## Guidelines for Tailored Plan (TP)/Prepaid Inpatient Healthcare Plan (PIHP) Transitions to Community Living (TCL) Quality Assurance and Performance Improvement (QAPI) Plan

## **Background and Objective of the TCL QAPI Plan**

NCDHHS Transitions to Community Living provides eligible adults living with serious mental illness (SMI) the opportunity to choose where they live, work and play in North Carolina. TCL promotes recovery through long-term supportive housing and community-based mental health, supported employment, and community integration services. Over the life of the program, TCL has transitioned more than 3,000 individuals from adult care homes and state psychiatric hospitals to permanent supportive housing and diverted more than 5,000 adults with SMI from entering adult care homes.

The TCL QAPI Plan is part of the TP's/PIHP's contractually required QAPI Plan. It describes data-driven processes to monitor and ensure contract compliance, identify and remediate quality issues, and demonstrate performance improvement in support of current and future TCL members. State level oversight of TP/PIHP quality assurance and performance improvement for TCL involves North Carolina's DHHS Division of Mental Health, Developmental Disabilities and Substance Use Services (DMHDDSUS); Division of Health Benefits (DHB); and Office of the Secretary (NC Olmstead).

The TCL QAPI Plan is a living document that evolves as the TCL QAPI system matures. Initial development includes review and documentation of current QAPI processes designed to help evaluate and address three guiding questions:

- 1. Have QAPI activities been implemented and conducted as planned?
- 2. Are TCL program goals being achieved?
- 3. What quality improvement actions are needed and will be taken to address identified compliance, quality, and performance issues?

Documentation of existing QAPI processes also facilitates identification and prioritization of gaps and opportunities for improvement.

The overarching objective of the QAPI Plan is to ensure the quality and effectiveness of TCL services and supports in order to achieve intended program objectives and member outcomes. When fully developed, the Plan will include processes to monitor, identify, and address quality and performance issues related, at minimum, to the following core TCL program components.

Table 1. Core TCL Program Components

| Scope        | Description                 | Core Program Components                                 |
|--------------|-----------------------------|---|
| Services and | Covers community-based      | Network adequacy and service gaps; service access and   |
| Supports     | services and supports,      | provision; person centered planning; crisis planning;   |
|              | including tenancy supports, | service intensity/ frequency/ duration; services are    |
|              | community-based mental      | individualized, evidence based, recovery focused and    |
|              | health services,            | strengthen the individual's integration into community  |
|              | employment services, peer   | living; provider training and capacity; MH/SUD provider |
|              | supports, crisis services;  | service outcomes assessments                            |
|              | assertive engagement        |   |
|              | services                    |   |

| Program    | Operational processes and   | Supportive housing slot provision and requirements,      |  |  |
|------------|-----------------------------|--|--|--|
| Operations | other contracted functions  | development and improvement of housing                   |  |  |
|            |                             | opportunities, in-reach, discharge and transition        |  |  |
|            |                             | planning, bridge housing utilization, pre-admission      |  |  |
|            |                             | screening and diversion, survey administration, RN/OT    |  |  |
|            |                             | physical health and functional assessments, informed     |  |  |
|            |                             | decision-making, tailored care management, complex       |  |  |
|            |                             | care, barriers committee operations and training,        |  |  |
|            |                             | staffing levels and expansion, staff training            |  |  |
| Member     | Outcomes related to         | Housing stability, community integration including       |  |  |
| Outcomes   | objectives of TCL and the   | competitive integrated employment and educational        |  |  |
|            | State's settlement          | enrollment, quality of life, adverse incidents including |  |  |
|            | agreement with U.S. DOJ     | incarceration, housing separations that involve a Level  |  |  |
|            |                             | 3 incident or TCL member death, ACH admissions and       |  |  |
|            |                             | readmissions, hospital admissions and readmissions, ED   |  |  |
|            |                             | visits and repeat visits                                 |  |  |
| Data and   | Data integrity and required | Accuracy and timeliness of database entries and          |  |  |
| Reporting  | reporting                   | reporting on community integration services and          |  |  |
|            |                             | supports and supportive housing rental subsidies and     |  |  |
|            |                             | leases, other required reporting                         |  |  |

