All Ages, All Stages NC

A Roadmap for Aging and Living Well

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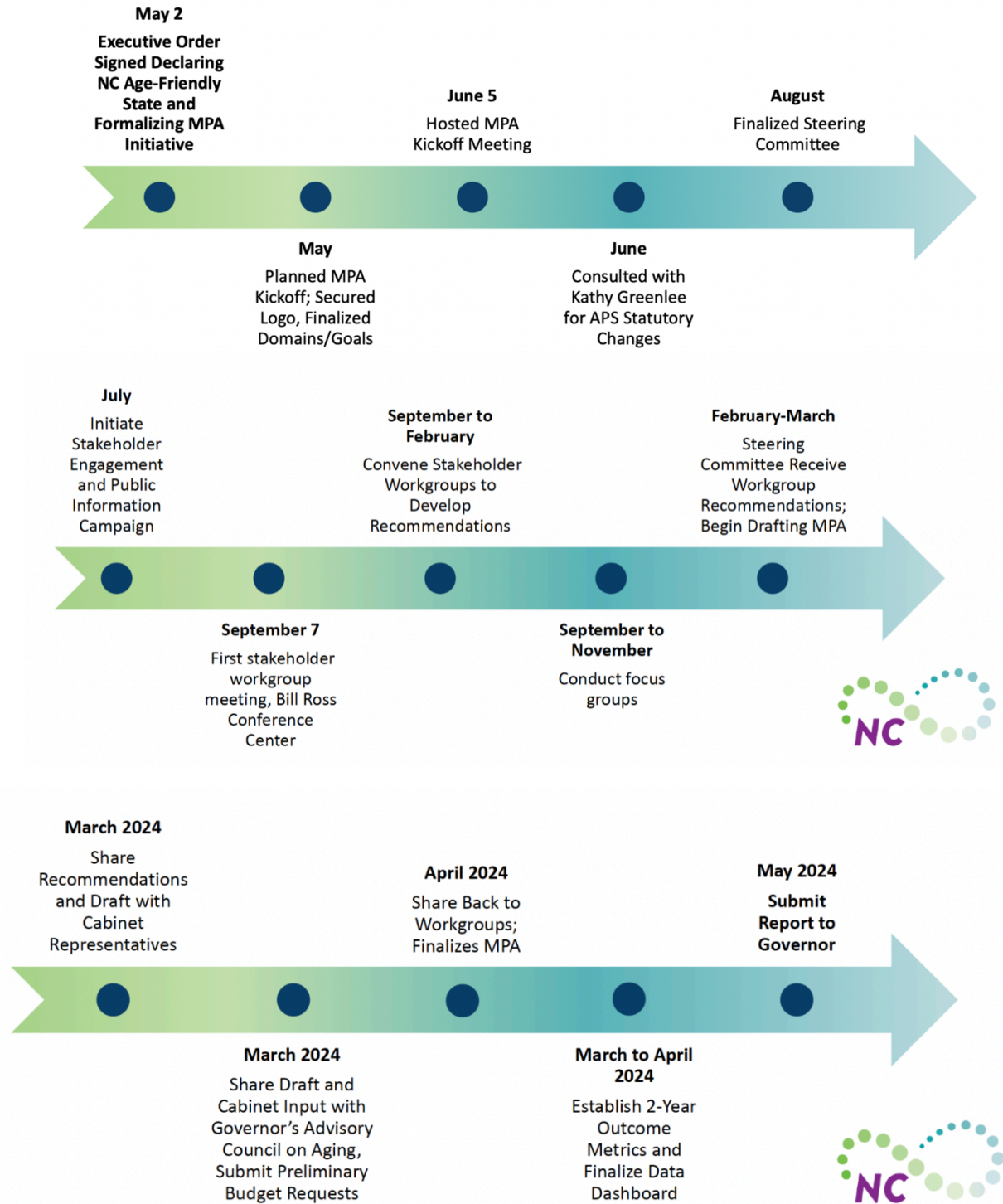
A Roadmap for Aging and Living Well

Strengthening Communities for a Lifetime

Supporting Older Adults and Their Families

Optimizing Health and Well-Being

Affording Aging

All Ages, All Stages NC
A Roadmap for Aging and Living Well

May 2

Executive Order Signed Declaring NC Age-Friendly State and Formalizing MPA Initiative

June 5

Hosted MPA Kickoff Meeting

August

Finalized Steering Committee

May

Planned MPA Kickoff; Secured Logo, Finalized Domains/Goals

June

Consulted with Kathy Greenlee for APS Statutory Changes

July

Initiate Stakeholder Engagement and Public Information Campaign

September to February

Convene Stakeholder Workgroups to Develop Recommendations

February-March

Steering Committee Receive Workgroup Recommendations; Begin Drafting MPA

September 7

First stakeholder workgroup meeting, Bill Ross Conference Center

September to November

Conduct focus groups

March 2024

Share Recommendations and Draft with Cabinet Representatives

April 2024

Share Back to Workgroups; Finalizes MPA

May 2024

Submit Report to Governor

March 2024

Share Draft and Cabinet Input with Governor's Advisory Council on Aging, Submit Preliminary Budget Requests

March to April 2024

Establish 2-Year Outcome Metrics and Finalize Data Dashboard

North Carolinians will have access to person-centered services and supports that will optimize their life expectancy and health quality.

