

## **Q&A – “Interpersonal Violence: Supporting People with IDD and TBI”**

- I work for a nonprofit that provides rehabilitative therapy for those with I/DD & TBI. Is there a one-pager of local & state level resources I could provide clients/caregivers so they can benefit from the various programs offered?

- o We are currently working on adding more information to our IPV Resource Hub. Please visit this link to see what resources and tools we have currently added.

[Interpersonal Violence Resource Hub for People with IDD/TBI | NCDHHS](#)

Resources for brain injury can also be found on the Brain Injury Association of NC (BIANC) website at [www.bianc.net](http://www.bianc.net).

Please stay tuned for future webinars to address these needs further.

- What training, either in person or online, would you recommend for DV and dual agencies to screen for and help identify BI?

- o The most common tool used to screen for traumatic brain injury (TBI) is the Ohio State University TBI Identification Method (OSU TBI-ID). It is a trusted and widely used tool. You can find it here:

[Ohio State University TBI Identification Method | BrainLine](#)

You can also contact your Tailored Plan to complete a TBI screening. Their contact information is here:

[Tailored Care Management | NC Medicaid](#)

- Any suggestions on how to help a disabled mother wanting to leave from a situation involving IPV and would not be able to provide for her children financially?

- o Local domestic violence program can be found at <https://nccadv.org/get-help/>. These programs offer safety planning and can help connect her with housing support, legal help, and other resources.

A trusted person may help her communicate, but all agencies can support her directly.

If a DV agency needs more training on helping people with disabilities, they can contact [North Carolina Coalition Against Domestic Violence](#).

- Where can a survivor of IPV find long term care?
  - o Survivors can contact their [local Managed Care Organization \(MCO\)](#). They can help arrange assisted living, transitional housing, or permanent supportive housing for people with disabilities.

Working with both domestic violence agencies and healthcare providers helps create a care plan that meets the survivor's safety and medical needs.

- Do medical and social service providers need more training on trauma-informed care, especially for people with possible brain injuries?
  - o Yes. There is a strong need for more trauma-informed training. Many symptoms of brain injury—such as confusion, memory problems, or irritability—are misunderstood as “non-compliance.”

A trauma-informed approach helps providers ask, “What happened to you?” instead of “What is wrong with you?”

Training that includes both IPV and brain injury awareness helps survivors get the understanding and support they need.