



Teaching Parents of Children and Youth with Special Healthcare Needs about Sexual Health



OUR TRAINING PROGRAM IS:

- ▶ Free
- ▶ Presented by parents of children with special healthcare needs
- ▶ Offered in three modules with flexible scheduling to accommodate your group's needs
- ▶ Available virtually in English and Spanish

For more information or to schedule trainings for your group, please contact:

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TRAINING OVERVIEW

Each module of the training is approximately 90 minutes

▶ Module 1: Parents and Caregivers as Sexual Health Educators	<ul style="list-style-type: none"> – Recognize and explain the need for sexual health education – Identify common facts about sexuality – Gain tools to increase confidence and commitment to educate about sexual health
▶ Module 2: Topics & Strategies	<ul style="list-style-type: none"> – List sexual health topics that are important to discuss with your child – Discuss strategies for teaching your child about sexual health topics
▶ Module 3: Safety & Boundaries	<ul style="list-style-type: none"> – Explain the traits of an askable parent – Understand how sexual health education can reduce the risk of sexual abuse and violence – Describe some common sexual health safety issues for children with disabilities



NC DEPARTMENT OF
HEALTH AND HUMAN SERVICES
Division of Child and Family Well-Being

Whole Child Health Section • www.ncdhhs.gov/divisions/child-and-family-well-being/whole-child-health-section • NCDHHS is an equal opportunity employer and provider. • 9/23