The Optimizing Health and Well-Being workgroup aims to improve healthcare, promote preventive measures, and enhance overall wellbeing by exploring innovative approaches, healthcare accessibility, and mental health support.

Possible focus areas:

Community Health Resources	Healthcare Financing and Delivery Innovations	Healthy Aging Programs	Healthcare Workforce Support

Continuum of Care	Health Equity and Access	Other Focus Areas

- Community Health Resources: Expand and strengthen health resources in communities, including virtual care options, to ensure accessible and comprehensive healthcare services.
- Healthy Aging Programs: Promote programs and services that support healthy aging, enabling individuals to lead active and fulfilling lives as they grow older.
- Continuum of Care: Ensure the availability of a continuum of care options in all communities, ensuring that individuals can access the appropriate level of care based on their needs and preferences.
- Healthcare Financing and Delivery Innovations: Examine both public and private healthcare financing and delivery options, exploring innovative approaches to improve affordability, efficiency, and quality of care.
- Healthcare Workforce Support: Support initiatives focused on recruiting, retaining, and adequately compensating paid healthcare workers, recognizing their vital role in delivering high-quality care.
- Health Equity and Access: Address disparities in healthcare access and outcomes, with a specific focus on underserved populations, by implementing strategies to improve health equity and ensure equal access to healthcare services.

<u>Optimizing Health and Well-Being: Guide to Existing Efforts & Recommendations</u>

This guide will highlight essential recommendations and goals drawn from current initiatives that align with the Optimizing Health and Well-being domain of the All Ages, All Stages NC Multisector Plan for Aging (MPA) Initiative. These recommendations/goals have been categorized into potential focus areas, providing a clear and concise overview of the key strategies for addressing the challenges and opportunities within this domain.

Community Health Resources:

- 2022 report from Governor's Advisory Council on Aging (GAC): Address hearing loss in long-term care facilities
- GAC Recommendations: Hearing Loss and Care: Educate Health Care Workers on the Benefits of Timely Hearing Screenings
- [Olmstead Plan](): Community Capacity Building
- Olmstead Plan: Priority Area 1: Strengthen Individuals' and Families' Choice for Community Inclusion Priority Area
- Olmstead Plan: Priority Area 5: Increase Opportunities for Inclusive Community Living
- NCIOM taskforce recommendations: Recommendation 7 - Include Aging in Local Public Health & Hospital Community Health Assessments

Healthy Aging Programs:

- NCCOA Recommendations: Improve coordination and integration of healthcare and social services.
- Age-friendly initiative: Supply accommodating public service resources for aging populations.
- [NC Falls Prevention Coalition Strategic Plan]()
- NCIOM taskforce recommendations: Recommendation 1. Help older adults retain more financial and material resources to support healthy aging/pre-retirement education and paycheck deductions for retirement.
- NCIOM Taskforce recommendations: Recommendation 4 - Create a Community Culture that Supports Healthy Aging
- NCIOM Taskforce recommendation: Recommendation 5 - Collaborate to Encourage Actions that Support Healthy Aging across the Lifespan by addressing stigmas on aging and getting legislative attention.

Continuum of Care:

- NC Falls Prevention Strategic Plan: Objective 1A: Create Opportunities to share innovation, evaluation results and best practices that included developing a Community of Practice with multidisciplinary partners such as researchers, practitioners, community members from across the continuum of care through the NCFPC.

Healthcare Financing and Delivery Innovations:

- BOLD Act Grant: Enabled NC to pursue the federal CDC BOLD – Healthy Brain Initiative and to build a NC public health infrastructure that addressed Alzheimer's Disease and Related Dementias with objectives including increasing early detection and diagnosis, risk reduction, prevention of avoidable hospitalizations, and supporting dementia caregiving.
- NCCOA recommendations: 2. Support Economic Self-Sufficiency for Older Adults and Their Caregivers: Expand access to health care by eliminating the health insurance coverage gap, especially for seniors who are not yet eligible

Healthcare Workforce Support:

- DHHS Strategic Plan: Pay increased to $15 per hour to increase the average direct care workforce pay to $15 hour. Complete a pay equity audit within the first fiscal year.
- NCIOM taskforce recommendations: Recommendation 10 - Ensure a Strong Community Workforce to Serve Older Adults
- NCIOM taskforce recommendations: Recommendation 11 - Improve Ability of Community Health Workers to Address the Needs of Older Adults
- 2022 report from GAC: Explore the development of a state loan forgiveness program and a grant program for nurses and direct care staff; this could be administered through the state community college system.

