

More summer smiles with North Carolina SUN Bucks

SUN Bucks is a program that provides grocery-buying benefits to qualifying families with school-aged children during the summer months when schools are out. Families receive a **one-time payment in food assistance benefits per eligible child**. Benefits will be issued on debit-like EBT cards that can be used to buy nutritious food at grocery stores, farmers markets, and some online retailers. Benefit amounts may vary year to year.



- ▶ **Who is eligible for SUN Bucks?** Many children will be automatically approved for SUN Bucks based on their participation in other qualifying benefit programs. Other children **will need to apply**. Visit the NCDHHS SUN Bucks website, ncdhhs.gov/sunbucks to learn about eligibility and to apply.
- ▶ **Stay updated on SUN Bucks!** Visit ncdhhs.gov/sunbucks for more information and answers to frequently asked questions. Search "NCDHHS" on [Instagram](#), [Facebook](#), and [X](#) and follow the account to stay in the loop for important program updates and announcements.



Other ways to fuel youth during the summer: Families also are encouraged to have their children participate in other federal Summer Nutrition Programs available at no cost to them.

Through **SUN Meals**, kids and teens can eat meals and snacks and engage in fun, fitness and educational activities during the summer at schools, parks, and other neighborhood locations.

In rural areas, **SUN Meals To-Go** may be available for pick up or delivery.

Families can find more information at SummerMeals4NCKids.org.