



**STATE CONSUMER AND FAMILY ADVISORY COMMITTEE**

**MEETING MINUTES**

**Date:** Wednesday, November 10, 2021 **Time:** 9:00 am

**Location:** Hybrid Meeting

Replay the Meeting: <https://tinyurl.com/2p8david7> Password: NrqCryC2

<b>MEETING CALLED BY</b>	April DeSelms, Chair
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<b>TYPE OF MEETING</b>	Public Meeting
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**ATTENDEES**

**COMMITTEE MEMBERS**

**IN ATTENDANCE**

**ABSENT**

<b>NAME</b>	<b>AFFILIATION/CATCHMENT AREA</b>	<b>NAME</b>	<b>AFFILIATION/CATCHMENT AREA</b>
Jessica Aguilar	Cardinal Innovations	Patty Schaeffer	Partners
Jean Andersen	Cardinal Innovations	Lori Richardson	Sandhills
Kenneth Brown	Alliance	Robin Jordan	Cardinal Innovations
Jason Burke	Trillium	Johnnie Thomas	Alliance
Bob Crayton	Cardinal Innovations	Janet Breeding	Cardinal Innovations (call-in)
April DeSelms	Eastpointe	Orion Christy	Vaya
Crystal Foster	Trillium	Mark Fuhrmann	Partners
Ricky Johnson	Trillium (Call-in)	Brandon Wilson	Vaya
Heather Johnson	Cardinal Innovations		
Pat McGinnis	Vaya		
Susan Monroe	Vaya		
Lorraine Washington	Eastpointe		
Dreama Wilson	Vaya (Call-in)		

**GUESTS**

<b>NAME</b>	<b>AFFILIATION/CATCHMENT AREA</b>	<b>NAME</b>	<b>AFFILIATION/CATCHMENT AREA</b>
Shirley Moore	Partners	Cheryl Powell	DD Council
Amie Brendle	Partners	Chelsea Allen	Cardinal
Stacy Sorrells	Vaya	Travis Glass	(Speaker)
Lisa Nesbit	DRNC (Speaker)	Janet Sowers	(Cardinal)
Frank Messina	Trillium	Felishia McPhearson	Alliance
Jeanine Irby	Cardinal	Marie Dodson	Alliance
Guynette Hartman	Davie Co	Julie Whiteaker	NAMI NW Piedmont NC/Davie Co
Kelsy (?)		Lara Kehle	KidSCOpe
Michael Lennon	Partners	Ray Hemachandra	Vaya
Shelia Arias	MomsRising (Speaker)	Julie Nguyen	
Shirley Moore	Partners (call-in)	Ashle Smith	
Doug Wright	Alliance		

**STAFF**

<b>NAME</b>	<b>AFFILIATION</b>	<b>NAME</b>	<b>AFFILIATION</b>
DS Richard	DHB- NC Medicaid	Kate Barrow	DMHDDSAS- CE&E
Debra Farrington	DHB	Badia Henderson	DMHDDSAS- CE&E
Dr. Charlene Wong	DCFW- Chief Deputy Secretary	Yvonne Copeland	DCFW- Division Director



Mya Lewis	DMHDDSAS- IDD	ShaValia Ingram	DMHDDSAS- CE&E
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### 1. Consent Agenda & Approval of September & October Minutes

<b>Discussion</b>	Bob Crayton noted that the names of the members who made motions were not included in the October minutes. Kate Barrow asked members to state their names when making motions so that those names could be recorded in the minutes more accurately.		
<b>Conclusions</b>	Kate Barrow will review the previous recordings to capture who made motions and revise the minutes.		
<b>Action Items</b>	<b>Person(s) Responsible</b>	<b>Deadline</b>	
Distribute and post minutes to the website	Kate Barrow		

