Practical Matters for R.J. Blackley Patients

What to Bring

Please use the following checklist prior to being admitted, to be certain you have all that you need.

- 1. Individual is allowed up to five (5) changes of clothing. All other clothing will be maintained in a secure area until the individual's discharge.
- 2. Individual may bring up to \$35.00 and keep in their possession for personal use. All overage will be deposited into their account for later
- 3. **Toiletries:** You may bring 7 of the following personal care items that are non-alcohol and non-aerosol:
 - hair spray (non-aerosol),
 - mousse or gel,
 - body wash,
 - deodorant,
 - nail polish in non-glass bottle,
 - personal razor,
 - shaving cream
 - unopened Chap stick,
 - body lotion,
 - make-up container (counts as 1 of 7 items and may include: face cream, foundation, facial powder, lip stick/gloss, rouge/blusher, eye shadow, eye liner, and mascara).

The following items may be brought in addition to the 7 toiletries allowed:

- unopened contact lens cleaner,
- unopened denture adhesive,
- unopened feminine sanitary products,
- unopened adult diapers,
- denture cup,
- contact lens container,
- tooth brush/tooth paste,
- shampoo,
- conditioner in plastic bottles.

NOTE: Blow Dryers are provided by RJ Blackley. Flat irons are the only patient supplied electronic devices allowed within the facility. All flat irons will be inspected for safety upon an



individual's admission and subsequently stored in the individual's inventory box until checked out at the regularly scheduled time.

- 4. List of all current prescriptions (Must be the actual script, a list from the pharmacy or the actual medications).
- 5. Medicaid and/or Medicare card (or statement of Medicaid application status) if applicable and/or private Insurance card.
- 6. No personal electronics are allowed during an individual's treatment at RJ B (includes cell phones, electric razors, electric toothbrushes, etc.).
- 7. No snacks/foods.
- 8. No drinks.

Cost and Financial Arrangements

R.J.B. ADATC is a state-operated, non-profit institution. The charge for care and treatment is based upon the actual cost to ADATC. However, many consumers and their families cannot pay the full amount of this cost. Therefore, the Reimbursement Office and you or your family will discuss your individual case and arrive at an agreed-upon payment for your stay. Someone from the Reimbursement Office will talk with you or a member of your family shortly after you are admitted. If you have questions, please contact the RJB Reimbursement Office. The office is open from 8 a.m. to 5 p.m., Monday through Friday except legal holidays. Telephone number: (919)-575-7928

Our Service to Your Family

An invitation will be extended for family members to participate in the treatment and discharge planning process. These will be great opportunities for them to learn more about how you are doing, and what to expect upon your discharge. They will also acquire important information about addiction and its impact on the family system. To arrange for family or significant others to participate in Treatment Team, please consult your Therapist.

Any patient admitted during a week before 5:00p.m. on Tuesday will be granted visitation privileges beginning that first week-end (unless clinically inappropriate). All patients admitted after 5 p.m. on Tuesday must wait until the following weekend visitation session for visitation privileges. Families and friends are welcome to visit. Your therapist will ask you to complete a visitors list. A maximum of two (2) persons may visit per visitation session. Only visitors whose names are on the visitor list and who are approved by the treatment team will be permitted to visit. Visits are by schedule only (on weekends), and visitors who arrive outside of scheduled times will not be allowed to visit.

Visitors are **not to bring** contraband in the facility which includes: matches, lighters, illegal or prescription drugs, or any other potentially harmful objects.

Visitation Rules:

- A maximum of two visitors may visit a patient at a time
- Visitors must check in at the visitation area upon arrival and show a valid photo ID
- Visitors may not bring any purses, backpacks, bags or containers to visitation
- Visitors may not bring cell phones or pagers into the hospital
- Food, beverages and personal electronics are not allowed to be brought in by visitors or to be left by visitors for patients.

- Certain items are not permitted in the hospital during visitation including: matches, lighters, illegal or prescription drugs, firearms, knives or any other potentially harmful objects.
- No cameras, video recorders or audio recorders may be brought or used by patients or visitors anywhere on hospital grounds so as to protect the privacy of all patients.
- Visitors may bring change in small bills or coins. Money cannot exceed \$35.00.
- No one under the age of 18 will be allowed to visit during normally scheduled visitation hours. Children ages 12 -17 may visit if therapeutically indicated and approved by your treatment team, however these visits will be scheduled during week-day business hours and must be supervised by the assigned therapist. No one under the age of 12 will be allowed to visit.
- Visiting will be limited to designated areas
- Sexual encounters or graphic suggestive behaviors are not permitted
- Smoking during visitation is prohibited.
- Visits may not be interrupted and restarted. If visitor leaves during visitation, they are not permitted to return.
- Visitors who appear to be under the influence of alcohol or other drugs will not be permitted to visit and/or will be asked to leave visitation.
- Visitors may be asked to leave:
 - if staff believes they have dangerous or prohibited items,
 - if a visitor refuses to comply with visitation rules and expectations,
 - if a visitor becomes inappropriate or violent, or
 - if the patient becomes agitated or uncontrolled.

If a visitor disagrees with the request of an RJB staff for the visitor to leave RJB campus, a Butner Public Safety Officer may be summoned to escort the visitor from the premises.

Please call the facility for visiting hours at 919-575-7928.