

# Keys to the Community What's Happening with TCL and Olmstead

MONTHLY NEWSLETTER DECEMBER 2022 ISSUE 3

## Learn more about Olmstead: <u>Here</u> HOUSING

October/November 2022 Outcomes For more information, email Sam Hedrick: sam.hedrick@dhhs.nc.gov

IPS

### <u>Enhanced Bridge</u>

- o The use of bridge housing has long been a mainstay for use with TCL members when transitioning from an institution to the community or when re-housing. Bridge housing refers to temporary housing for people who have made a decision to transition to permanent supportive housing but for whom housing may not be ready. A person may access bridge housing for up to 90 days. We have now expanded bridge housing to include "enhanced bridge housing." Enhanced bridge is also temporary housing, but it includes services and supports, including peer supports, that focus on skill building activities that give people more tools needed to lead successful lives in the community. A person who enters enhanced bridge may stay up to six months.
- <u>Watch for coming stories</u> about the TCL enhanced bridge programs located in the Vaya Health and Alliance Behavioral Health areas.



We are looking for an Olmstead Housing Director

Do you know anyone with extensive experience in housing for people with serious mental illness, intellectual/ developmental disabilities, and/ or homeless populations? **Posting can be found at neogov at the link below:** 



https://secure.neogov.com/insight/login.cfm Requisition number: 22-16408

## **INCENTIVE PLAN**

The 2nd quarter performance window will wrap up December 31, 2022. We are expecting performance measures improvements as we achieved an overall 10% improvement in the 1st quarter 22/23 over the 4th quarter 21/22. We look forward to recognizing significant gains for this quarter!

## <u>Upcoming Dates:</u>

- 12/31/22 Qtr. 2 ends
- 1/02/23 Qtr. 3 performance window begins
- 1/06/23 LME/MCO measures data submitted to TCL team
- 1/13/23 Qtr. 2 measure data review completed by TCL team
- 1/27/23- Qtr. 2 achieved measures payments issued

## **DISCHARGE & TRANSITION PROCESS**

DHHS has updated the TCL Manual. This Manual is a resource for the LME/MCOs and external stakeholders and consists of material related to in-reach; transition; and diversion functions, in addition to supportive housing information. The TCL manual is located at <a href="https://www.ncdhhs.gov/tcl-manual-ir-transition-and-diversionrev-11-14-2022pdf/open">https://www.ncdhhs.gov/tcl-manual-ir-transition-and-diversionrev-11-14-2022pdf/open</a>

#### DHHS is excited to share the NEW Individual Placement Support (IPS) Infographic.

• The use of bridge housing has long been a mainstay for use with TCL members when transitioning from an institution to the community or when re-housing. Bridge housing refers to temporary housing for people are served and how effective it has been in NC. As well as steps to improve access and strengthen employment state-wide.

- IPS Works! Individual Placement and Support (IPS) is an evidence-based practice for helping people with serious mental illness gain competitive employment:
- It helps people living with behavioral health conditions work at jobs of their interest and choice.
- The IPS specialists help individuals gain and maintain competitive jobs and find educational opportunities.
- It helps individuals to build their career knowing they have ongoing support from your IPS specialist!
- Check it out, <u>here</u>! And feel free to share!



#### Promoting a Culture of Recovery through Employment

On December 13 and 14, the UNC Institute of Best Practice in partnership with the Division of MH/DD/SAS hosted a behavioral health training series highlighting a supported employment practice called Individualized Placement Strategies. The training entitled, "Putting IPS into Action" aimed to explore ways to expedite the enrollment process, emphasized a culture of recovery founded in employment first principles, and highlighted opportunities for all stakeholders to promote and enhance IPS services across NC. IPS is a recovery-oriented, evidenced-based approach to employment practice for persons living with serious mental illness.

## Secretary Kinsley provided support for this training effort by raising awareness on Twitter. Check out his tweet below!

Join us! @ncdhhs is partnering with @unc\_cecmh\_TA to offer training on a supported employment practice called Individualized Placement Strategies (IPS) - a recovery-oriented, evidenced base approach to employment practices for persons living with serious mental illness.

## **PRE-ADMISSION SCREENING & DIVERSION**

- On 11/1/2022, DHHHS celebrated the 4-year anniversary of RSVP being launched in NC. RSVP is the pre-admission screening tool for individuals with SMI/SPMI being considered for admission into Adult Care Homes.
- To continue to provide a valuable resource, that educates about the process to refer individuals that need to be diverted from ACHs, DHHS posted an updated TCL RSVP-Diversion Information Webinar on the TCL webpage. This webinar does include a sign language translator. The webinar can be accessed at <u>https://youtu.be/3CA2TLtw7eo</u>

## TCL NUMBERS

Total Housed as of December 16 : **3124** October/November total slots requested: **87** 

- From ACHs: 27
- From State Hospitals (Pop 4): 22
- From Diversion (Pop 5): 38

