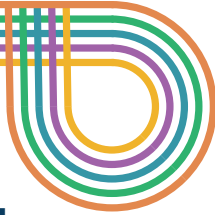


NC DEPARTMENT OF HEALTH AND HUMAN SERVICES

Division of Employment and Independence for People with Disabilities

NC Disability Benefits 101



We know that people with disabilities can — and do — work. With the right kind of preparation, reasonable accommodations and supports, everyone in North Carolina can be successful in a job that they are good at and enjoy doing.

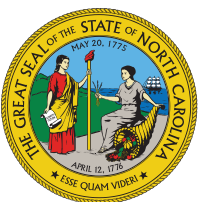
We also know there are many myths about how working will impact your benefits and how hard it is to get them back if you stop working. Sometimes, people think they can't work at all because they will lose their benefits.

North Carolina Disability Benefits 101 (DB101) is an online, user-friendly resource designed to help people with disabilities and their service providers, families and guardians better understand how work and benefits can go together.

Exploring NC DB101 can help you:

- Understand which public benefits you receive
- Discover which work incentives can help you
- Explore resources that support work
- Set employment goals and plan your next steps
- See how to save money and get ahead
- Find the right health coverage
- See what other benefits might be available to you

You'll also find answers to frequently asked questions, tips on how to avoid common benefits pitfalls, and information about how the **Division of Employment and Independence for People with Disabilities** can help you achieve your goals.



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Learn more:
ncdhhs.gov/eipd