



NC Department of Health and Human Services

Recovery Community Centers: How They Help – Stories of Those in Recovery

Sept. 28, 2023



Love and Respect

Community For Recovery & Wellness

Our Drop-In Center













Outreach/ **Events**



Love and Respect

Community For Recovery & Wellness

Join us to celebrate the African American community!

September 30th, 2023 from 12-4pm A Place to Go Center 1508 Lincoln Circle Hendersonville, NC 28792



JOIN US FOR A DAY OF COMMUNITY FELLOWSHIP

- Resources
- Food
- Bounce house



CONTACT US

CALL:

828-595-2202

EMAIL:

Alivea@lovenrespect.org

Love and Respect Community for Recovery and Wellness is an organization that provides free substance use and mental health services to all members of the community

Trainings

Motivational Interviewing

Recovery Messaging:

Racial Equity and Inclusion 101:

Verbal De-escalation:

Peer Support 101:

Peer Support and the Justice System:

Peer support and Spirituality:

Harm Reduction 101:

Peer Boundaries and Ethics:

Resource navigation/Networking:

Becoming a part of other people's stories....

"Love and Respect has become a welcoming place where I can come and vent when I am having trouble with my mental health. I stop by Love and Respect before I go to work to receive extra emotional support. I look forward to my one on one peer sessions every week."

-Phillip Y

"Someone mentioned Love and Respect to me when I first had the desire to get clean. I came in. I now have 30 days clean and recommend love and respect to everyone cross paths with. If I didn't have Love and Respect and Mindy, I don't think I would have reached my 30 day clean milestone."

-Karen S

"I found out about Love and Respect from Lexie Wilkins. He told me about it and told me his story and it made me think "wow this is something real!". Love and Respect is different from other treatments. They treat addicts differently. I've been using it since I was 9 and I have a week and a half clean today. You can go in there and they won't try and beat you clean, they will talk to you and not pressure you and they will let you recover on your own terms. I come over here because it's quiet and you can come talk to people and not be talked to. Everytime I come in here, the staff is giving- giving of their time and their resources."

-John

"Love and Respect is a safe place, the staff is very courteous and helpful, it feels like a family atmosphere. Everyone is loving and encouraging. Mindy, Jen and Alivea encourage us greatly."

-David Z

"I have the utmost love and respect for love and respect. It's a place where I feel warm and welcome anytime of the day and I'm always greeted with a big smile. Everyone there has been so helpful in many different areas of my recovery and helped me to take a proactive approach to my journey, which is a huge deal for me personally. I have shared this resource with a ton of people and I feel like it could help a lot of different people in a lot of different ways and I know that anyone who comes here will feel comfortable."

-Liberty.

"Love and respect is so wonderful. I feel so much better when I come in here than I would if I didn't come. I love it. I love what Love and Respect stands for and when I come in here I get respect and give respect. The staff helps as much as they possibly can. When I came in I was at my wits end and as soon as Alivea made a connection for me, everything has fallen into place since. I have a roof over my head now, my husband has a job, and we have gas in our car."

-Ellen





Questions and Answers



Comments, questions and feedback are welcome at:

• BHIDD.HelpCenter@dhhs.nc.gov

The recording and presentation slides for this webinar will be posted to the Community Engagement and Training webpage: https://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-abuse/councils-and-committees/community-engagement-and-training