

2026 WIC Food Package Updates

Effective January 11, 2026, the following yogurt and tofu products are no longer an option to purchase with NC WIC program benefits as they do not meet the updated required nutrition criteria. They have been removed from the WIC Shopping Guide and Approved Product List.

Yogurt Products	
Brand	Product Name
Dannon	<ul style="list-style-type: none"> • Activia Fruit Fusion LF Blue Blackberry Yogurt • Low Fat Yogurt (Strawberry-Banana; Vanilla) • Whole Milk Yogurt, Strawberry
Cabot	<ul style="list-style-type: none"> • Greek Yogurt Low-Fat, Vanilla Bean
Chobani	<ul style="list-style-type: none"> • Greek Reduced fat Yogurt, Honey Vanilla • Nonfat Greek Yogurt
Essential Everyday	<ul style="list-style-type: none"> • Blended Low Fat Yogurt (Peach; Raspberry; Strawberry; Vanilla) • Blended Greek Nonfat Yogurt Plain
Food Club	<ul style="list-style-type: none"> • Blended Low Fat Yogurt, Strawberry • Greek Nonfat Yogurt, Vanilla
Great Value	<ul style="list-style-type: none"> • Low Fat Yogurt, Vanilla
Harris Teeter	<ul style="list-style-type: none"> • Greek Whole Milk Yogurt, Vanilla
Kroger	<ul style="list-style-type: none"> • Whole Milk Yogurt, Vanilla • Nonfat Yogurt, Plain
LaLa	<ul style="list-style-type: none"> • Low Fat Yogurt (Strawberry; Vanilla)
Laura Lynn	<ul style="list-style-type: none"> • Whole Milk Yogurt, Vanilla
Lowes Foods	<ul style="list-style-type: none"> • Light Nonfat Yogurt, Vanilla
Morning Fresh	<ul style="list-style-type: none"> • Low Fat Yogurt, Vanilla • Whole Milk Yogurt, Vanilla
Our Family	<ul style="list-style-type: none"> • Low Fat Yogurt (Blueberry; Peach; Strawberry; Vanilla)
Simple Truth	<ul style="list-style-type: none"> • Blended Greek Yogurt, Vanilla • Greek Yogurt, Vanilla
Southern Home	<ul style="list-style-type: none"> • Low Fat Yogurt, Vanilla
Yoplait	<ul style="list-style-type: none"> • Go-GURT, all flavors, all sizes • Go-GURT Protein, all flavors, all sizes • Simply Go-GURT Low Fat Yogurt, Vanilla Raspberry • Kid Cup: all flavors, all sizes • Low Fat Yogurt, Original (Harvest Peach; Strawberry; Strawberry-Banana; Vanilla) • Original Yogurt, Blueberry
Tofu Products	
Brand	Product Name
Azumaya	<ul style="list-style-type: none"> • Tofu Silken
House Foods	<ul style="list-style-type: none"> • Tofu Soft
Vitasoy	<ul style="list-style-type: none"> • Sprouted Black Soybean Tofu