## **TCL QAPI Plan Elements**

The QAPI Plan includes the following content:

- I. Introductory statement of the purpose and scope of TCL aspects of the QAPI Plan
- II. Overview of the existing TCL QAPI system structure, including key staff positions and business units; crucial data sources, tools, and systems used to support and carry out QAPI activities; and the flow of data and information within the system
- III. Inventory of TCL QAPI processes currently in place
- IV. Inventory of TCL QAPI processes planned for implementation

The TCL QAPI process inventories document in table format existing and planned processes to address each of the core TCL program components listed in Table 1 using the following column or row headings.

| Scope             | Objective         | Task/Goal         | Frequency        | Responsible    |
|-------------------|-------------------|-------------------|------------------|----------------|
|                   |                   |                   |                  | Person         |
| Which of the four | Describe the      | Describe the      | e.g., quarterly, | Identify the   |
| broad categories: | purpose of the    | process and, when | monthly, etc.    | responsible    |
| Services and      | process and       | applicable, set a |                  | business unit, |
| Supports,         | identify the core | goal that is      |                  | team, and/or   |
| Program           | program           | measurable by     |                  | person         |
| Operations,       | component or      | including         |                  |                |
| Member            | requirement it    | measures/         |                  |                |
| Outcomes,         | addresses*        | indicators for    |                  |                |
| Data and          |                   | tracking the      |                  |                |
| Reporting         |                   | performance of    |                  |                |
|                   |                   | the process       |                  |                |

| or  |                    |                    |                   |                       |   |
|---|--------------------|--------------------|-------------------|-----------------------|---|
| Scope:<br>Objective:<br>Task/Goal:<br>Frequency o<br>Responsible  |                    |                    |                   |                       |   |
| The inventory   | of planned process | ses includes an ac | dditional Impleme | ntation Timeline c    | olumn or row:   |
| Scope   | Objective          | Task/Goal          | Frequency         | Responsible<br>Person | Implementati on Timeline  |
|   |                    |                    |                   |                       | For new QAPI processes, only, what is the planned implementatio n date or timeline?   |
| Scope: Objective: Task/Goal: Frequency o Responsible Implementa   |                    |                    |                   |                       |   |
| Quarterly Reporting on TCL QAPI Activities  On a quarterly basis, QAPI activities are reported under a Task Update heading. |                    |                    |                   |                       |   |
| Scope   | Objective          | Task/Goal          | Frequency         | Responsible Person    | Task Update   |
|   |                    |                    |                   | 7.5.5511              | Provide updates on previous quarter QAPI activities, outcomes, issues identified, and |

\*Some processes may address multiple program components, and some program components may be

addressed by multiple processes

| Scope:              |  |  |
|---------------------|--|--|
| Objective:          |  |  |
| Task/Goal:          |  |  |
| Frequency:          |  |  |
| Responsible Person: |  |  |
| Task Update:        |  |  |

## Integration of TCL QAPI Plan into TP/PIHP Quality Management Documents

The four elements of the TCL QAPI Plan are integrated into the existing Quality Management documentation cycle and are part of the TP's/PIHP's contractually required QAPI Plan.

As illustrated below, elements I and II are incorporated into the Quality Management and Improvement Plan (QMIP), and elements III and IV are incorporated into the QAPI Work Plan. At a later date to be determined by DHHS, the Quarterly Reports will be incorporated into the Annual Quality Management Program Evaluation.

| Elements of TCL QAPI Plan  |  |                   | Existing QM Documents                          |
|----------------------------|--|-------------------|--|
| I.<br>II.                  | TCL QAPI Plan purpose and scope<br>Existing TCL QAPI system<br>structure | $\Longrightarrow$ | Quality Management and Improvement Plan (QMIP) |
| III.                       | Inventory of current TCL QAPI processes                                  |                   | QAPI Work Plan                                 |
| IV.                        | Inventory of planned TCL QAPI processes planned                          |                   |  |
| TCL QAPI Quarterly Reports |  | [ <b>}</b>        | Annual Quality Management Program Evaluation   |