Health Equity and Access:

- Medicaid Reform: Health equity initiative: improve health/wellbeing.
- State Aging Plan: Advance health equity by reducing disparities for historically marginalized populations.
- NCCOA recommendations: 1. Ensure Access to a Full Array of Long-Term Care Services and Supports Across Settings: Increase Medicaid permanent reimbursement rates to cover current service costs.
- Age-friendly initiative: In addition to infrastructure, create opportunities for aging populations to engage in society through employment, activities, treatment with respect, and equal access to social circles.

Other:

- DHHS Strategic Plan: North Carolina's opioid and substance use crisis

NC DEPARTMENT OF HEALTH AND HUMAN SERVICES

NORTH CAROLINA DEPARMENT OF HEALTH AND HUMAN SERVICES (NC DHHS)

All Ages, All Stages NC (MPA)

Optimizing Health and Well-Being

Stakeholder Workgroup Charter

September 7, 2023

Purpose:

The purpose of the Multisector Plan for Aging (MPA) is to provide a blueprint for state government, local government, private sector, and philanthropy to implement strategies and partnerships that promote aging with optimal health, choice, and dignity, and build an age-friendly State for all North Carolinians. The purpose of the stakeholder workgroups (SW) is to contribute expertise and insights, sharing perspectives on aging and disabilities.

Objectives:

The objectives of the stakeholder workgroups are:

- **To understand existing related initiatives and recommendations.**
- **To provide expertise and input regarding what is needed to advance the overall goals of the domain they represent.**
- **To develop recommendations relevant to their workgroup's focus areas.**

Membership:

Membership reflects a broad array of stakeholders and professionals with an interest and expertise. The MPA SW is facilitated by the two co-leads and champion(s) from the steering committee.

Guiding Principles:

1. **Diversity, Equity, and Inclusion**: The work of the MPA will be guided by principles of diversity, equity, and inclusion. The development of goals and strategies within the plan will be shaped by these principles. Additionally, equity considerations will be integrated into the evaluation efforts, ensuring that the impact of the plan is assessed across diverse populations.
2. **Collaboration and Openness**: SW meetings will foster a collegial and open environment that promotes collaboration. All members of the SW will be encouraged to express their diverse and innovative points of view. The value of knowledge and expertise from every team member will be acknowledged and respected, creating an inclusive space for contributions.
3. **Transparency and Open Communication:** SW meetings will prioritize transparency by promoting open communication among all participants. Information sharing, updates, and discussions will be conducted in a transparent manner, ensuring that all relevant stakeholders have access to the necessary information and are engaged in the decision-making process.
4. **Person-Centered, Data-Driven Approach**: SW meetings will adopt a person-centered, data-driven approach, aligning with the values of the Administration and reflecting the principles of the NC DHHS. Decision-making will be guided by reliable data and evidence, ensuring that actions are based on accurate information and assessment.

Operating Principles:

1. **<u>Frequency of SW Meetings</u>**: The SW convene twice a month between September 2023 and February 2024. The specific dates and times will be determined in advance and communicated to all SW members.
2. **<u>Meeting Agendas:</u>** The co-leads and champions will work together with a project staff in preparing and distributing meeting agendas for each SW meeting. The agendas will be shared with SW members at least 3 days prior to the scheduled meeting. SW members are encouraged to suggest agenda items to ensure all relevant topics are addressed.
3. **<u>Meeting Facilitation</u>**: Each SW meeting will be facilitated by co-leads, with support from a champion. Subject matter experts and cabinet agency representatives may be consulted or invited to attend the meeting as needed, based on the agenda items to provide additional insights or guidance.
4. **<u>Meeting Minutes</u>**: Minutes for each SW meeting will be prepared and distributed within 3 days after the meeting by the assigned project staff, in collaboration with the co-leads and champions. The minutes will include a summary of decisions made, accomplishments achieved, agreed-upon actions, and any issues tabled for future discussion.

SW Member Responsibilities:

1. **<u>Meeting Attendance</u>**: SW members are expected to prioritize meeting attendance.
2. **<u>Active Participation</u>**: SW members are encouraged to engage actively in meetings by contributing to discussions, sharing their perspectives, and providing input on relevant topics. Active participation ensures a diverse range of viewpoints and promotes effective decision-making.
3. **<u>Review and Feedback</u>**: SW members are responsible for reviewing materials provided before and during SW meetings. These materials may include agendas, reports, documents, proposals, or other relevant information. Members should take the time to review these materials and provide feedback as needed.
4. **<u>Consistent Presentation Materials:</u>** SC members are expected to maintain consistent messaging when providing outreach or sharing information to the public to foster professionalism and clarity in communication. Materials presented should maintain a standardized format. Members can obtain materials from the Project Manager to use for all formal presentations, reports, and documents.
5. **<u>Travel Accommodations</u>**: If travel is necessary for SW meetings or related activities, SW members are responsible for arranging their own accommodations and covering related costs.