



STATE CONSUMER AND FAMILY ADVISORY COMMITTEE

MEETING MINUTES

Date: Wednesday, September 8, 2021 **Time:** 9:00 am to 3:00 pm

Location: Hybrid Meeting Alliance Health, 5200 Paramount Parkway West, Morrisville, NC 27560	Replay the Meeting: https://tinyurl.com/v7vnn4 Password: FdHYexH3
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MEETING CALLED BY	April DeSelms, Chair
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TYPE OF MEETING	Public Meeting
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ATTENDEES

COMMITTEE MEMBERS

IN ATTENDANCE		ABSENT	
NAME	AFFILIATION/CATCHMENT AREA	NAME	AFFILIATION/CATCHMENT AREA
Jessica Aguilar	Cardinal Innovations	Mark Fuhrmann	Partners
Jean Andersen	Cardinal Innovations	Lori Richardson	Sandhills
Janet Breeding	Cardinal Innovations (call-in)	Heather Johnson	Cardinal Innovations
Kenneth Brown	Alliance	Johnnie Thomas	Alliance
Bob Crayton	Cardinal Innovations		
April DeSelms	Eastpointe		
Crystal Foster	Trillium		
Robin Jordan	Cardinal Innovations		
Ricky Johnson	Trillium (Call-in)		
Pat McGinnis	Vaya		
Susan Monroe	Vaya		
Patty Schaefer	Partners		
Lorraine Washington	Eastpointe		
Brandon Wilson	Vaya		
Dreama Wilson	Vaya (Call-in)		

GUESTS

NAME	AFFILIATION/CATCHMENT AREA	NAME	AFFILIATION/CATCHMENT AREA
Amie Brendle	Partners	Mary Fowler	
Shirley Moore	Partners	Julie Whitaker	
Amy Drozoda		Sarah Potter	Cardinal Innovations
Guynette Hartman		Charlitta Chambless	
Frank Messina	Trillium	Rebecca F	
Janet Sowers	Cardinal Innovations	John Weeks	
Kimberley Mitchell		King Jones	
Maria			

STAFF

NAME	AFFILIATION	NAME	AFFILIATION
Chief Deputy Secretary Kinsley	NCDHHS	Kate Barrow	DMHDDSAS- CE&E
DS Richard	DMHDDSAS- CE&E	Stacey Harward	DMHDDSAS- CE&E



AD Michelle Laws, PhD	DMHDDSAS	ShaValia Ingram	DMHDDSAS- CE&E
AD Matt Herr	DMHDDSAS	Suzanne Thompson	DMHDDSAS- CE&E
Director Armstrong	DMHDDSAS	Mya Lewis	DMHDDSAS- IDD/TBI Section
Debra Farrington	DMHDDSAS- CE&E	Jennifer Bowman	DMHDDSAS- QM
		Laura Muse	DMHDDSAS- CBH

1. Consent Agenda & Approval of August Minutes

Discussion	The members voted to approve September Agenda. Bob submitted corrections to the August minutes via email. the August minutes. Pat seconded. Motion carried. Bob Crayton motioned; Pat McGinnis seconded. Motion carried.		
Conclusions			
Action Items	Person(s) Responsible	Deadline	
Distribute and post minutes to the website	Kate Barrow		

2. Public Comment

Discussion	No public comment was made.		
Conclusions			
Action Items	Person(s) Responsible	Deadline	

3. SCFAC SWOT Analysis and SMART Goal Development

Brandon Wilson

Discussion	Brandon Wilson, SCFAC member from the Western Region, provided a presentation on how to do a SWOT Analysis and develop SMART Goals.		
Conclusions			
Action Items	Person(s) Responsible	Deadline	

4. Subcommittee Breakouts

Discussion	<p>Each subcommittee met via Webex breakout room and worked on their SWOT Analysis and SMART Goal Development. Local CFAC members were invited to listen in to the different subcommittee meetings. No recommendations from subcommittees were brought to SCFAC.</p> <ul style="list-style-type: none"> • Recovery & Self-Determination • Legislative • State to Local Collaboration • Service Gaps & Needs/Veterans 		
Conclusions			
Action Items	Person(s) Responsible	Deadline	
Continue to follow-up with subcommittee chairs on staff support needs, scheduling meetings, and disseminating information.	Kate Barrow	On-going	



