

# More summer smiles with North Carolina SUN Bucks

SUN Bucks is a US Department of Agriculture (USDA) program that provides grocery-buying benefits to qualifying families with school-aged children during the summer months when schools are out. Families receive a **one-time payment of \$120 in food assistance benefits per eligible child**. Benefits will be issued on debit-like EBT cards that can be used to buy nutritious food at grocery stores, farmers markets, and some online retailers. Benefit amounts may vary year to year.



- ▶ **Who is eligible for SUN Bucks?** Many children will be automatically enrolled for SUN Bucks based on their participation in other qualifying benefit programs. Other children **will need to apply**. Visit the NCDHHS SUN Bucks website, [ncdhhs.gov/sunbucks](https://ncdhhs.gov/sunbucks) to learn about eligibility and to apply.
- ▶ **Stay updated on SUN Bucks!** Visit [ncdhhs.gov/sunbucks](https://ncdhhs.gov/sunbucks) for more information and answers to frequently asked questions. Search "NCDHHS" on [Instagram](#), [Facebook](#), and [X](#) and follow the account to stay in the loop for important program updates and announcements.



**Other ways to fuel youth during the summer:** In addition to receiving SUN Bucks, families also are encouraged to have their children, ages 18 and younger, participate in other federal Summer Nutrition Programs available at no cost to them.



Through SUN Meals, kids and teens can eat meals and snacks and engage in fun, fitness and educational activities during the summer at schools, parks, and other neighborhood locations.



In rural areas where it may be difficult to access and participate in SUN Meals, SUN Meals To-Go may be available for pick up or delivery.

Families can find more information at [SummerMeals4NCKids.org](https://SummerMeals4NCKids.org).