### 2. Public Comment

<b>Discussion</b>	<p>Crystal Foster: Conducted research on overdose encounters in different data (EMS encounters vs. hospital reporting). Discrepancies noted in reported data and resources available. Asks that State CFAC review the data and make recommendations. Also asked about the state’s response to the funding cuts to Trillium.</p> <p>Sarah Potter: There will be a Consumer Forum (virtual) during the Annual Pinehurst conference. Information to be distributed; encouraged members to attend. Event is free of cost.</p> <p>Jessica Aguilar: A family she is working with (Spanish speaking) struggling to access services for TBI; they have Medicaid, but no providers for the services. Also mentioned hospital stays and need for psychiatric/mental health services for hospital stays, but it’s not being offered.</p>		
<b>Conclusions</b>	State CFAC will assign these topics to a SCFAC Subcommittee for review and drafting of recommendations.		
<b>Action Items</b>	<b>Person(s) Responsible</b>	<b>Deadline</b>	
Follow-up on SCFAC Subcommittee Assignment	Kate Barrow; April DeSelms, Jean Andersen		

### 3. Traumatic Brain Injury Report

**Travis Glass**  
**Lisa Corbett**  
**NC Disability Rights**

<b>Discussion</b>	<p>Travis Glass provided an overview of the research conducted for the TBI Report. He gave a definition of Acquired Brain Injury vs. Traumatic Brain Injury.  He noted a need to collect additional data  Questions: Who determines age?</p> <ul style="list-style-type: none"> <li>- DHHS (follow-up on request to CMS on change from 22 to 18)</li> <li>- Who funds Care Coordination of Services?</li> <li>- How working within hospital networks and DHHS system of care?</li> </ul> <p>Pat McGinnis commented about more Military members with TBI and aging populations (Vietnam era) being diagnosed  Additional comments: Need more information on non-traumatic vs. traumatic  Piece meal services together for TBI, no consistency  Video interviews played, but are not shareable at this time.  Recommendations?</p>
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	<ul style="list-style-type: none"> <li>- Travis Glass commented about potential recommendations: Market resources, Expand Waiver, Provider Network Adequacy, Continuity of Care</li> </ul>		
<b>Conclusions</b>	Invite Travis back to address specific topic; brain injury is very broad, services are broad. Examples of specific topics: residential services, co-occurring conditions (TBI and MH).		
<b>Action Items</b>	<b>Person(s) Responsible</b>	<b>Deadline</b>	
Send articles from Andersen.	Kate Barrow	December 1, 2021	

#### 4. State CFAC Subcommittee Work

<b>Discussion</b>	During Subcommittee work, added topics to the whiteboard from public comment and presentation from TBI. By-law Discussion: Next step is to write 1 <sup>st</sup> letter to members not meeting attendance; must attend next meeting or enact by-laws.		
<b>Conclusions</b>			
<b>Action Items</b>	<b>Person(s) Responsible</b>	<b>Deadline</b>	
Write letters to members	April DeSelms & Jean Andersen	December 1, 2021	

#### 5. Division of Health Benefits Updates

**Debra Farrington**  
**NC Medicaid**  
**NCDHHS**

<b>Discussion</b>	Debra Farrington provided an update from the Division of Health Benefits, NC Medicaid and fielded questions. <ul style="list-style-type: none"> <li>- Monitoring budget</li> <li>- Monitoring possibility for Medicaid Expansion</li> <li>- Federal Level funding</li> <li>- PRTF: harm to members (children/youth) potentially up to 6 stories in news. Will be working with DHHS staff and LME/MCO working to respond to issue             <ul style="list-style-type: none"> <li>o Child Welfare Transformation approach: must be consistent</li> <li>o Action Plan to address issues</li> </ul> </li> <li>- Healthy Opportunities to Go Live</li> <li>- Continued updates on the Cardinal Innovations</li> <li>- Tailored Plan preparations continue</li> <li>- Update on Foster Care Plan; Go Live is July 2023; policy paper will be released in January 2022</li> </ul>		
<b>Conclusions</b>			
<b>Action Items</b>	<b>Person(s) Responsible</b>	<b>Deadline</b>	



**6. Division of Mental Health, Developmental Disabilities, and Substance Abuse Services Updates**  
**Deepa Avula, Interim Director**  
**NCDHHS**

<b>Discussion</b>	Director Deepa Avula spoke to the Trillium cuts, citing the uncertain budget and changes in accounting formulas. She fielded questions from SCFAC members and noted that DMHDDSAS and DHB is working on a response.	
<b>Conclusions</b>		
<b>Action Items</b>	<b>Person(s) Responsible</b>	<b>Deadline</b>

