



# NUTRITION SERVICES

Your health care provider recommends visiting WIC to receive the right personalized support for you and your family.

- Breastfeeding support
- Healthy foods
- Nutrition advice
- Support during pregnancy
- Solutions for picky-eaters
- Referrals to additional resources
- Other: \_\_\_\_\_

**CONTACT YOUR LOCAL WIC OFFICE TODAY!**

Find your local WIC Agency  
CALL 1-844-601-0365  
VISIT [www.ncdhhs.gov/localWIC](http://www.ncdhhs.gov/localWIC)