5. DHB/NC Medicaid Updates

Debra Farrington

NC DHHS

Discussion	<p>Debra Farrington provided an update on the roll out of Standard Plans.</p> <ul style="list-style-type: none"> - Review enrollment data for Standard Plan and PCP selection data - Identified problem areas working to address including NEMT - Guidance on extension for PHP selection and vaccination status of NEMT vendors - Shared links to resources in slide deck for beneficiaries <p>Question: How can consumers and families get involved from the beginning when the Department is developing things rather than once they are implemented?</p> <ul style="list-style-type: none"> - Continued involvement with CFAC. Getting ready to collect Public Comment on proposed 1115 Waiver, for example. Will hold series of listening sessions for the public to hear about proposal - Just finished similar format for Plan for Children in Foster Care. 		
Conclusions			
Action Items	Person(s) Responsible	Deadline	
Distribute the slide deck.	Kate Barrow		

6. Division Updates

Victor Armstrong, Director

DMHDDSAS, NC DHHS

Discussion	<p>Director Armstrong provided a Division update on the new metric included in the LME/MCO Score Cards that measures how people receiving services in psychiatric hospitals are moving through the service delivery system. He discussed county transitions and realignment.</p>		
Conclusions			
Action Items	Person(s) Responsible	Deadline	

7. LME/MCO Score Cards

Matt Herr, Assistant Director

Jennifer Bowman, DMHDDSAS

NC DHHS

Discussion	<p>Matt Herr opened the discussion about the measurement/metric that the Division is working with partners on addressing, is helping people in state psychiatric hospitals transition into the communities and getting the integrated care they need. Jennifer Bowman provided an overview of the annual LME/MCO Score Cards.</p>		
Conclusions	<p>Questions: Do peers that have been IVC'd vs a peer that has not been IVC'd have a difference in assurance of step-down care? Is the discharge decision being made with enough lead time to make the best community-based service choices? Is the service gaps and needs/Veterans committee addressing 2 different topic (service gaps and needs as a topic and Veterans as a separate topic) Chat Comments: It seems necessary to look at the fear behind the disability culture that includes the learned helplessness as just one piece of the puzzle. And then what happens when they get the courage to move past that fear</p>		



	to work and risk losing their disability only to not have adequate support to do so with the clear understanding that this attempt may fail many times before being successful (whatever that might mean), if that's possible?	
Action Items	Person(s) Responsible	Deadline
Send questions from chat to SMEs for response	Kate Barrow	

8. SCFAC Working Time: Annual Report

Discussion	The State CFAC utilized a whiteboard to identified problems, barriers, questions, and subcommittee assignments to develop possible solution-oriented recommendations. The group reviewed the Annual Report, made additions and corrections, and discussed various topics identified in the report.	
Conclusions	<p>April DeSelms will review and update the annual report based on feedback from the group. More information is needed to define areas such as Direct Support Professional more clearly.</p> <p>Questions:</p> <p>Chat Comments:</p> <ul style="list-style-type: none"> - Increase in Waiver slots brings us back to advocacy for DSP wage increase! - When I was doing my internship with the domestic violence shelter we has a resident with schizophrenia and was having active hallucinations while I was doing my coursework required interviews. I was clearly the only one aware of what was going on or how to behave in such a situation. - What person that finds themselves in an abusive situation, is not also having to deal with mental health challenges regardless of whether they are from a MH, SU, IDD or TBI population. - John is right, the crossover of stakeholders there is tremendous, and easy to link. - So many aren't aware of the waitlist or they have heard the wait is so long they don't bother to sign up. 	
Action Items	Person(s) Responsible	Deadline
Annual report editing.	April DeSelms	October meeting
Distribute final annual report.	Kate Barrow	

Meeting Adjourned:	Next Meeting:
	October 13, 2021