**7. How to Meet and Support Hispanic/Latinx Families Where They Are**

**Jessica Aguilar**  
**State CFAC Member**

**Sheila Arias**  
**NC Campaign Director/ Mamás Con Poder**  
**MomsRising Together & MomsRising Education Fund**

<b>Discussion</b>	<p>Jessica Aguilar and Sheila Arias provided an overview on MomsRising</p> <ul style="list-style-type: none"> <li>- Growth of Hispanic community in NC up to 39.8%</li> <li>- Highlighted concerns/barriers Hispanic families experience in navigating the system               <ul style="list-style-type: none"> <li>o Understand what the priorities families have before getting them on the same page (pause the agenda)</li> </ul> </li> <li>- Help families understand diagnosis words (learn English diagnosis words) and make connections               <ul style="list-style-type: none"> <li>o Translate at 3<sup>rd</sup> grade level for more accessible information</li> </ul> </li> <li>- Ensure access to help families understand mental health, developmental disabilities, and SUD or TBI               <ul style="list-style-type: none"> <li>o All platforms and times because of more schedules</li> <li>o Learn about diagnostics</li> </ul> </li> </ul>	
<b>Conclusions</b>		
<b>Action Items</b>	<b>Person(s) Responsible</b>	<b>Deadline</b>

**8. Division of Child & Family Wellbeing**  
**Charlene Wong, MD MSHP**  
**Assistant Secretary for Children and Families**  
**NC DHHS**

<b>Discussion</b>	<p>Dr. Charlene Wong shared Slides on new Division of Child and Family Well-Being and asked for comments and feedback on the structure.</p> <p>Questions from Dr. Wong included:</p> <ul style="list-style-type: none"> <li>- What do you see as the greatest opportunities for the Division of Child and Family Well-Being to better meet needs of children and families?</li> </ul> <p>Some comments/responses from the chat included:</p> <ul style="list-style-type: none"> <li>- Potential additional priority challenge: Lack of sufficient support for Peer Support for/by young people (need service definition to support this important tool for building trust and engagement)</li> <li>- Some are worried staff and resources are further being splintered and creating more siloes. With IDD, needs don't necessarily follow a typical chronological order. What happens to coordinate services during those "transition" periods?</li> </ul>
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	<ul style="list-style-type: none"> <li>- A few stakeholders in the Triad region had a discussion yesterday about an issue of information sharing. To explain, recently a stakeholder met a mother with a child qualified as IDD, this mother knew nothing about services and support that may be available to her child. It was suggested she discuss this with the family pediatrician; but, the pediatrician had no idea of how to guide the family. The schools provide services and supports, but that does not address everything; and there is little information shared with families on how to navigate the system and learn how to access services. So, our doctors, and our schools and our social services and health departments need to have comprehensive training on how to reach out and support families.</li> <li>- Engagement with schools</li> <li>- CFTs are critical. There is work to be done between the DSS CFT model and the SOC CFT model. Would like to get as close as possible to the One child, one plan, one team mantra.</li> <li>- Mental Health should be redefined as inclusive of IDD, SMI, SUD and TBI!</li> <li>- Will you have any emphasis on Domestic Violence and Child Abuse preventions?</li> <li>- what happen with the rural areas what is the approach with them</li> <li>- Many children are being place in their Grandmothers or other relatives homes, Grandmothers and others need more support.</li> <li>- Which department will handle suicide prevention? All?</li> <li>- Will your department be visiting classrooms to give presentations/provide information?</li> <li>- Between Henderson and Buncombe Counties there are 700 to 800 homeless children. They need a place to sleep, food to eat, a place to bathe, and wash their clothes.</li> <li>- Can you increase physician training (especially those who work in the ED) for working with kids with IDD?</li> <li>- Will the slides be available and contact info for the new division of child &amp; family wellbeing</li> <li>- Access to telehealth</li> <li>- Children grow into 'adults,' there will be an opportunity to do some transition education to help families prepare for the changes in laws, systems and services.</li> <li>- DPI should play a large part in those transition education events.</li> </ul>
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<b>Conclusions</b>		
<b>Action Items</b>	<b>Person(s) Responsible</b>	<b>Deadline</b>

<b>Meeting Adjourned:</b>	<b>Next Meeting:</b>
April DeSelms asked for a motion to adjourn the meeting. Susan Monroe motioned. Pat McGinnis seconded. Motion carried. Meeting adjourned at 3 pm.	December 1, 2021