

SUN Programs Feed Their Summer Smiles!

Make this a summer to remember with SUN Programs: USDA's Summer Nutrition Programs for Youth. These programs offer meals, snacks, and grocery-buying benefits at no cost for families to keep kids fueled up for summer.

Learn more at SummerMeals4NCKids.org/SUNPrograms



SUN
MEALS
North Carolina

Youth 18 and under can **enjoy meals onsite together** at eligible meal sites. These sites often provide summer learning, fun activities, or nutrition education.

SUN Meals help kids get the nutrition they need all summer long and enjoy time with other kids.

SUN
MEALS TO-GO
North Carolina

In some rural areas, SUN Meals To-Go **can be picked up or delivered** right to your home!

Also called non-congregate meals, meal sponsors may provide multiple days of meals at a time to youth ages 18 and under in many rural locations during the summer break.

SUN
BUCKS
North Carolina

With SUN Bucks, families get **\$120 in grocery benefits per eligible school-aged child**. Use the debit-like card to buy food while school is out in the summer.

SUN Bucks are a convenient way to support healthy meals at home. ncdhhs.gov/sunbucks



NC DEPARTMENT OF
HEALTH AND
HUMAN SERVICES

North Carolina Department of
PUBLIC INSTRUCTION

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SummerMeals4NCKids.org

Scan to learn
about nearby
summer meals and
grocery benefits



Summer 2025