

2026 WIC Food Package Updates

Effective January 11, 2026, the following yogurt and tofu products are no longer an option to purchase with NC WIC program benefits as they do not meet the updated required nutrition criteria. They have been removed from the WIC Shopping Guide and Approved Product List.

| Yogurt Products | |
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| Brand | Product Name |
| Dannon | <ul style="list-style-type: none"> • Activia Fruit Fusion LF Blue Blackberry Yogurt • Low Fat Yogurt (Strawberry-Banana; Vanilla) • Whole Milk Yogurt, Strawberry |
| Cabot | <ul style="list-style-type: none"> • Greek Yogurt Low-Fat, Vanilla Bean |
| Chobani | <ul style="list-style-type: none"> • Greek Reduced fat Yogurt, Honey Vanilla • Nonfat Greek Yogurt |
| Essential Everyday | <ul style="list-style-type: none"> • Blended Low Fat Yogurt (Peach; Raspberry; Strawberry; Vanilla) • Blended Greek Nonfat Yogurt Plain |
| Food Club | <ul style="list-style-type: none"> • Blended Low Fat Yogurt, Strawberry • Greek Nonfat Yogurt, Vanilla |
| Great Value | <ul style="list-style-type: none"> • Low Fat Yogurt, Vanilla |
| Harris Teeter | <ul style="list-style-type: none"> • Greek Whole Milk Yogurt, Vanilla |
| Kroger | <ul style="list-style-type: none"> • Whole Milk Yogurt, Vanilla • Nonfat Yogurt, Plain |
| LaLa | <ul style="list-style-type: none"> • Low Fat Yogurt (Strawberry; Vanilla) |
| Laura Lynn | <ul style="list-style-type: none"> • Whole Milk Yogurt, Vanilla |
| Lowes Foods | <ul style="list-style-type: none"> • Light Nonfat Yogurt, Vanilla |
| Morning Fresh | <ul style="list-style-type: none"> • Low Fat Yogurt, Vanilla • Whole Milk Yogurt, Vanilla |
| Our Family | <ul style="list-style-type: none"> • Low Fat Yogurt (Blueberry; Peach; Strawberry; Vanilla) |
| Simple Truth | <ul style="list-style-type: none"> • Blended Greek Yogurt, Vanilla • Greek Yogurt, Vanilla |
| Southern Home | <ul style="list-style-type: none"> • Low Fat Yogurt, Vanilla |
| Yoplait | <ul style="list-style-type: none"> • Go-GURT, all flavors, all sizes • Go-GURT Protein, all flavors, all sizes • Simply Go-GURT Low Fat Yogurt, Vanilla Raspberry • Kid Cup: all flavors, all sizes • Low Fat Yogurt, Original (Harvest Peach; Strawberry; Strawberry-Banana; Vanilla) • Original Yogurt, Blueberry |
| Tofu Products | |
| Brand | Product Name |
| Azumaya | <ul style="list-style-type: none"> • Tofu Silken |
| House Foods | <ul style="list-style-type: none"> • Tofu Soft |
| Vitasoy | <ul style="list-style-type: none"> • Sprouted Black Soybean Tofu |

