## Specialized Intellectual and Neurodevelopmental Disorders

The life expectancy of persons with neurodevelopmental disorders, specifically intellectual and developmental disabilities increased by nearly 50 years between the early 1930's and the early 1990's. With longer life spans has come the recognition of premature aging effects, unique medical needs and the link between intellectual and developmental disabilities and dementia. Many aging individuals with intellectual and developmental disabilities in North Carolina require a special level of support beyond that which can be provided by their aging families or community living settings. BMNTC staff members have expertise in medical concerns, diagnosis and treatment of dementia in persons with intellectual and developmental disabilities, specialized nursing facility level of care and enriched life planning for seniors with intellectual and developmental disabilities. Care Plans and Life Plans focus on physical, psychological, and spiritual aspects to enhance quality of life. Applicants should meet the following criteria:

- The applicant needs 24-hour support, daily nursing care, medication administration and assistance with activities of daily living.
- The applicant is transitioning from ICF/ID to ICF/SNF level of care who requires medical and personal care assistance in conjunction with maintenance of functional skills and individual interests. A self-paced, stimulating and enjoyable lifestyle with some work opportunities is available to those who choose to work.