



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Mental Health, Developmental
Disabilities and Substance Use Services

JOSH STEIN • Governor
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June 14, 2025

Division of Mental Health, Developmental Disabilities & Substance Use Services UPDATE Sunsetting of Flexibilities in the Provision of State-Funded IDD and TBI Services During the Aftermath of Hurricane Helene

The Division of MH/DD/SUS, in partnership with the DHHS Division of Health Benefits (DHB) NC Medicaid and the Division of Health Service Regulation (DHSR), temporarily modified some of its Mental Health, Substance Use Disorder, Intellectual and Developmental Disability and Traumatic Brain Injury clinical policies to better enable the delivery of care to individuals impacted by Hurricane Helene. The impacted mental health and substance use services were sunset on February 28, 2025. See the [December 12, 2024 Communication Bulletin](#) for more details.

The remaining flexibilities, which pertain to IDD and TBI services, will end June 30, 2025. Providers should return to normal business operations effective June 30, 2025, to be compliant with the Division of MH/DD/SUS' state-funded service definitions. Below is a list of the service flexibilities that are sunsetting on June30, 2025:

Procedure Code	State-Funded IDD and TBI Services EFFECTIVE DATE: 9/26/24 through 6/30/25
YM851	Community Living and Support Individual: <ul style="list-style-type: none">• Allowed service hours to be provided in an acute care hospital or short-term institutional stay, when the state-funded recipient is displaced from home due to injury because of Hurricane Helene and the state-funded recipient needs direct assistance with ADLs, behavioral supports or communication supports on a continuous and ongoing basis and such supports are otherwise not available in these settings.

**NC DEPARTMENT OF HEALTH AND HUMAN SERVICES • DIVISION OF MENTAL HEALTH, DEVELOPMENTAL DISABILITIES
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AN EQUAL OPPORTUNITY / AFFIRMATIVE ACTION EMPLOYER

Procedure Code	State-Funded IDD and TBI Services EFFECTIVE DATE: 9/26/24 through 6/30/25
YM851, YM852, YM580, YM590, YA389, YM846, YM847, YM848, YP012, YP013, YP014, YP015, YM854, YP642, YM849, YM853	<p>Community Living and Support Individual, Community Living and Support Group, Day Supports Individual, Day Supports Group, Long Term Vocational Support IDD, Residential Support Level 1, Residential Supports Level 2, Residential Supports Level 3, Respite Services IDD Individual Adult, Respite Services IDD Group Adult, Respite Services IDD Individual Child, Respite Services IDD Individual Group, Supported Living Periodic Individual IDD & TBI, Supported Employment Individual IDD, TBI Long Term Residential Rehabilitation Level 1, and TBI Long Term Residential Rehabilitation Level 2:</p> <ul style="list-style-type: none"> Allowed direct service hours to be provided in alternative settings: hotels, shelter, church, or an alternative facility-based setting or the home of a direct care worker due to Hurricane Helene-related impact.
YP620, YM851, YM852, YM580, YM590, YA389, YM846, YM847, YM848, YP012, YP013, YP014, YP015, YM854, YP642, YM849, YM853	<p>Adult Developmental Vocational Program, Community Living and Support Individual, Community Living and Support Group, Day Supports Individual, Day Supports Group, Long Term Vocational Support IDD, Residential Supports Level 1, Residential Supports Level 2, Residential Supports Level 3, Respite Services IDD Individual Adult, Respite Services IDD Group Adult, Respite Services IDD Individual Child, Respite Services IDD Individual Group, Supported Employment IDD, Supported Living Periodic, TBI Long Term Residential Rehabilitation Level 1, and TBI Long Term Residential Rehabilitation Level 2:</p> <ul style="list-style-type: none"> Allow state-funded services to be provided out of state without prior approval by the Tailored Plan and LME/MCO when the state-funded recipient is displaced and requires out of state shelter. Allow for additional 90-day periods for existing staff to continue providing services when staff are unable to complete the hands-on portion of the Crisis Prevention/De-Escalation training or the hands-on portion of the Cardiopulmonary Resuscitation training. Allow prior approval to be waived up to 60 days, when state-funded recipients are displaced out of state by Hurricane Helene. Or the individual must transfer to a new provider for delivery of services. Allow utilization review of Individual Support Plans (ISP) and/or revised ISPs to be reviewed and approved (if the request meets medical necessity) retroactively to 09/25/2024 for state-funded recipients impacted by Hurricane Helene. Allow annual ISPs that are expiring and currently meeting a state-funded recipient's needs impacted by Hurricane Helene to be extended by three months. Allow the requirement to approve the plan by the last day of birth month to be extended by 3 months after the birth month, when telephonic or virtual monitoring is provided to ensure the plan continues to meet the recipient's needs. Allow annual reassessments for medical necessity to exceed the annual requirement beginning on September 26, 2024, to remain open, and services will continue for three months to allow sufficient time to complete the annual

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	reassessment paperwork. Additional time may be awarded on a case-by-case basis when conditions from Hurricane Helene impedes this process. <ul style="list-style-type: none"> • Allow annual reassessments for medical necessity to be postponed by 90 calendar days to allow sufficient time to complete the annual reassessment and accompanying paperwork.
YM851, YM852, YP642, YM854	Community Living and Support Individual, Community Living and Support Group, Supported Employment IDD, and Supported Living Periodic: <ul style="list-style-type: none"> • Allow relatives who reside in the home and out of the home of the state-funded recipient to provide the following services: Community Living and Support, Supported Employment and Supported Living Periodic, for individuals impacted by Hurricane Helene. This should only be used for cases when the direct support staff is impacted by Hurricane Helene and not able to provide services.
YP620, YM851, YM852, YM580, YM590, YA389, YM846, YM847, YM848,	Adult Developmental Vocational Program, Community Living and Support Individual, Community Living and Support Group, Day Supports Individual, Day Supports Group, Long Term Vocational Support IDD, Residential Supports Level 1, Residential Supports Level 2, Residential Supports Level 3, Respite Services IDD Individual Adult, Respite Services IDD Group Adult, Respite Services IDD Individual Child, Respite Services IDD Individual Group, Supported Employment IDD, Supported Living Periodic, TBI Long Term Residential Rehabilitation Level 1, and TBI Long Term Residential Rehabilitation Level 2: <ul style="list-style-type: none"> • Waive training requirements for existing staff for 90-days to continue providing services, if staff is unable to obtain training during the state of emergency.
YM580, YM590	Day Supports Individual, Day Supports Group: <ul style="list-style-type: none"> • Allow a change in Day Support Group to Day Supports Individual without a change in the ISP or prior authorization for state-funded recipients impacted by Hurricane Helene. The ISP should be updated as soon as the provider is able to meet with the state-funded recipient telephonically or virtually.
YP012, YP013, YP014, YP015	Respite Services IDD Individual Adult, Respite Services IDD Group Adult, Respite Services IDD Individual Child, and Respite Services IDD Individual Group: <ul style="list-style-type: none"> • Allow respite services to be provided when family is out of state due to evacuation/displacement until they return home.

Please contact Margaret Roy at Margaret.Roy@dhhs.nc.gov if you have questions regarding the sunset of Helene flexibilities included in this bulletin.