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## North Carolina Mental Health Planning and Advisory Council (NCMHPAC) Meeting Minutes of August 4, 2017 - Approved

Meeting location: 3724 National Drive, Suite 100, Raleigh, NC 1-888-273-3658; 2490768#

Present: Damie Jackson-Diop, Chair, Gwen Belcredi, Corey Dunn (for Vicki Smith), Lucy Dorsey, Garron Rogers, Mary Edwards, Joe Simmons, Bert Bennett, Jean Steinberg
Phone: Mary Lloyd, Wes Rider, Jeanne Preisler, Marcus Stevenson, Jen Overfield
Staff: Walt Caison, Susan Robinson, Karen Feasel, Ken Edminster

Guests: Ken Scheusselin, Matthew Herr

### 1) Meeting Convened/Introductions (10:00-10:15)

**Action:** Damie Jackson-Diop, Chair, convened the meeting, welcome and introductions were completed.

### 2) Approval of Minutes/ Review of Agenda (10:15-10:30)

**Action:** The agenda was reviewed with minor modifications; Sub-recipient reports will be deferred to the next meeting. Approval of minutes is deferred to the next meeting due to lack of the needed quorum.

# 3) Public Comments - Members of the public can address the Council. Limit of three minutes.

**Action:** Damie read an email submitted by Laurie Coker, NC CANSO, submitted for public comments she intended to provide today. Laurie's email reads:

"I regret I have to miss it, because the MHBG it is such an important source for funding projects that could be vehicles for promoting the necessary culture shift in our system.

If our funds are to serve our folks more efficiently, resulting in their growth and fewer crises, we must develop a recovery agenda so we know we are making steps out of an outdated and less effective medically based approach to one that is more holistic and which has promising outcomes that perpetuate hope and self-care.

Could you please consider adding this discussion to the agenda: How can the MHBG be utilized to shift the culture of practice and support to one that transitions from medical centricity to one that fosters mental health recovery? Inherent in this shift are individual rights, choice in services and providers, peer support, and peer operated centers, including respite care."

### 4) Chairperson's Report (10:30 – 11:15)

**Discussion:** Damie provided brief updates for the Council's consideration, reserving most of the time for addressing the plan. Among the topic updates were: final NCMHPAC TA meeting with other states and with TA coach for NC; plan outlined for TA on strategic planning, development of an orientation handbook/process to help, and ways to strengthen and sustain Council focus and leadership over time; member survey of each meeting for CQI; need to complete membership recruitment for geographic and diverse representation; and modifying stakeholder survey to gain broader public comments and promote awareness of the MHBG and the Council.

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Damie requested the Council consider establishing a Plan committee to both finalize Council priorities, final recommendations to the DMHDDSAS on the plan and draft the letter to be included in submission of the plan. This will help the council be more efficient in the plan and report drafting work, take the Council's discussions and recommendations to the next level (solidify, compile, strategies, etc.); and 2) serve as a buffer, separating Damie or future chair, from any potential conflicts of interest in speaking for or addressing Council.

#### Action:

- By consensus of those present, Council agreed in support of Damie seeking another round of TA for the Council and leadership. Damie will take the next steps with the TA coach.
- By consensus of those present, Council agreed to establish a committee to review and edit the plan, finish the Council priorities, and draft final letter endorsing the plan. Volunteers include: Dave Wickstrom, who is willing to chair, Terri Shelton, Vicki Smith, Marcus Stevenson, and Gwen Belcredi. The committee will meet prior to plan submission to complete tasks outlined; potential dates are August 10, 17, 21.

#### 5) 2017 MHBG Application: Review of draft plan (11:15-12:00)

**Discussion:** Susan framed the discussion and priority planning. Damie facilitated the planning process. While drafting priorities by the three MHBG priority populations and the plan domains, notes were compiled for key points the Council wanted to address in the letter of endorsement. The meeting notes can be found in the attached table.

Action: Plan Review Committee now designated will meet to finish this work.

- 6) Lunch-(12:00-12:30)
- 7) Council Letter of Endorsement for 2017 Application: Review of Process (12:30- 1:00) Action: Those present by consensus agreed to a standing committee for planning and reporting, finalizing work begun during Council meetings. Plan Review Committee now designated will meet to finish this work.

# MHBG Sub-recipient Reports/Summaries: Pending Availability (1:00- 1:30) Action: Deferred to the next meeting due to time and scope of work for this meeting.

- 9) Vice Chair Candidates: Review of Bios and Possible Vote (1:30- 2:00) Action: This item was included in the Chair report.
- 10) By Laws: Revision Recommendations (2:00 2:30)

Action: Damie requested members review and submit in writing modifications for consideration at the next meeting.

- Council Member Updates (2:30- 3:00) September is Suicide Prevention Awareness month and Recovery month. Activities will be occurring statewide in communities across the state.
   Proclamations have been requested from Governor Cooper.
- **12)** Adjourn Damie adjourned the meeting and thanked all participants.

#### 2017 Meeting Dates

October 6<sup>th</sup> ~ November (conference call for report data) ~ December 1<sup>st -</sup>